

Washington System of Care Statewide FYSPRT

Date: Tuesday August 8, 2017 **Time:** 9:30am – 3:00pm

Location: Blake Office Park West, 4450 10th Avenue SE, Lacey, WA 98503

Room(s): Chelan/Roosevelt Rooms

52 Attendees representing the following: Attorney General’s Office, Beacon Health Options of Washington, Children’s Administration, Children’s Behavioral Health Workforce Collaborative, Department of Health, Developmental Disabilities Administration, Division of Behavioral Health and Recovery, Health Care Authority, Great Rivers Behavioral Health Organization, HI-FYVE (Optum Pierce Regional FYSPRT), King County Family and Youth Council (King County Regional FYSPRT), North Central WA Behavioral Health Organization, North Central WA Regional FYSPRT, North Sound Family and Youth Coalition (North Sound Regional FYSPRT), Northeast Regional FYSPRT, Optum Pierce Behavioral Health Organization, Passages Family Support, Praed Foundation, Rehabilitation Administration -Juvenile Rehabilitation, Salish Behavioral Health Organization, Salish Regional FYSPRT, Skagit County Public Health, South East Washington Regional FYSPRT, Southwest FYSPRT, System of Care Partnership (Thurston/Mason Regional FYSPRT), Washington PAVE, Washington State Community Connectors, Washington State University, and YouthSound

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
<p>Welcome and Introductions</p> <p>Travis Rybarski</p>	<p>Attendees introduced themselves, identified their role and which agency, organization and/or Regional FYSPRT they were representing.</p> <p>Nicole Miller from Rehabilitation Administration was introduced as the new Statewide System Partner Tri-Lead. Travis Rybarski, current Youth Tri-Lead, provided an update around the Youth Tri-Lead role, identified that no one expressed interest in transitioning into the role at this point. The Youth Tri-Lead position will be re-opened in November.</p> <p>Travis shared the current comfort agreement and provided an opportunity for feedback.</p>	<p>Youth Tri-Leads interested in the role can contact: travis.rybarski@wsu.edu or Kristen Royal Kristen.Royal@dshs.wa.gov to self-nominate or with questions.</p>	<p>Regional FYSPRT Youth Tri-Leads</p>	<p>11/30/17</p>
<p>Regional System Partner Meeting Update</p> <p>Diana Cockrell and Nicole Miller</p>	<p>Topic Purpose – share information and next steps from the Pre-WISE Symposium System Partner meeting</p> <p>Presenters provided an overview of the Regional System Partner meeting which occurred on July 24. Each region invited regional system partners to attend this meeting to identify strengths and needs to increase partnership to serve children, youth and families who may need WISE services. Regions sat together and engaged in conversations around strengths and challenges around partnering. In addition, each group identified strategies to address challenges around topics such as, but not limited to WISE referrals,</p>	<p>Regional FYSPRT Tri-Leads to share strategies with Regional FYSPRT membership as part of follow up and next steps.</p>	<p>Regional FYSPRT Tri-Leads and/or Regional FYSPRT Coordinators</p>	<p>As shared</p>

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

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	marketing, and Regional FYSPRT participation. One person from each region volunteered to share the region's strategies with the Regional FYSPRT.			
Peer Support Project – Workforce Collaborative Stephanie Lane and Lorrin Gehring	Topic Purpose – share information regarding a WSU research project regarding the efficacy of peer support The Washington State University Workforce Collaborative is preparing to engage employed Certified Peer Counselors in a research project measuring the efficacy, barriers and strengths of Youth and Family Peer Support. The Statewide FYSPRT members present participated in an activity to identify what questions to ask and to understand the answers under three categories: 1) Efficacy, 2) Strengths and 3) Barriers. The responses were varied and thoughtful. An overarching theme arose from the feedback in which many people present identified what the individuals receiving services would say about the efficacy, strengths and barriers they have experienced. Presenters passed around a sign-up sheet for those interested in being a part of focus groups in the future.	Stephanie Lane will type of the questions generated from the activity and will send them to Kristen Royal who will send out the questions generated with the notes from the meeting.	Stephanie Lane Kristen Royal	8/18/17
Children's Administration Overview and Executive Leadership Team Update Jennifer Strus	Topic Purpose – Overview of Children's Administration activities and share highlights from previous ELT meetings Jennifer Strus, Assistant Secretary Children's Administration, provided a brief overview of Children's Administration (CA) including WISE referrals. CA is 3 rd in WISE referrals overall and provides the most WISE referrals among state agencies. Children's Administration posed a question to the group to engage in and gather ideas around the difficulty of recruiting foster parents for special needs children and youth. Due to the shortage, even some 4-5 year olds without significant behavioral needs, end up staying in hotels with social workers. Some thoughts or solutions proposed included: <ul style="list-style-type: none"> - looking to create a community of homes to help relieve the issue - working with other state agencies to form quick response teams - using the Mockingbird model - utilize heat maps to identify areas where foster care placements are most needed to inform recruiting - recruiting for specialized populations, and - forming focus groups on policy as needed 	Children's Administration staff documented the conversation and suggestions from the meeting to assist with possible resolutions.	Children's Administration	8/8/17

