

Washington System of Care Statewide FYSPRT

Date: November 14, 2018

Time: 9:30am – 3:00pm

Location: Lacey, WA 98503

48 Attendees representing the following: Beacon Health Options of Washington, Department of Children Youth and Families, Department of Commerce/Office of Homeless Youth, Department of Health, Developmental Disabilities Administration, Division of Behavioral Health and Recovery, Family Alliance Washington, Great Rivers Behavioral Health Organization, Great Rivers Regional FYSPRT, Greater Columbia Behavioral Health Organization, Health Care Authority, HI-FYVE (Pierce Optum Regional FYSPRT), King County Family and Youth Council (King County Regional FYSPRT), North Central WA Regional FYSPRT, North Sound Family and Youth Coalition, Northeast Regional FYSPRT, Optum Pierce Behavioral Health Organization, Passages Family Support, Rehabilitation Administration, Salish Regional FYSPRT, Salish Behavioral Health Organization, Skagit County, South East WA Regional FYSPRT, Southwest Regional FYSPRT, System of Care Partnership (Thurston Mason Regional FYSPRT), Washington PAVE, and Washington State Community Connectors.

Facilitators – Michelle Karnath, McKenzie Madland, and Nicole Miller (Statewide FYSPRT Tri-Leads)

Timekeeper – Tri-Lead Team

Notes – Kaitlynn/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
Welcome and Introductions Statewide FYSPRT Tri-Leads	Attendees introduced themselves, identified their role, agency, organization and/or Regional FYSPRT they were representing. McKenzie Madland, Statewide Youth Tri-lead, out sick today. Nicole shared/read the comfort agreement and the group agreed to it. The next Statewide FYSPRT meeting is February 5 th , 2019 and the 2019 meeting schedule is now available.	The Statewide FYSPRT Tri-lead team will update and streamline the comfort agreement for the next meeting.	Statewide FYSPRT Tri-leads	Feb 2019
Parent Initiated Treatment Mandy Huber	<p>Topic Purpose – information sharing and looping back regarding the community survey in August 2018 and feedback requested from the Regional FYSPRT Tri-leads in Sept 2018 regarding potential recommendations of the Parent Initiated Treatment workgroup</p> <p>Parent Initiated Treatment (PIT) is an admission pathway for minors in Washington State that currently includes inpatient hospitalization and outpatient evaluation services for behavioral health treatment for both mental health and substance use disorders. The Health Care Authority, Division of Behavioral Health and Recovery was tasked by HB 2779 Section 9 to convene a stakeholder group to review current PIT pathway and processes while exploring challenges with age of consent for parent directed treatment. The project had three main components; in person meetings, statewide community surveys, and feedback from regional FYSPRTs. For more information about the project, click this link to the Parent-Initiated Treatment Stakeholder Advisory Group posted on the HCA website. For the PIT survey results, click here.</p> <p>The stakeholder group, with over 80 stakeholders invited throughout the project, considered a model where age of consent (AOC) would change and also</p>	If you have questions or would like more information, please email Amanda Huber at Amanda.huber@hca.wa.gov	n/a	n/a

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
	<p>considered AOC models in other states. As a result of the data considered, the group reached consensus that the AOC would remain at 13 years of age. Other avenues the group explored included providers being allowed to share a limited amount of information without the consent of the minor, allowing individuals in addition to the parent, to file for PIT as well as additional funding access including a possible increase in the Medicaid rate. A variety of service options should be available for commercially sexually exploited children including secure detox, psychiatric facilities, receiving centers, outpatient treatment, and any Least Restrictive Alternative's (LRA's).</p> <p>The final report will be submitted and presented to the Children's Mental Health Workgroup in December. The next steps for now are to reach out to regional legislative representatives. If the recommendations from the stakeholder group move forward, further discussion will take place during legislative session beginning in January 2019.</p>			
<p>Integrated Managed Care</p> <p>Diana Cockrell and Jerry Perez-Guerrero</p>	<p>Topic Purpose – information sharing from the Health Care Authority and North Central Washington's FYSVRT Coordinator</p> <p>The overall goal of integrated manage care is to make it easier to receive healthcare for the whole person (mental health, substance use, physical health, etc.). Pierce, Spokane and Greater Columbia regions will become integrated January 2019. North Sound will become integrated July 2019. King will be in a transition year in 2019. In January 2020, Thurston Mason, Salish and Great Rivers regions will become integrated.</p> <p>Information was shared by a Regional FYSVRT Coordinator about the strengths, challenges, impact on services and what was helpful for the transitions from Behavioral Health Organization to Managed Care Organizations (MCO). Some of the strengths were the support of the MCO representatives at monthly meetings where FYSVRT members could share feedback about services. Challenges have included sharing WISE regional data at the Regional FYSVRT. A tip was shared that communication is key and to keep in touch with your FYSVRT members about what integration is and when it will happen in your region. Also reach out to the Administrative Services Organization for your region for information about transition planning for the Regional FYSVRT including meeting dates/spaces, fiscal processes, Tri-leads, etc. to minimize disruption in the transition.</p>	<p>Click here for more information about integrated physical and behavioral health care.</p> <p>For technical assistance around sharing WISE regional data, contact Paul Davis at Paul.davis@hca.wa.gov</p> <p>For more information about the transition of the Regional FYSVRTs, contact Kris Royal at kristen.royal@hca.wa.gov</p>	<p>n/a</p> <p>n/a</p>	<p>n/a</p> <p>n/a</p>

