# August 2024 Apple Health Preferred Drug List Class: Antidiabetics



#### Overview

- Recap:
  - ► Annual Utilization 2021 to 2023
  - ► Top 25 Classes
- Antidiabetics Subclasses
- GLP-1 Agonists



#### Annual Utilization - Background

#### Methodology

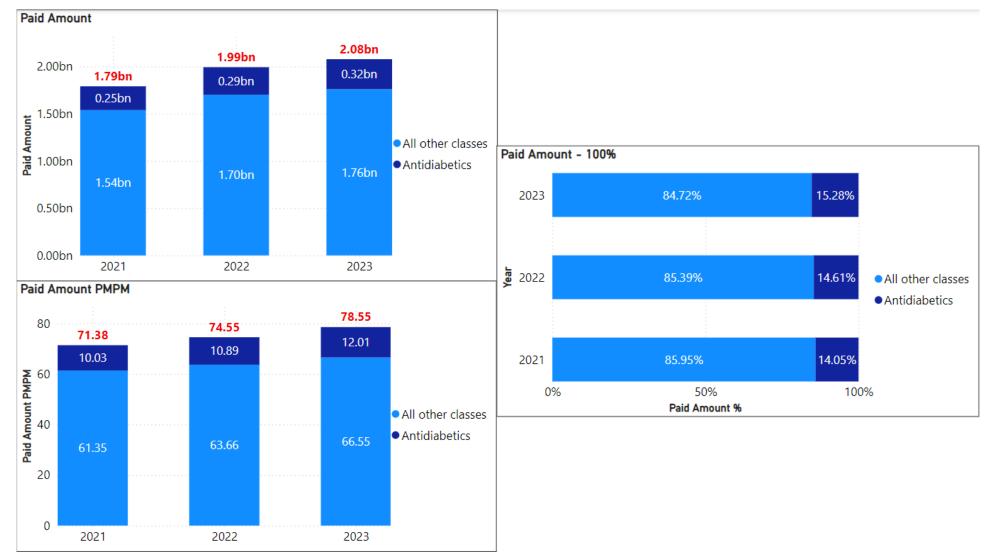
- Pharmacy Point-of-Sale Claims
- ▶ Date Range: 1/1/2021 to 12/31/2023
- ► Fee-for-Service and Managed Care Claims

#### Definitions:

- ► Paid Amount = Total amount paid, excluding rebates
- ► Net Paid = Total amount paid, including rebates
- ► PMPM = per member per month

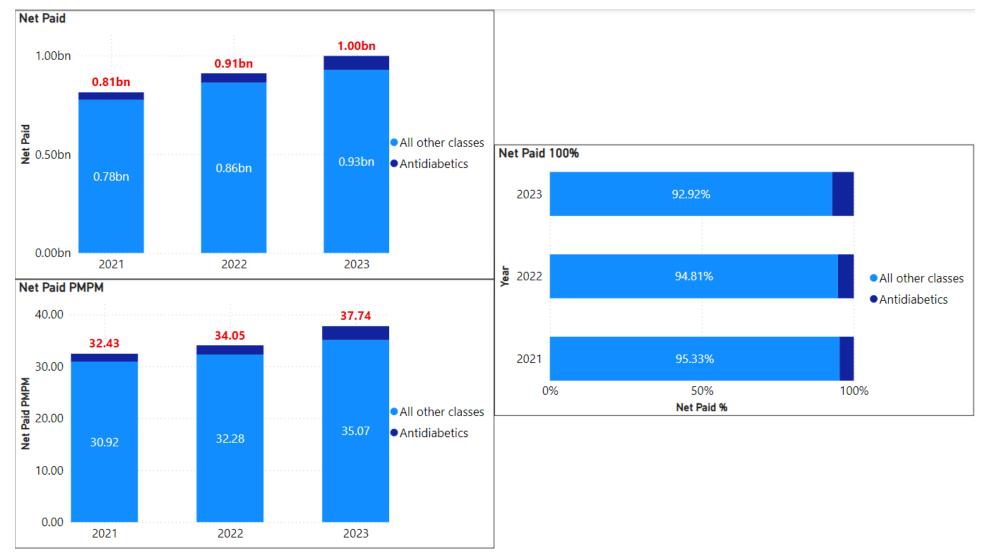


#### Annual Utilization – Paid Amount





#### Annual Utilization - Net Paid





#### **Annual Utilization - Claims**





#### Top 25 Classes by Net Paid - Background

- Apple Health Drug Class (e.g. ANTIDEPRESSANTS : TRICYCLIC AGENTS)
  - ► Class The component before the ":"
    - > Example: ANTIDEPRESSANTS
    - > There 64 Classes as of 2023
  - ► Subclass: The component after the ":"
    - > Example: TRICYCLIC AGENTS
    - > Some drug classes do not contain a subclass (e.g. Cytokine & CAM Antagonists)
    - > There were 494 Apple Health Drug Classes as of 2023
- Top 25 classes were included based on total cost, inclusive of rebates.

