

Washington System of Care Statewide FYSPRT

Date: Thursday November 30, 2017 **Time:** 9:30am – 3:00pm

Location: Blake Office Park West, 4450 10th Avenue SE, Lacey, WA 98503

Room(s): Chelan/Roosevelt Rooms

56 Attendees representing the following: Attorney General’s Office, Beacon Health Options of Washington, Children’s Administration, Coordinated Care, Developmental Disabilities Administration, Disability Rights Washington, Division of Behavioral Health and Recovery, Great Rivers Behavioral Health Organization, Great Rivers Regional FYSPRT, Greater Columbia Behavioral Health Organization, Health Care Authority, HI-FYVE (Pierce Optum Regional FYSPRT), King County Family and Youth Council (King County Regional FYSPRT), North Central WA Regional FYSPRT, Northeast Regional FYSPRT, Office of Superintendent of Public Instruction, Optum Pierce Behavioral Health Organization, Rehabilitation Administration – Juvenile Rehabilitation, Salish Regional FYSPRT, Salish Behavioral Health Organization, Skagit County Public Health, South East WA Regional FYSPRT, Southwest Regional FYSPRT, System of Care Partnership (Thurston Mason Regional FYSPRT), Washington PAVE, Washington State Community Connectors, Washington State University, and YouthSound

<u>Agenda Item & Lead(s)</u>	<u>Discussion and Notes</u>	<u>Action Items</u>	<u>Assigned To</u>	<u>By when</u>
Welcome and Introductions Travis Rybarski	Attendees introduced themselves, identified their role and which agency, organization and/or Regional FYSPRT they were representing. Travis shared the current comfort agreement and provided an opportunity for feedback. Updated the group regarding agenda changes. Travis identified this meeting as his last in the Youth Tri-Lead role and that some members have expressed interest in the role. Youth Tri-Lead self-nominees to be announced at the end of the meeting.	n/a Announcement at end of meeting.	n/a Statewide Tri-Leads	n/a Meeting wrap up
WISe Implementation Update Diana Cockrell	Topic Purpose – information sharing Wraparound with Intensive Services (WISe) Implementation Status Report covering activities over the last year has been completed. Updated Regional WISe data is available as well and will be shared with membership. Request made for Regional FYSPRTs to outreach to local schools to promote WISe. The remaining counties in Washington, except San Juan county, will start implementing WISe in January 2018 with San Juan county implementing WISe by March 2018. All counties are continuing to expand workforce capacity to provide WISe and some counties have open positions. The quality review pilot for WISe will happen at the end of January at three sites across Washington. The Youth and Family Statewide WISe Survey was completed. A report is being developed to share outcomes in early 2018.	Email reports and data to members. Promote WISe in local schools. For questions related to WISe, please contact WISeSupport@dshs.wa.gov .	Kristen Royal Regional FYSPRTs	when available ongoing

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

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Activity to Generate Regional Questions, Part 1 Nicole Miller, Travis Rybarski and Michelle Karnath	<p>Topic Purpose – develop questions to gather information from the membership regarding a challenge presented by the Northeast Regional FYSPRT at the May Statewide FYSPRT meeting</p> <p>Meeting participants engaged in an activity to draft questions around a challenge identified by the Northeast Regional FYSPRT around supporting homeless youth experiencing mental health symptoms. Members will share the questions with their regions/systems and gather information to share with membership at the next Statewide FYSPRT meeting.</p>	Statewide FYSPRT Tri-Leads to finalize the questions and email them to membership to start the process of information gathering.	Statewide FYSPRT Tri-Leads and Kristen Royal	12/7/17
State Youth Treatment Implementation Grant Update Jared Langton	<p>Topic Purpose – share progress on grant goals</p> <p>Implementation update provided regarding the State Youth Treatment Implementation (SYT-I) project. The SYT-I project enhances substance use treatment for adolescents age 12-18 by targeting key areas shown to improve outcomes such as evidence-based practices, care coordination and recovery support services. The project also includes a multi-year workforce training initiative to increase the number of credentialed clinicians and clinicians trained in evidence-based assessments. The overall objective for the project is to; improve health outcomes for adolescents; enrollment in education, vocational training and/or employment; social connectedness; and decreased juvenile justice involvement. Data show 291 youth are enrolled in SYT-I services, over half are males, over half are minorities and marijuana is reported as the most commonly used substance. The Statewide FYSPRT is the advisory group for the SYT-I project.</p>	Please contact Jared Langton 360-725-1415 or langtj@dshs.wa.gov for additional information and/or for questions.	Community	As questions arise
Activity to Generate Regional Questions, Part 2 Nicole Miller, Travis Rybarski and Michelle Karnath	<p>Topic Purpose – develop questions to gather information from the membership regarding a challenge presented by the North Central Regional FYSPRT at the November 2016 Statewide FYSPRT meeting</p> <p>Meeting participants engaged in an activity to draft questions around a challenge identified by the North Central Regional FYSPRT around access to neuropsychologists. Members will share the questions with their regions/systems and gather information to share with membership at the next Statewide FYSPRT meeting.</p>	Statewide FYSPRT Tri-Leads to finalize and email questions to membership to start the process of information gathering.	Statewide FYSPRT Tri-Leads and Kristen Royal	12/7/17
<p>Topic Purpose – dialogue with membership about 2018 Data and Quality Meeting schedule</p>				