Statewide FYSVRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSVRTs and state partners and develop collective recommendations to share with Statewide FYSVRT members, Regional FYSVRTs and/or Children's Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
<p>Executive Leadership Team update</p> <p>Diana Cockrell</p>	<p>Topic Purpose – information sharing regarding the Executive Leadership Team and current Children’s Behavioral Health initiatives</p> <p>The Division of Behavioral Health and Recovery has experienced changes in multiple layers of leadership in the previous months. Work is continuing with Health Care Authority leadership to reconvene the Children’s Behavioral Health Executive Leadership Team with intention to have the right group of people to impact change.</p> <p>Information shared on current children’s behavioral health initiatives and grants including a System of Care Grant, Transition Age Youth (or Health Transitions) Grant, expansion of the First Episode Psychosis program and trauma informed care or healing centered engagement including training for clinicians and a train the trainer model.</p>	<p>For questions email Liz Venuto at liz.venuto@hca.wa.gov</p>	<p>n/a</p>	<p>n/a</p>
<p>Lunch Break</p>	<p>Lunch on your own</p>			
<p>Office of Homeless Youth Presentation</p> <p>Cary Retlin and Cole Ketcherside</p>	<p>Topic Purpose – information sharing to respond to the desired outcomes of the Challenge and Solution Submission form submitted by the Northeast FYSVRT</p> <p>The Statewide FYSVRT Tri-leads posed questions for the group to consider for addressing the desired outcome of the Challenge and Solution Form submitted by the Northeast FYSVRT as the Office of Homeless Youth presented information.</p> <p>The Office of Homeless Youth (OHY) is working to ensure that youth and families have the support they need to have suitable housing. The five priority areas they are looking into to help solve the issue are stable housing, family reconciliation, permanent connections, education and employment, social and emotional well-being. When OHY transferred the programs from DSHS to commerce, it increased capacity for providing resources. Program changes include, competitive procurement, programs created for young adults, expanded HOPE/CRC beds, changed financial model, shifting to increase self-referral, and Homeless Management Information System (HMIS) data collection. The overall goal was to find funding, suitable housing and solutions to ensure youth and young adults are not released into homelessness when leaving different systems and programs. The funding that has been procured thus far, has been through grants and contracts. Rural communities struggle with system and organizational capacity to address the needs of youth experiencing homelessness in their communities. Different services and organizations are working together to solve this issue.</p>	<p>For more information, contact Cole Ketcherside at cole.ketcherside@commerce.wa.gov</p> <p>Share the information presented with Regional FYSVRTs and within your system or agency.</p> <p>For additional information, click this link to view Office of Homeless Youth website.</p> <p>For more information about Tiny Shelters, please click the link to the following report, Tiny Shelters Report.</p>	<p>All Statewide FYSVRT members</p>	<p>At future Regional FYSVRT meeting(s)</p>

Statewide FYSVRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSVRTs and state partners and develop collective recommendations to share with Statewide FYSVRT members, Regional FYSVRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.

Agenda Item & Lead(s)	Discussion and Notes	Action Items	Assigned To	By when
	<p>Substitute Senate Bill 6560 states that the Department of Children Youth and Families and the Office of Homeless Youth must jointly develop a plan to ensure by December 31, 2020, that unaccompanied youth are discharged from a publicly funded system of care (such as child welfare or juvenile rehabilitation) into stable housing. Five working groups started meeting this month to come up with a set of recommendations. The working groups are child welfare, juvenile justice/state, juvenile justice/county, Office of Homeless Youth and behavioral health. All groups are welcoming new participants. If you are interested in getting involved in one or more working groups, contact Regina McDougall at regina.mcdougall@commerce.wa.gov for more information. Remote participation is welcome and stipends are available. <i>(If requesting a stipend, please be sure to contact Regina 1-2 working days before the meeting).</i></p>	<p>For more information about Substitute Senate Bill 6560, please email Regina McDougall at regina.mcdougall@commerce.wa.gov.</p>		
<p>Children’s Behavioral Health Panel Activity plus Q & A</p> <p>Statewide FYSPRT Tri-leads</p>	<p>Topic Purpose – dialogue and information sharing around questions from the Statewide FYSPRT about Children’s Behavioral Health and the Children’s Behavioral Health Governance Structure</p> <p>The Statewide FYSPRT Tri-leads requested that the panel from the August 2018 meeting return to answer questions from meeting participants around children’s behavioral health and/or the Children’s Behavioral Health Governance Structure. The panel consisted of members of the Child and Youth Behavioral Health team from the Division of Behavioral Health and Recovery. They touched on Wraparound with Intensive Services (WISE), cultural competency, and how to teach culture to others for better understanding for the whole person.</p>	<p>n/a</p>	<p>n/a</p>	<p>n/a</p>
<p>Meeting Evaluation</p> <p>Agenda Items for the Next Meeting</p> <p>Statewide FYSPRT Tri-Leads</p>	<p>Evaluations handed out for participants to complete to provide feedback on the meeting including agenda items for future meetings.</p> <p>Also shared options to complete the evaluation through survey monkey.</p>	<p>Tri-Leads to review and consider feedback in planning for future meetings.</p> <p>Kris will email survey monkey link.</p>	<p>Kris</p>	<p>Nov 2018</p>
Next Statewide FYSPRT Meeting				
<p>Tuesday, February 5, 2019 9:30am – 3 pm Lacey, WA</p>				

Statewide FYSPRT Goals

1. Improving quality of life for youth and families by reviewing statewide performance and making recommendations through collaborative engagement of youth, families and system partners.
2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSPRTs and state partners and develop collective recommendations to share with Statewide FYSPRT members, Regional FYSPRTs and/or Children’s Behavioral Health Executive Leadership Team that include youth, family and system partner voice.