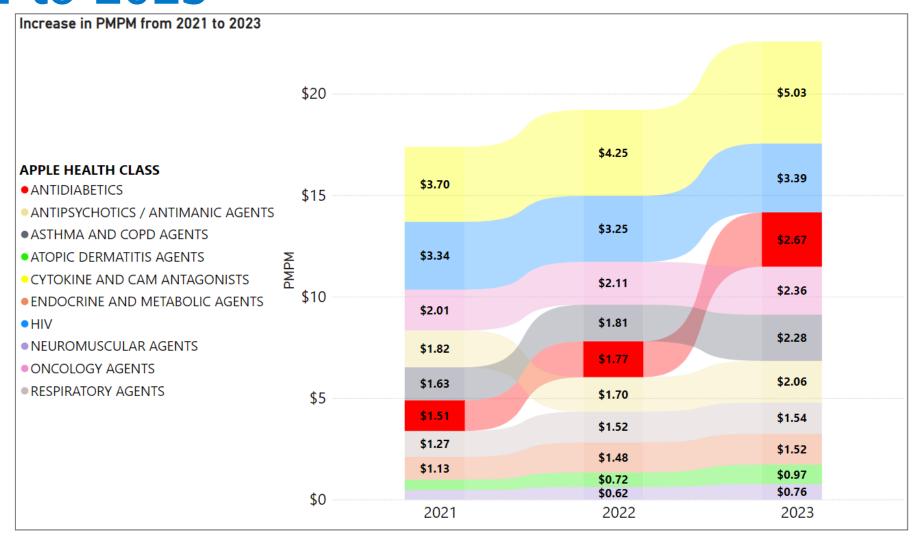


### Top 25 Classes by Net Paid – Highest Cost Drug Classes 2023

Apple Health Class	Net Paid	Net Paid PMPM
CYTOKINE AND CAM ANTAGONISTS	\$133,131,487	\$5.03
HIV	\$89,753,775	\$3.39
ANTIDIABETICS	\$70,713,233	\$2.67
ONCOLOGY AGENTS	\$62,525,679	\$2.36
ASTHMA AND COPD AGENTS	\$60,255,354	\$2.28
ANTIPSYCHOTICS / ANTIMANIC AGENTS	\$54,367,088	\$2.06
ADHD / ANTI-NARCOLEPSY	\$40,900,700	\$1.55
RESPIRATORY AGENTS	\$40,621,994	\$1.54
ENDOCRINE AND METABOLIC AGENTS	\$40,144,170	\$1.52
SUBSTANCE USE DISORDER	\$39,998,839	\$1.51
ANTICONVULSANTS	\$33,309,701	\$1.26
ATOPIC DERMATITIS AGENTS	\$25,525,051	\$0.97
ANTIVIRALS	\$21,372,504	\$0.81
NEUROMUSCULAR AGENTS	\$20,063,789	\$0.76
PULMONARY HYPERTENSION AGENTS	\$18,752,807	\$0.71
MULTIPLE SCLEROSIS AGENTS	\$16,369,219	\$0.62
ANTIHYPERTENSIVES	\$16,324,506	\$0.62
GASTROINTESTINAL AGENTS	\$15,730,948	\$0.59
ANTIDEPRESSANTS	\$14,493,204	\$0.55
ANALGESICS	\$13,748,650	\$0.52
ANTIBIOTICS	\$13,733,677	\$0.52
HEMATOLOGICAL AGENTS	\$12,287,608	\$0.46
DERMATOLOGICS	\$11,419,916	\$0.43
ALLERGY	\$10,928,882	\$0.41
CONTRACEPTIVES	\$10,461,889	\$0.40



