Washington State Health Care Authority

Short-term involuntary treatment facilities

Short-term involuntary treatment facilities include facilities licensed by the Department of Health as Evaluation and Treatment (E&T) and/or Secure Withdrawal Management and Stabilization (SWMS).

An E&T is any facility which can provide directly, or by direct arrangement with other public or private agencies, involuntary mental health (MH) treatment to persons suffering from a MH disorder, and which is licensed or certified as such by the Department of Health.

A SWMS is any facility which can provide directly, or by direct arrangement with other public or private agencies, involuntary substance use disorder (SUD) treatment to persons suffering from a SUD disorder, and which is licensed or certified as such by the Department of Health.

Overview

Services are considered acute ambulatory treatment services provided in a structured setting for individuals whose MH disorder, SUD, or a combination of both is not responsive to lowerlevel interventions such as outpatient services, crisis services, crisis stabilization, and residential services. Treatment typically includes a combination of group and individual treatment coupled with medication management in a highly structured and secure setting.

E&Ts and SWMSs may provide voluntary treatment or involuntary treatment for individuals 13 years and older detained under the Involuntary Treatment Act.

There were 12,797 detentions to the E&Ts and SWMSs during the 2024 state fiscal year.

Level of care varies depending on the acuity of the current symptoms, risk, and needs of the individual.

An initial involuntary length of stay is up to 120 hours, then a court may order up to 14 days of additional treatment.

As of July 2024, there were 1,374 active E&T and SWMS beds. There were 22 freestanding E&Ts and 24 hospital-based E&Ts. There were four

82-0629 (11/24)

freestanding SWMS. This number is subject to change as facilities open, close, and change their active bed counts regularly.

Treatment beyond the 14-day commitment may be ordered by the court, initially as a 90-day then subsequently as a 180-day orders. With approval by the Department of Health some short-term facilities provide treatment for long-term commitment orders.

Budget for SFY 25

Providers serving Medicaid clients not enrolled with a Managed Care Organization and who meet the Fee-for-Service (FFS) requirements bill HCA for reimbursement. The FFS reimbursement rate for E&T services is \$1,019.48, and for SWMS services it is \$793.00 per individual per day. Providers serving Medicaid clients enrolled in managed care, covered by commercial insurance, or who are uninsured or underinsured will negotiate reimbursement rates with the appropriate payor. This is billed to the individual's insurance provider or the regional Behavioral Health Administrative Services Organization (BH-ASO).

Partners

The Department of Health licenses the facilities. The Department of Commerce provides grants for facility construction and renovation. Designated Crisis Responders are responsible for evaluating and detaining the individual to an accepting facility. The BH-ASOs and Managed Care Organizations receive federal and state funding to pay for these services.

For more information

Contact: HCADBHRInformation@hca.wa.gov

Zephyr Forest, SWMS Coordinator

Lisa Westlund, ITA Administrator