

Washington System of Care Statewide FYSVRT

Date: February 4, 2025 **Time:** 3 p.m. – 5 p.m.

Approximately 59 attendees representing the following: Behavioral Health Catalyst, Carelon, A Common Voice, Coordinated Care WA, Developmental Disabilities Administration, Department of Children Youth and Families, En Route NW, Family Alliance, Great Rivers Administrative Services Organization, Great Rivers FYSVRT, Greater Columbia Administrative Services Organization, Health Care Authority/Division of Behavioral Health and Recovery, HI-FYVE (Family and Youth Voices for Empowerment), King County, King County Community Collaborative, Molina, North Central WA FYSVRT, North Sound Administrative Services Organization, North Sound Youth and Family Coalition, Northeast FYSVRT, Office of Superintendent of Public Instruction, Passages Family Support, Salish Behavioral Health Administrative Services Organization, Salish Regional FYSVRT, Southeast FYSVRT, Southwest Regional FYSVRT, Spokane County Behavioral Health Administrative Services Organization, System of Care Partnership, Students Providing and Receiving Knowledge, WA State Children’s Behavioral Health Statewide Family Network, Wellpoint (formerly Amerigroup), plus community members.

Facilitators – Statewide FYSVRT Tri-leads - Michelle Karnath (Family), Gabriel Hamilton (Youth), and Katie Favela (System Partner) **Timekeeper** – Tri-Lead Team **Notes** – Amanda/Kris

Agenda Item & Lead(s)	Discussion and Notes	Action items	Assigned to	By when
Welcome and introductions Statewide FYSVRT Tri-Leads 3:00 – 3:10	Shared land acknowledgment. Brief Zoom meeting guidelines (mute when not talking, raise hand or put questions in the chat). Attendees introduced themselves through the chat and by phone and identified their role, agency, organization and/or Regional FYSVRT they were representing. Reviewed Full Value Agreement. HCA and the Statewide FYSVRT Tri-leads will not be recording this meeting to be respectful of confidentiality as identified in the Full Value Agreement.	n/a	n/a	n/a
Wraparound with Intensive Services (WISe) Quality Plan project update Kari Samuel and team 3:10 – 4:10	<p>Topic Purpose – Update on themes of information gathered from families, youth and community partners as part of this project.</p> <p>In early 2024, a process to update the WISe Quality Plan started. The purpose of the WISe Quality Plan is to provide a framework for quality management goals, objectives, processes, tools, and resources to measure the implementation and success of WISe and to inform and improve WISe service delivery. In March 2024, the Statewide FYSVRT participants provided feedback about what good quality care means and looks like for WISe and/or other behavioral health services. Gathering feedback from youth, families, providers and system and community partners continued through the fall of 2024. This topic is on the agenda today to share themes of information gathered from families, youth, and community partners throughout 2024.</p> <p>The priorities for the WISe Quality Plan update are to:</p> <ul style="list-style-type: none"> • Make sure WISe is working for the youth and families who need it • Provide useful tools that help build up our WISe teams and support our WISe providers • Where possible, reduce administrative burden to ensure that the WISe workforce can be focusing on serving youth and families as much as possible. 	For questions or more information, reach out to Kari Samuel at kari.samuel@hca.wa.gov	Those interested	anytime

Statewide FYSVRT Goals

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2. To support system improvements by enhancing strengths and eliciting challenges and barriers from the Regional FYSVRTs and state partners and develop collective recommendations to share with Statewide FYSVRT members, Regional FYSVRTs and/or the Youth and Young Adult Continuum of Care Subgroup that include youth, family, and system partner voice.