### Top 25 Classes by Net Paid – PMPM Increase 2021 to 2023





## Antidiabetics Drug Classes Analyses

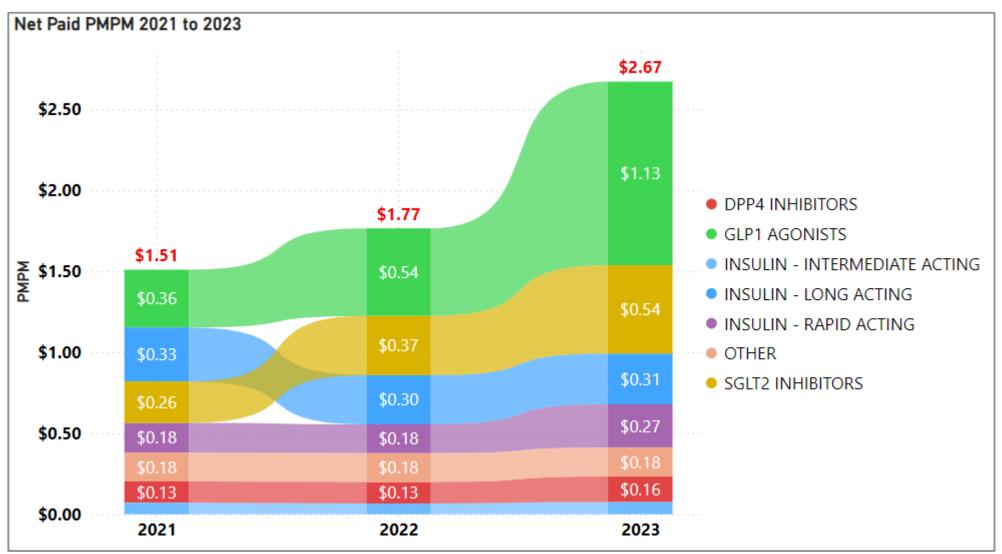


### Antidiabetics – Highest Net Paid Subclasses 2023

Apple Health Subclass	Net Paid	Net Paid PMPM		% of Antidiabetes	
				Class Spend	
GLP1 AGONISTS	\$29,991,831.84	\$	1.13	42.5%	
SGLT2 INHIBITORS	\$14,415,363.03	\$	0.54	20.4%	
INSULIN - LONG ACTING	\$ 8,285,888.09	\$	0.31	11.7%	
INSULIN - RAPID ACTING	\$ 7,061,331.80	\$	0.27	10.0%	
DPP4 INHIBITORS	\$ 4,171,829.58	\$	0.16	5.9%	
INSULIN - INTERMEDIATE ACTING	\$ 1,983,605.31	\$	0.07	2.8%	
DIABETIC OTHER	\$ 1,761,554.30	\$	0.07	2.5%	
BIGUANIDES	\$ 1,409,196.70	\$	0.05	2.0%	
INSULIN - PRE-MIXED	\$ 507,602.70	\$	0.02	0.7%	
INSULIN - SHORT ACTING	\$ 441,762.66	\$	0.02	0.6%	
SULFONYLUREAS	\$ 426,116.70	\$	0.02	0.6%	
THIAZOLIDINEDIONES	\$ 179,439.18	\$	0.01	0.3%	

