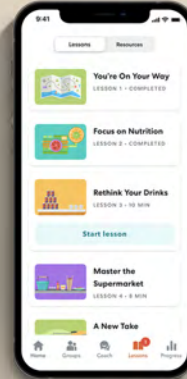


Better health, made easier



Whatever 'healthy' means to you, the Diabetes Prevention Program powered by Omada® helps you get there. **All at no cost for eligible members.**

What you get:

- ✓ A plan built around you.
- ✓ Dedicated health coach & care team.
- ✓ All the smart health devices you need.

Do what works for you

We'll help you figure out the healthy habits and routines that work for you—motivation included.

24/7 access to support

From weekly lessons to online community, get all the tools you need to face any challenge head-on.

You decide what 'healthy' means

Try new things you actually enjoy, rather than avoiding foods you "can't eat" or things you "shouldn't do."

The best part? It's covered.

If you or your adult family members are at risk for type 2 diabetes, are eligible and accepted into the program, your SEBB medical plan will cover the entire cost.

It only takes a few minutes to get started:

omadahealth.com/wasebb

The SEBB Diabetes Prevention Program is powered by Omada. It's available to SEBB members enrolled in Kaiser Permanente or UMP plans. Premera Blue Cross members have a different program available. Visit hca.wa.gov/sebb-dpp to learn more.