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<p>Wraparound with Intensive Services (WISe) Quality Plan project update continued. . .</p>	<p>The WISe Quality Study took place from July 2024 to December 2024 and was completed by Comagine Health. Comagine Health conducted interviews with WISe provider agencies, facilitated community listening sessions, identified themes, summarized concerns, strengths and opportunities, and provided initial recommendations. The WISe Quality Study report was finalized and released in December 2024. The dialogue in the meeting today focused on the review of quality measures and identifying strategies to provide timely feedback. The recommended quality measure topics from the study focused on 13 areas. For many of those areas, strong measures have already been developed. There are five areas where measures exist, but could be improved. Those areas are:</p> <ul style="list-style-type: none"> • Youth and family feedback on what is working well and areas for improvement • Connections and natural supports • Families staying together/family stability • Peer involvement with services • Discharge and transition measures <p>Participants divided up into breakout groups to discuss the following:</p> <ul style="list-style-type: none"> • How should HCA get information about this topic area? • And if it is a survey, how would you structure that? • If not a survey, then what would you do? <p>Some themes from the report out from the breakout groups included:</p> <ul style="list-style-type: none"> • creating something extra that would create additional work would be difficult – suggest gathering feedback during already planned meetings • CANS/BHAS (current data systems related to WISe) is a great tool – how can we add to that in a meaningful way and make it a requirement for providers to get these surveys – maybe attach surveys to the last CANS • being intentional and using family voice where it is needed • many comments from parents that they have no idea who is contacting them for the survey – not trusting that it is not phishing or something else • build up a rapport before sending out the survey to help build a connection between WISe and the survey, a phone survey might be more effective • CANS is still more of a system perspective vs a family perspective - glad about wanting to get more information about engagement and feedback directly from youth and families • what is the best way for youth/families to feel heard, a survey that is part of providers electronic health record for families to have access – embed in discharge paperwork – or maybe a patient portal • important to gather perspective of all on the WISe team to get well rounded feedback and perspectives, possibly complete survey at a child and family team meeting, complete on a standard timeframe (like every six months) • simple statements in family language that are easy to understand are important – use real world language for example natural supports – what is that? 			

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<p>Wraparound with Intensive Services (WISe) Quality Plan project update continued. . .</p>	<ul style="list-style-type: none"> • if doing a rating scale – keep it smaller (1-5 vs 1-10) and five questions max, qualitative and quantitative feedback are both helpful • incentives for families to complete surveys • have families and peers involved in developing questions to ensure they make sense • peers should be involved in surveys consistently • do surveys toward the beginning of WISe and also towards the end but maybe not after – have it be an ongoing conversation during WISe • have a way to share surveys with folks who maybe have been in WISe already and say that they don't want to go back – would be good to hear about their experience as a way to identify areas of improvement. <p>Notes from each breakout group were shared with the meeting notetaker. These notes will also be shared with the WISe team at HCA to inform their work (with names removed).</p> <p>The WISe team at HCA is working with Washington State University (WSU) to develop a new survey and are wanting to develop the new or updated survey with youth and families. The WSU survey team will be doing some online listening sessions. If you are interested in participating in the listening sessions, reach out to wise.project@wsu.edu or you can also invite a WSU team member to attend your Regional FYSPRT to present (this would also count towards one of the two required WISe data reviews for the calendar year).</p>			
<p>Youth and Young Adult Continuum of Care communication</p> <p>Michelle Karnath</p> <p>4:10 – 4:25</p>	<p>Topic Purpose – Standing agenda item to share information about the Youth and Young Adult Continuum of Care Subgroup meetings and activities.</p> <p>This is a standing agenda item to provide updates regarding topics moved forward from a Regional FYSPRT to the Statewide FYSPRT that the Statewide FYSPRT was not able to address. When this occurs the Statewide FYSPRT moves the topic to legislative groups such as the Youth and Young Adult Continuum of Care (YYACC), a subgroup of the Children and Youth Behavioral Health Work Group (CYBHWG). This communication is on the agenda to keep Statewide FYSPRT members in the loop and to share general priorities from the work of the YYACC.</p> <p>The YYACC is currently not meeting during legislative session which goes to the end of April 2025. The YYACC has identified priorities but with the budget deficit, there may not be dollars to support the priorities so the YYACC has been exploring partnering with others doing similar work. Priorities that were moved forward for 2025 include expanding the Bridge Residential (or Housing) Program, post inpatient transitional housing for young adults, recovery high schools, peer support in school settings, funding the administration of CAPS (Centralized Assessment of Psychosis Services) to streamline how they assess for individuals getting into First Episode Psychosis services. Three of these priorities (Bridge Residential Program, recovery high schools, and peers in schools) were identified as priorities of the CYBHWG. Currently, only the Bridge Residential (or Housing) Program, is in the Governor's budget. Statements of Support provided by the CYBHWG included the Department of Children, Youth and Families decision package for reconciliation services, peer support in school settings and funding for the Office of</p>	<p>Contact Michelle Karnath at Michelle.Karnath@clark.wa.gov with questions or for more information.</p>	<p>Anyone interested</p>	<p>Anytime</p>