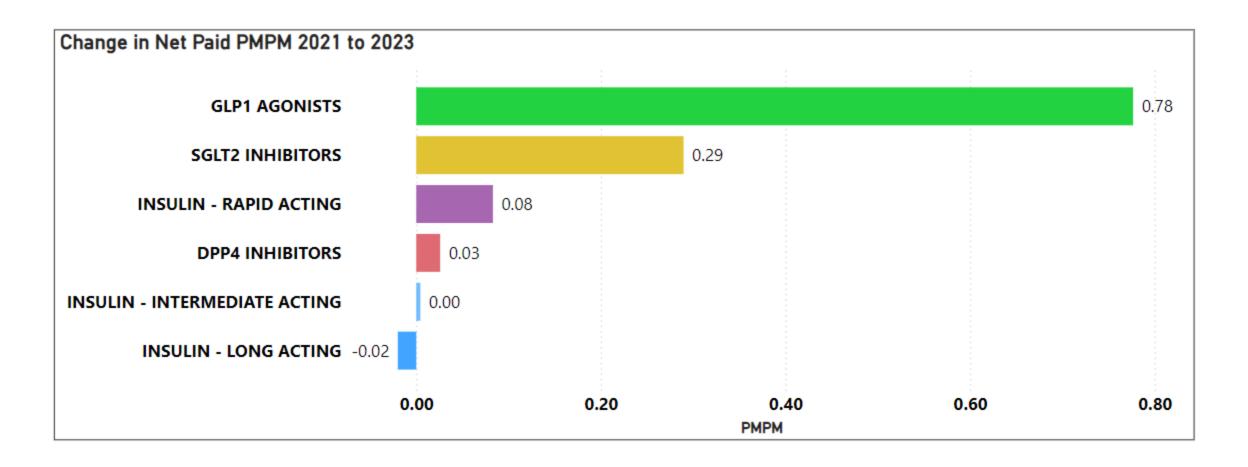


#### Antidiabetics – PMPM 2021 to 2023



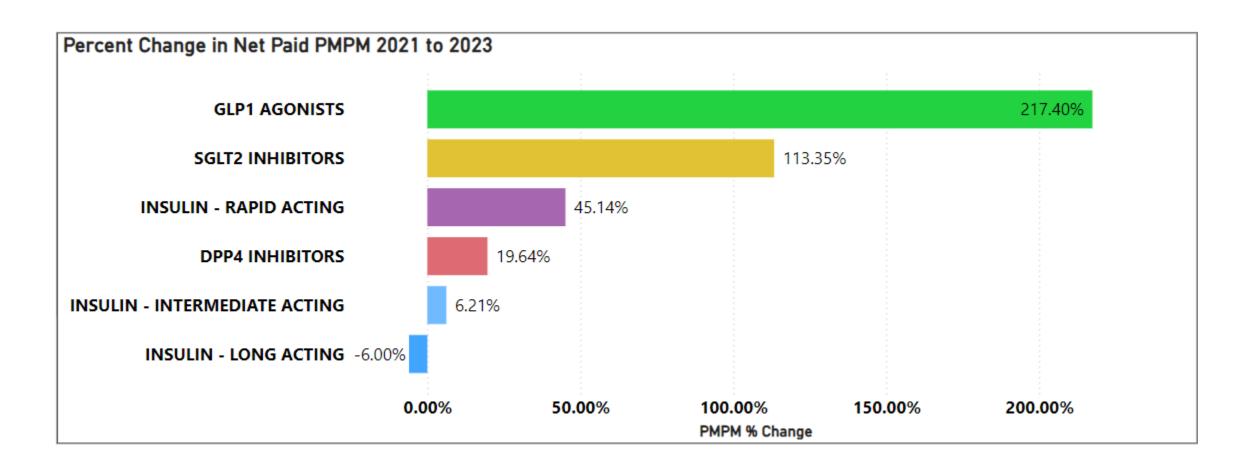


#### Antidiabetics – PMPM Change 2021 to 2023





### Antidiabetics – PMPM Percent Change 2021 to 2023





#### Antidiabetics – Net Paid Summary

- From 2021 to 2023, the SGLT2 Inhibitors and GLP-1 Agonists Apple Health Antidiabetics subclasses have seen the greatest increase in expenses since 2021
  - ► GLP-1 Agonists expenses have increased over 217%
  - ➤ SGLT -2 inhibitors expenses have increased 113%
- GLP-1 Agonists continues to be the most expensive Apple Health antidiabetics subclass since 2021
  - ► Compared to the expenses of the 2<sup>nd</sup> most expensive antidiabetics subclass, GLP-1 agonists are more then double

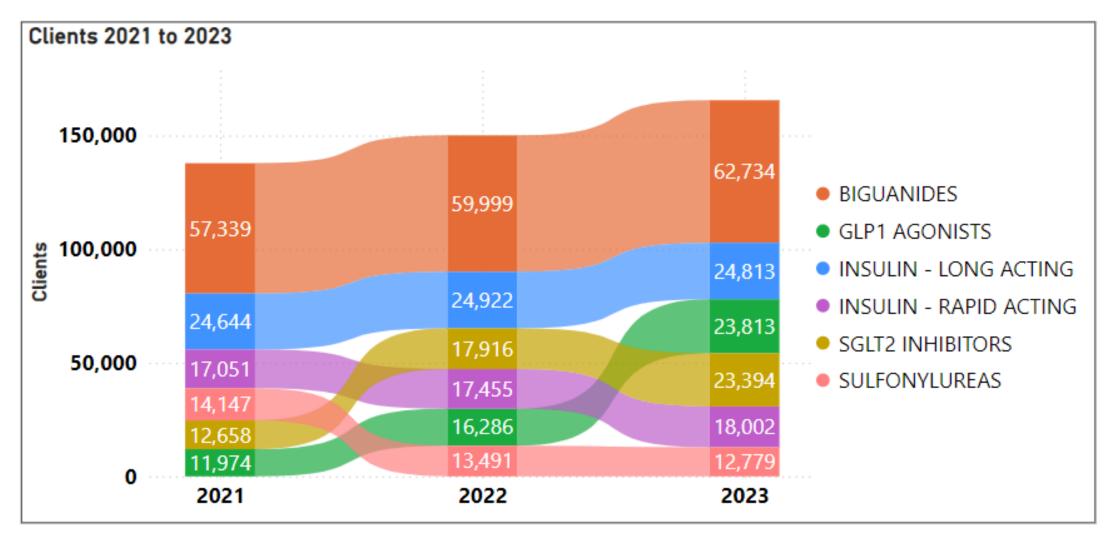


### Antidiabetics – Highest Net Paid Subclasses: Utilization 2023

Apple Health Subclass	Clients	Claims	Net Paid/ Client	
BIGUANIDES	62734	235867	\$ 22.46	
INSULIN - LONG ACTING	24813	117579	\$ 333.93	
GLP1 AGONISTS	23813	123077	\$1,259.47	
SGLT2 INHIBITORS	23394	120024	\$ 616.20	
INSULIN - RAPID ACTING	18002	101777	\$ 392.25	
SULFONYLUREAS	12779	49065	\$ 33.35	
DPP4 INHIBITORS	5684	28786	\$ 733.96	
DIABETIC OTHER	4227	8158	\$ 416.74	
THIAZOLIDINEDIONES	3093	11859	\$ 58.01	
INSULIN - INTERMEDIATE ACTING	2116	8741	\$ 937.43	
INSULIN - SHORT ACTING	1050	5061	\$ 420.73	
INSULIN - PRE-MIXED	1048	5473	\$ 484.35	