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Activity to Generate Regional Questions, Part 1 Nicole Miller, Travis Rybarski and Michelle Karnath	Topic Purpose – develop questions to gather information from the membership regarding a challenge presented by the North Sound Regional FYSPRT at the May Statewide FYSPRT meeting Meeting participants engaged in an activity to draft questions around a challenge identified by the North Sound Youth and Family Coalition (North Sound Regional FYSPRT) around how to increase education and knowledge about available services, support groups and trainings. Members will share the questions with their regions/systems and gather information to share with membership. Meeting participants voted to share this information by email instead of adding as an agenda item for the November meeting.	Statewide FYSPRT Tri-Leads to finalize the questions and email them to membership to start the process of information gathering.	Kristen Royal and Statewide FYSPRT Tri-Leads	8/18/17
Lunch Break	Lunch on your own			
Activity to Generate Regional Questions, Part 2 Nicole Miller, Travis Rybarski and Michelle Karnath	Topic Purpose – develop questions to gather information from the membership regarding a challenge presented by the Greater Columbia Regional FYSPRT at the May Statewide FYSPRT meeting Meeting participants engaged in an activity to draft questions around a challenge identified by the South East Regional FYSPRT around families/youth that do not qualify for Medicaid and who would like WISE services. Members will share the questions with their regions/systems and gather information to share with membership. Meeting participants voted to share this information as part of a dialogue at the next Statewide FYSPRT meeting in November.	Statewide FYSPRT Tri-Leads to finalize the questions and email them to membership to start the process of information gathering.	Kristen Royal and Statewide FYSPRT Tri-Leads	8/18/17
Statewide Respite Dialogue Travis Rybarski, Michelle Karnath and Nicole Miller	Topic Purpose – to gather information and dialogue about respite services in the regions and across the state per the May Statewide FYSPRT meeting where participants voted on this as a priority Regional FYSPRTs shared information from their regions about access or lack of access to respite services. System partners identified any respite services available through their systems. Respite services are currently available through Developmental Disabilities Administration and	Division of Behavioral Health and Recovery Children’s Unit will work with the Statewide FYSPRT	Kristen Royal Mandy Huber	8/18/17

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	Children’s Administration for caregivers. Regional FYSPRTs from the following regions: Greater Columbia, Pierce/Optum, North Central, Thurston/Mason, North Sound, Southwest, Salish and Great Rivers reported no formal access to respite. The Northeast FYSPRT identified having some respite services available for children and youth age 11 and older. The Statewide FYSPRT voted to share the information gathered around this need with the Executive Leadership Team. Participants at the meeting shared a few different visions on respite care including the use of natural supports to provide respite and more traditional publicly funded respite options. The group did not identify which specific model should be prioritized, but expressed an interest in exploring the possibility of adding these services to the state Medicaid plan.	Tri-Leads on next steps.		
Meeting Evaluation and Agenda Items for the Next Meeting Michelle Karnath	Evaluations handed out for participants to complete to provide feedback on the meeting including an agenda item request for future meetings.	Statewide FYSPRT Tri-Leads will review feedback and consider the feedback in planning for future meetings.	Statewide FYSPRT Tri-Leads	8/18/17
<i>Next Statewide FYSPRT Meeting</i>				
Thursday November 30, 2017, 9:30am – 3 pm Lacey, WA				

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