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Youth and Young Adult Continuum of Care communication continued	Homeless Youth are not currently in the budget. A chart is shared each week with updates from legislative session on CYBHWG priorities. If you are interested in receiving the weekly update, reach out to Michelle Karnath at Michelle.Karnath@clark.wa.gov . You can also go to the HCA website to look up the CYBHWG recommendations sent to the Governor's office in December 2024 for the 2025 legislative session. The CYBHWG leads are meeting weekly to get updates on where things are at and to partner with others to preserve and sustain what has already been funded.			
Statewide Family Network updates Washington State Community Connectors (WSCC) team 4:25 – 4:45	<p>Topic Purpose – to share about the Statewide Family Network and provide updates about other family focused and family led work being done by WSCC</p> <p>Richelle Madigan is the new Executive Director for Washington State Community Connectors (WSCC) as of September 2024. WSCC is currently doing work in many areas to support families across WA.</p> <p>Mobile Response and Stabilization Services (MRSS) – lived experience has been an important part of informing the MRSS work. WSCC has been involved in creating trainings with the University of Connecticut.</p> <p>Substance Use Family Navigator Training – 16-hour training that talks about stigma, science behind substance use, and enabling. Suicide prevention, harm reduction, and cultural considerations have also been added to the training curriculum.</p> <p>Statewide Family Network (SFN) – goal of this work is to provide input and recommendations to state systems and infrastructure to support a stronger, more successful response to the needs of children and youth with behavioral health needs and their families. The SFN holds meetings every month. On odd numbered months, there is an open forum meeting that brings together parents and caregivers raising children and youth with behavioral health needs along with representatives from the Regional FYSVRTs and family organizations to share updates from WSCC committees and workgroups, FYSVRTs and family organizations and may also include presentations. On even numbered months, the SFN hosts "Dedicated Space for Parents and Caregivers", a place for parents and caregivers to come together to discuss what helped or hurt to be forwarded to WSCC workgroups or committees. For more information about the work of the SFN, see the What We Do page on the WSCC website. A stipend is available for those interested in participating in the workgroups or committees. The SFN also hosts larger events such as the Children's Behavioral Health Summit and the Parent Weekend Training. In addition the SFN also offers technical assistance to the Regional FYSVRTs and provides other technical assistance and training series (for example Serving on Groups and the Understanding series).</p>	For more information, reach out to Richelle Madigan at richellemadigan@wscscsupport.org and Karen Kelly at karenkelly@wscscsupport.org	Those interested	Anytime
Youth Network updates Students Providing and Receiving Knowledge (SPARK) 4:45 – 5:00	<p>Topic Purpose – Share updates on WA Statewide Youth Network activities</p> <p>The Youth Network is set up to function as a space for youth and young adults across Washington to come together to grow as peers and influence the policies, actions and things that most impact them and have a dedicated space to have these conversations.</p>	Contact the Youth Network team at yn@wayouth.us with questions or for more	Anyone interested	Anytime

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Youth Network updates continued. . .	<p>The young people on the development team for the Youth Network (young people working in behavioral health and/or with lived experience and most under the age of 26) continue to meet twice a month to compile their project plan for the next year which includes talking about upcoming events. The Youth Network continues to do presentations at the Regional FYSPRTs and can come to events happening in the regions.</p> <p>Looking forward to sharing more information at a future Statewide FYSPRT meeting.</p>	<p>information. Or you can also reach out to Quentesa Garraway at quentesa.garraway@hca.wa.gov.</p>		
Evaluations and meeting wrap-up Statewide FYSPRT Tri-Leads	<p>Meeting evaluation link provided in the chat for participants to provide feedback on the meeting including possible agenda items for future meetings.</p> <p>Meeting evaluation link will also be emailed out to the group after the meeting.</p>	<p>Tri-leads to review and consider feedback in planning future meetings.</p>	<p>Tri-lead team</p>	<p>February 2025</p>
<i>Next Statewide FYSPRT Meeting</i>				
Tuesday April 1, 2025 3 p.m. - 5 p.m.				

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