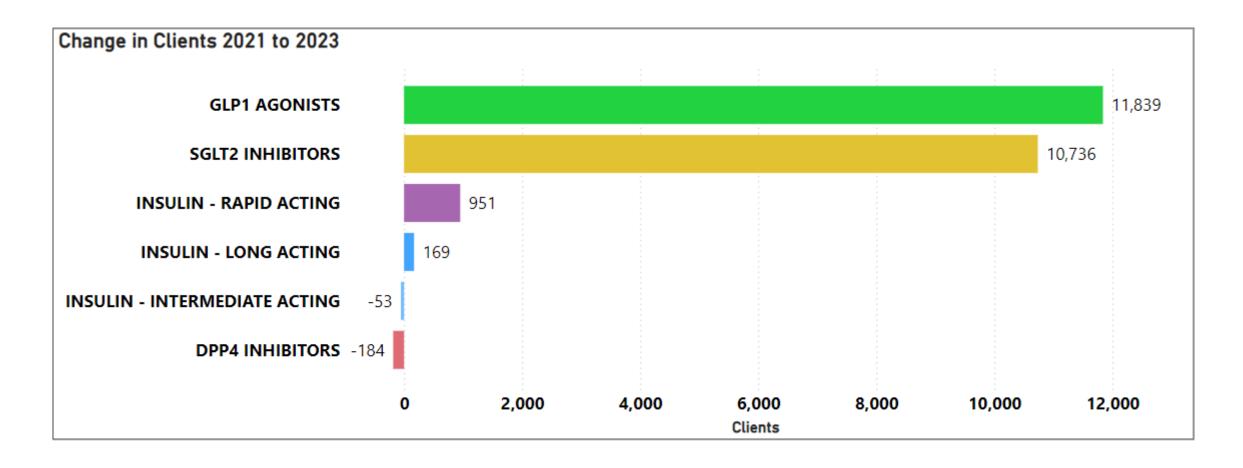


#### Antidiabetics – Utilization 2021 to 2023



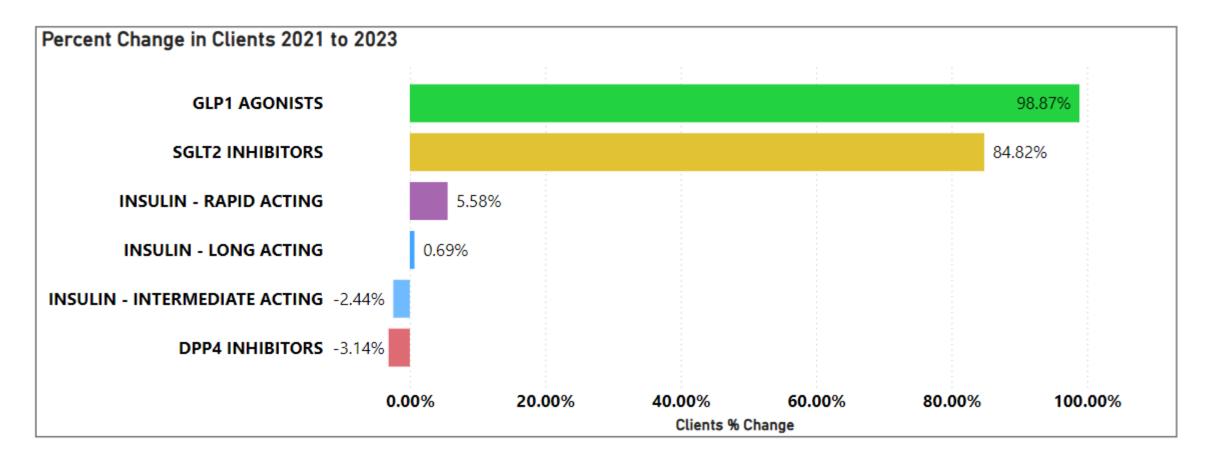


#### Antidiabetics – Utilization Change 2021 to 2023





### Antidiabetics – Utilization Percent Change 2021 to 2023





#### Antidiabetics – Utilization Summary

- From 2021 to 2023, utilization of the SGLT2 Inhibitors and GLP-1 Agonists subclasses have increased significantly
  - ▶ Utilization of GLP-1 Agonists increased 98%
    - > Ranking: 6<sup>th</sup> most utilized subclass to 3<sup>rd</sup>
  - ▶ Utilization of SGLT2 Inhibitors increased 84%
    - > Ranking: 5<sup>th</sup> most utilized subclass to 4<sup>th</sup>
- The utilization of all other Antidiabetics subclasses have remained relatively stable