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Data Quality Team Next Steps Paul Davis, Kari Samuel and Kara Panek	Information shared about the history of the Data Quality Team (DQT) as a workgroup of the Statewide FYSPRT. Focus of 2018 meetings could include Wraparound with Intensive Services, evidence-based practices, and identifying training needs. Dialogue around how to proceed with DQT meetings in 2018 to increase family and youth involvement, gather voice from the community, and build a better connection between the Statewide FYSPRT and DQT. Meeting participants opted to try having the next DQT meeting before the Statewide FYSPRT starting in February 2018.	Data Quality Team meeting invite to be sent out to membership and other participants.	Paul Davis Kristen Royal	January 2018
Lunch Break	Lunch on your own			
Non-Medicaid Dialogue Travis Rybarski, Michelle Karnath and Nicole Miller	Topic Purpose – to gather information and dialogue about support for youth and families who are not Medicaid eligible and would like WISE services, per the May Statewide FYSPRT meeting where participants voted on this as a priority			
	Regional FYSPRTs and state system partners shared information from their region/system about youth and families who would like WISE services who are not Medicaid eligible. Most regions identified having youth and families that could benefit from WISE services who are not Medicaid eligible. Four regions identify referring youth to other programs and/or having access to 1/10 th of 1% sales tax dollars to support a small number of youth/families. The Statewide FYSPRT would like to move this information forward to the Executive Leadership Team. A few possible solutions identified by the group included: share information gathered around this challenge at a Behavioral Health Organization Administrators meeting, refer families to Community Service Offices to determine Medicaid eligibility, legislative reform for comparable services, a waiver, having a conversation with insurance commissioners and looking at parity for mental health services. An extension was granted for members to provide additional information beyond what was shared at the meeting around this topic.	Division of Behavioral Health and Recovery Children’s Unit will work with the Statewide FYSPRT Tri-Leads on next steps.	Kristen Royal Mandy Huber Statewide FYSPRT Tri-Leads	January 2018
Executive Leadership Team Update Michael Langer	Topic Purpose – Share highlights from previous ELT meetings			
	Michael Langer, Office Chief for the Office of Behavioral Health and Prevention at the Division of Behavioral Health and Recovery provided an update on the status of the respite challenge that was voted on by membership to move forward to the Executive Leadership Team (ELT). At the October 11, 2017 ELT meeting, Statewide FYSPRT Tri-Leads presented the information gathered at the August 2017 Statewide FYSPRT meeting. Additional feedback was requested from participants with the following themes emerging from the dialogue: a clear definition of respite is suggested in addition to clarification that respite would be scheduled and not in response to crisis. To view	Respite topic will be on the next ELT agenda for dialogue.	Division of Behavioral Health and Recovery Children’s Unit	December 2017

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	ELT notes and charter, click the following link: https://www.dshs.wa.gov/bha/division-behavioral-health-and-recovery/executive-leadership-team .			
Strategies for Engaging Youth in FYSPRT Travis Rybarski	Topic Purpose – information sharing and networking activity Meeting participants engaged in an activity to share strategies used to engage youth in Regional FYSPRT meetings and activities. Strategies shared included: <ul style="list-style-type: none"> - Holding meetings in a school, Boys and Girls Club or other youth friendly location - Talking to youth during a meeting and/or giving them space to talk - Providing pizza before the meeting, play games and prep for the meeting - Giving youth something to do and something to eat - Provide gift cards - Birthday celebrations/shout outs - Providing food (pizza, candy) at the meetings - Encourage system partners to bring youth - Encourage youth partners to bring youth - Encourage youth to recruit more youth - Raffle prizes for new participants - Youth Facebook page Youth Tri-Leads from the North Central WA Regional FYSPRT shared a YouTube video about the Hold On Pain Ends (HOPE) program. The video can be found at the following link: https://youtu.be/Rp5CUbsH4yM .	Regional FYSPRT to share these strategies with their team to promote youth engagement in Regional FYSPRT meetings.	Regional FYSPRTs	Ongoing
Meeting Evaluation Agenda Items for the Next Meeting Michelle Karnath	Evaluations handed out for participants to complete to provide feedback on the meeting including agenda items for future meetings. Acknowledged Travis’s last meeting as the Statewide FYSPRT Youth Tri-Lead. Two Regional FYSPRT Youth Tri-Leads self-nominated for the Statewide FYSPRT Youth Tri-Lead role. Statewide FYSPRT Tri-Lead team to set up a voting mechanism for membership to vote for the next Statewide FYSPRT Youth Tri-Lead, using the Statewide FYSPRT Charter as a guide.	Statewide FYSPRT Tri-Leads will review feedback and consider the feedback in planning for future meetings. Statewide FYSPRT Tri-Lead team to set up a voting mechanism.	Statewide FYSPRT Tri-Leads Statewide FYSPRT Tri-Leads and Kristen Royal	December 2017 January 2018
Next Statewide FYSPRT Meeting				

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Tuesday February 6, 2018 from 9:30am – 3 pm Lacey, WA				

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