### GLP-1 Agonists Drug Subclasses Analyses

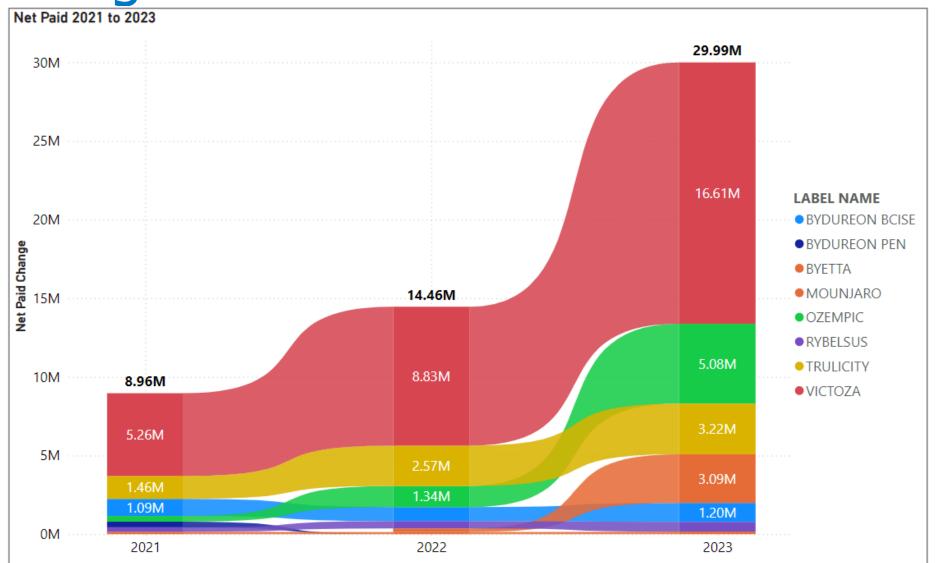


#### GLP-1 Agonists – Net Paid

Label Name		Net Paid PMPM		Net Paid/ Client		
VICTOZA	\$1	16,612,388	\$	0.63	\$	903.88
OZEMPIC	\$	5,076,484	\$	0.19	\$	1,302.66
TRULICITY	\$	3,222,252	\$	0.12	\$	2,374.54
MOUNJARO	\$	3,093,251	\$	0.12	\$	3,294.20
BYDUREON BCISE	\$	1,204,804	\$	0.05	\$	1,436.00
RYBELSUS	\$	618,154	\$	0.02	\$	1,266.71
BYETTA	\$	164,497	\$	0.01	\$	363.13

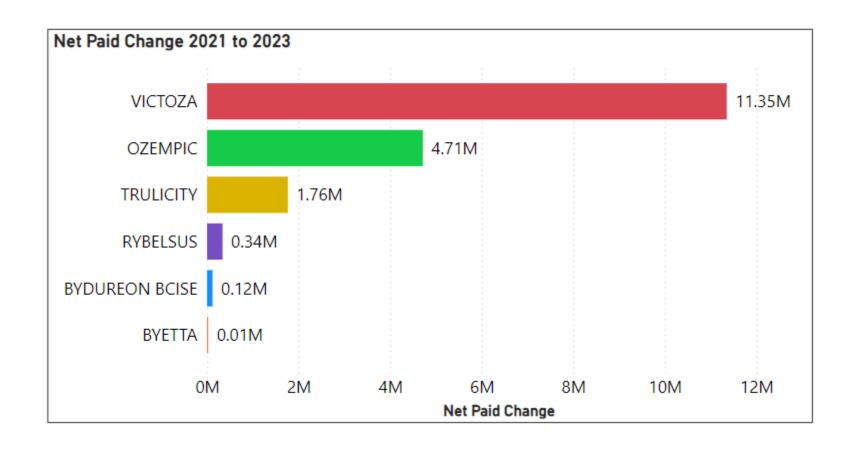


#### GLP-1 Agonists – Net Paid 2021 to 2023



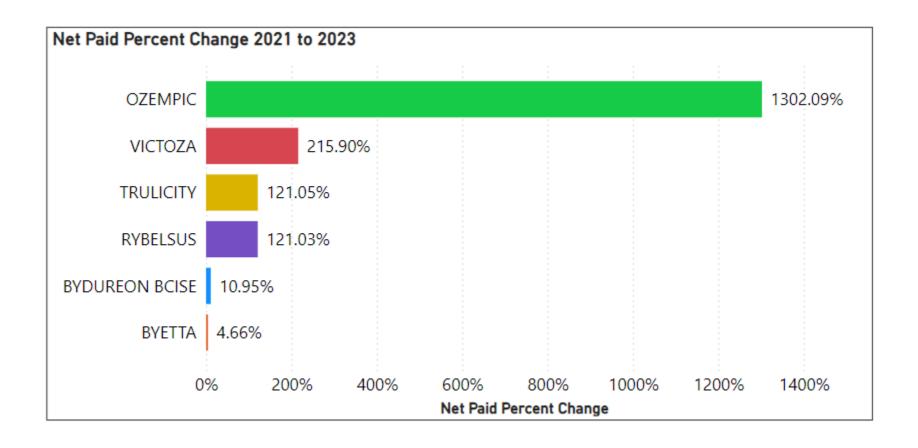


### GLP-1 Agonists – Net Paid Change 2021 to 2023





### GLP-1 Agonists – Net Paid Percent Change 2021 to 2023



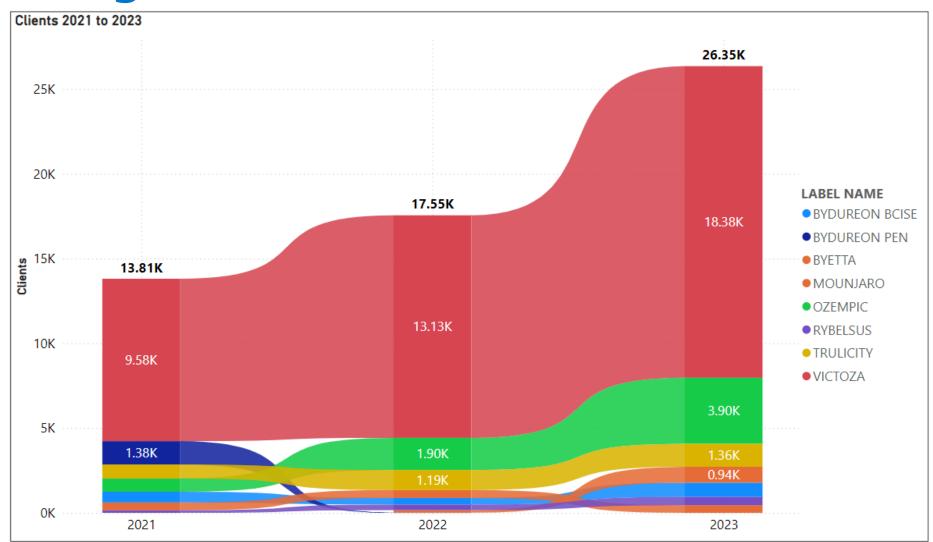


#### GLP-1 Agonists – Net Paid Summary

- Since 2021, the amount of expenses attributed to GLP-1 agonists have more than tripled
- More than half of the GLP-1 Agonists subclass expenses is attributed to Victoza (55.38%)
  - Victoza is a preferred product on the Apple Health Preferred Drug List
- ▶ From 2021 to 2023:
  - ▶ The amount spent on Victoza increased \$11.35 million
    - > Increase of 215%
  - ► The amount spent on Ozempic increased \$4.71 million
    - > Increase of 1,302%

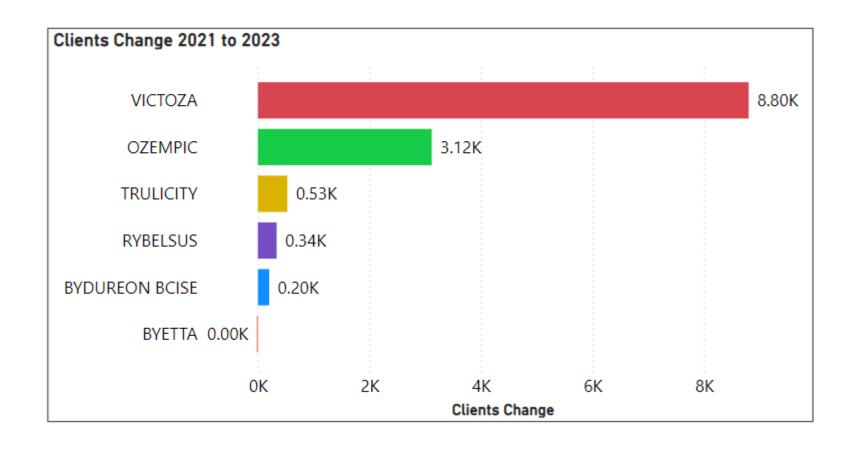


#### GLP-1 Agonists – Utilization 2021 to 2023



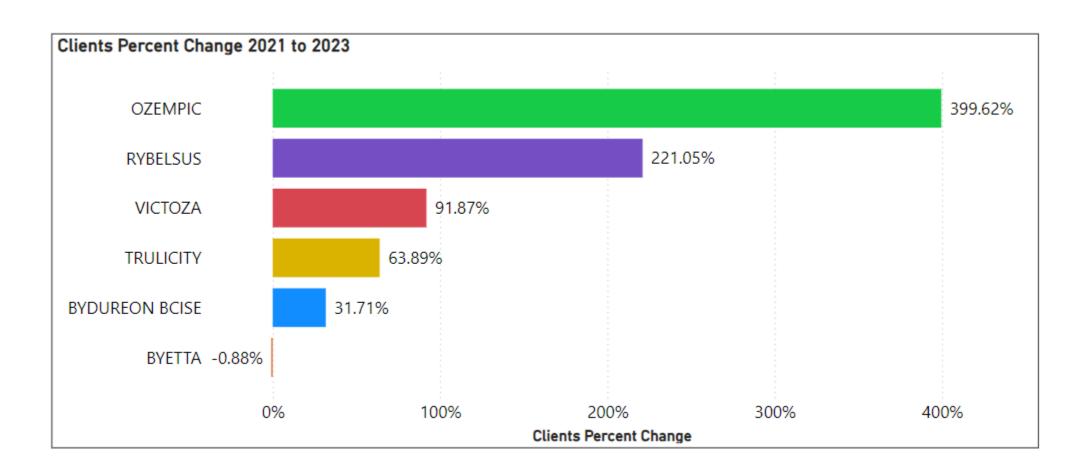


### GLP-1 Agonists – Utilization Change 2021 to 2023





### GLP-1 Agonists – Utilization Percent Change 2021 to 2023



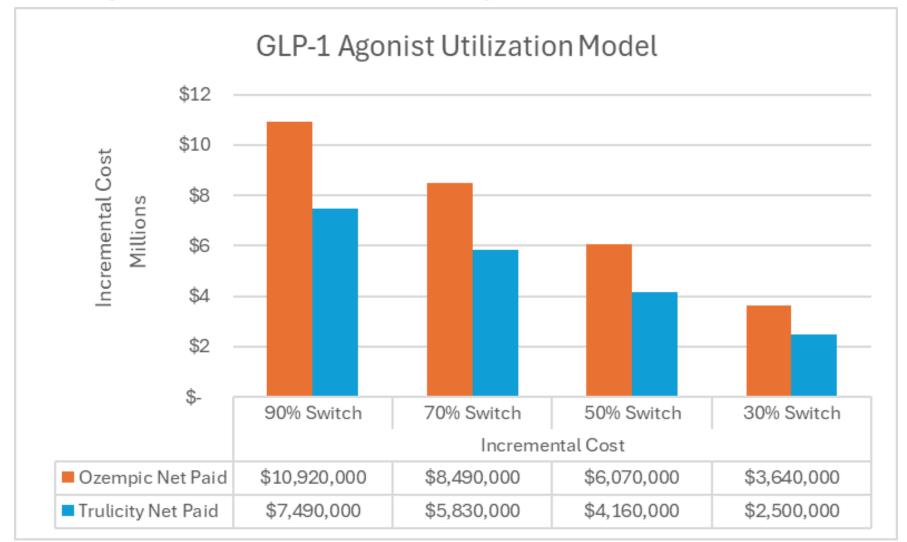


#### GLP-1 Agonists – Utilization Summary

- Since 2021, there has been a significant increase in the prescribing of GLP-1 Agonists
- Victoza is currently a preferred product on the Apple Health Preferred Drug List
  - ▶ More than half of clients using a GLP-1 agonist utilize Victoza (77% in 2023)
  - ▶ Victoza had the greatest increase in utilization compared to other GLP-1 Agonists
- From 2021 to 2023, non-preferred products saw the greatest percent increase in utilization compared to Victoza (91%)
  - ► Ozempic increased 399%
  - ► Rybelsus increased 221%



#### **GLP-1** Agonist Modeling





#### **Prior Authorization Determination Rates**

Drug	Total	Approved	Percent	Denied	Percent
Diug	Requests	Requests	Approved	Requests	Denied
Bydureon BCISE	246	139	56.5%	107	43.5%
Bydureon Pen	2	0	0.0%	2	100.0%
Byetta	7	4	57.1%	3	42.9%
Mounjaro	967	435	45.0%	532	55.0%
Ozempic	8151	2694	33.1%	5457	66.9%
Rybelsus	854	279	32.7%	575	67.3%
Trulicity	1933	957	49.5%	976	50.5%
Victoza	427	69	16.2%	358	83.8%



#### GLP-1 Agonists Policy – Effective 2/1/2022

