

Implementation update: transition of care from state hospitals to the community

House Appropriations Committee

Teesha Kirschbaum, Assistant Director Division of Behavioral Health and Recovery

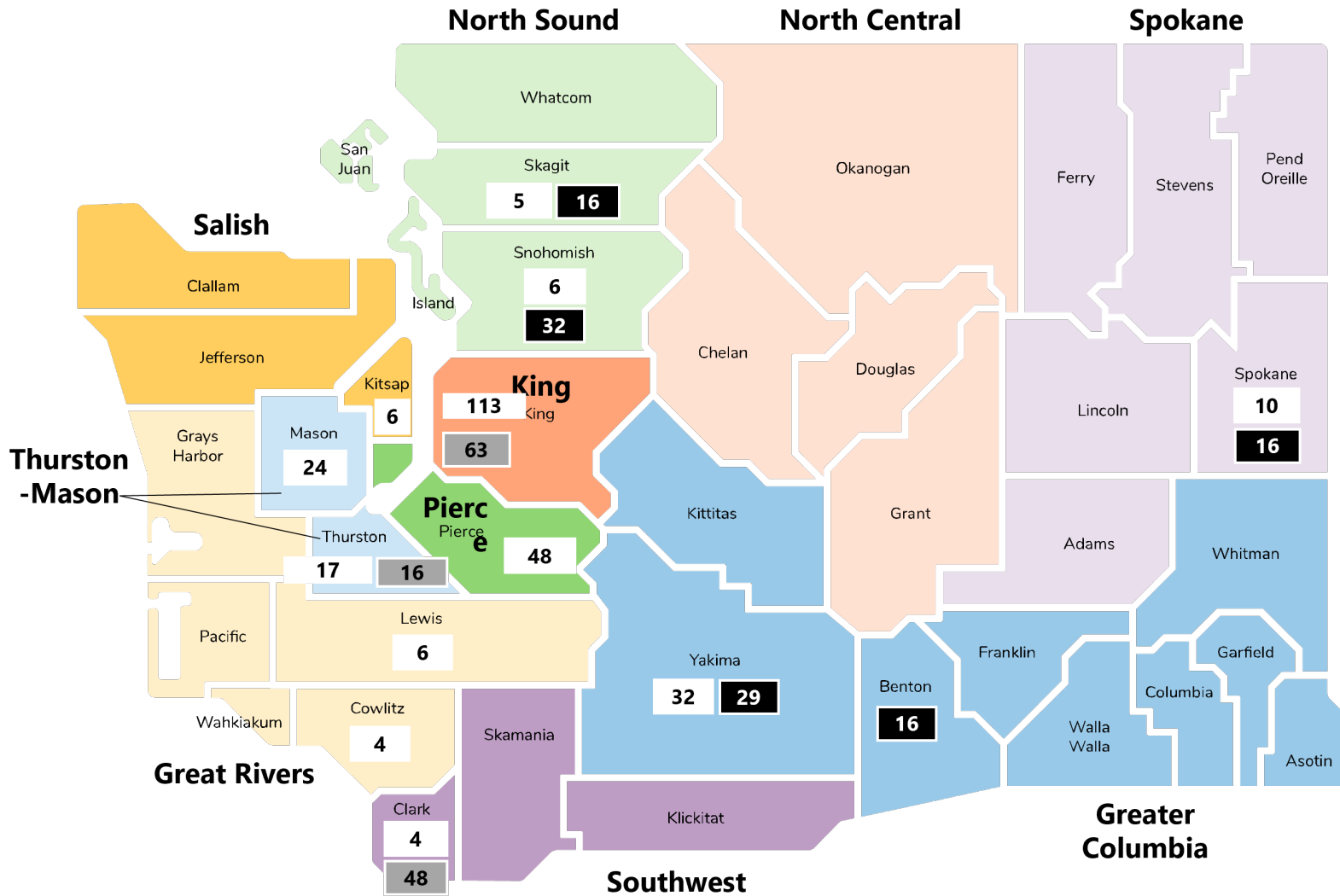
December 9, 2024

Washington State
Health Care Authority

Diversion and discharge strategies

- ▶ To divert civil stays from the state hospital:
 - ▶ Long term civil commitment bed capacity (LTCC)
 - ▶ Creating Intensive Behavioral Health Treatment Facilities (IBHTF)
 - ▶ Expanding and stabilizing Programs of Assertive Community Treatment (PACT)
 - ▶ Piloting intensive residential treatment (IRT) teams

HCA and DSHS-BHA LTCC Beds



Location and number of beds per county, effective November 2024

275

Current contracted HCA beds

- For FY 2024
- **143** beds may be used for civil conversions at select sites

79/48

DSHS owned/operated

- **79** online
- **48** future

109

HCA projected contracted future beds

Projected future total = 511

Counties in need: Spokane, Benton, Chelan, Whatcom, Kitsap, Grays Harbor, and Clark

Note: Estimates are based on available data.



Fern Lodge Behavioral Wellness

- ▶ Tax settlement partnership with Tulalip tribes and Washington State.
- ▶ 16 LTCC beds in Stanwood
- ▶ Currently selecting a facility operator
- ▶ Timeline for opening: spring 2025

LTCC budget, rate increase, and enhancements

▶ LTCC Budget:

- ▶ FY25 GFS: \$71,107,000; GFF: \$69,409,000

*(*LTCC budget includes rate increase and enhancements)*

▶ In the 2023 biennial budget the legislature authorized:

- ▶ Civil conversion rate enhancement

▶ In the 2024 supplemental budget the legislature authorized:

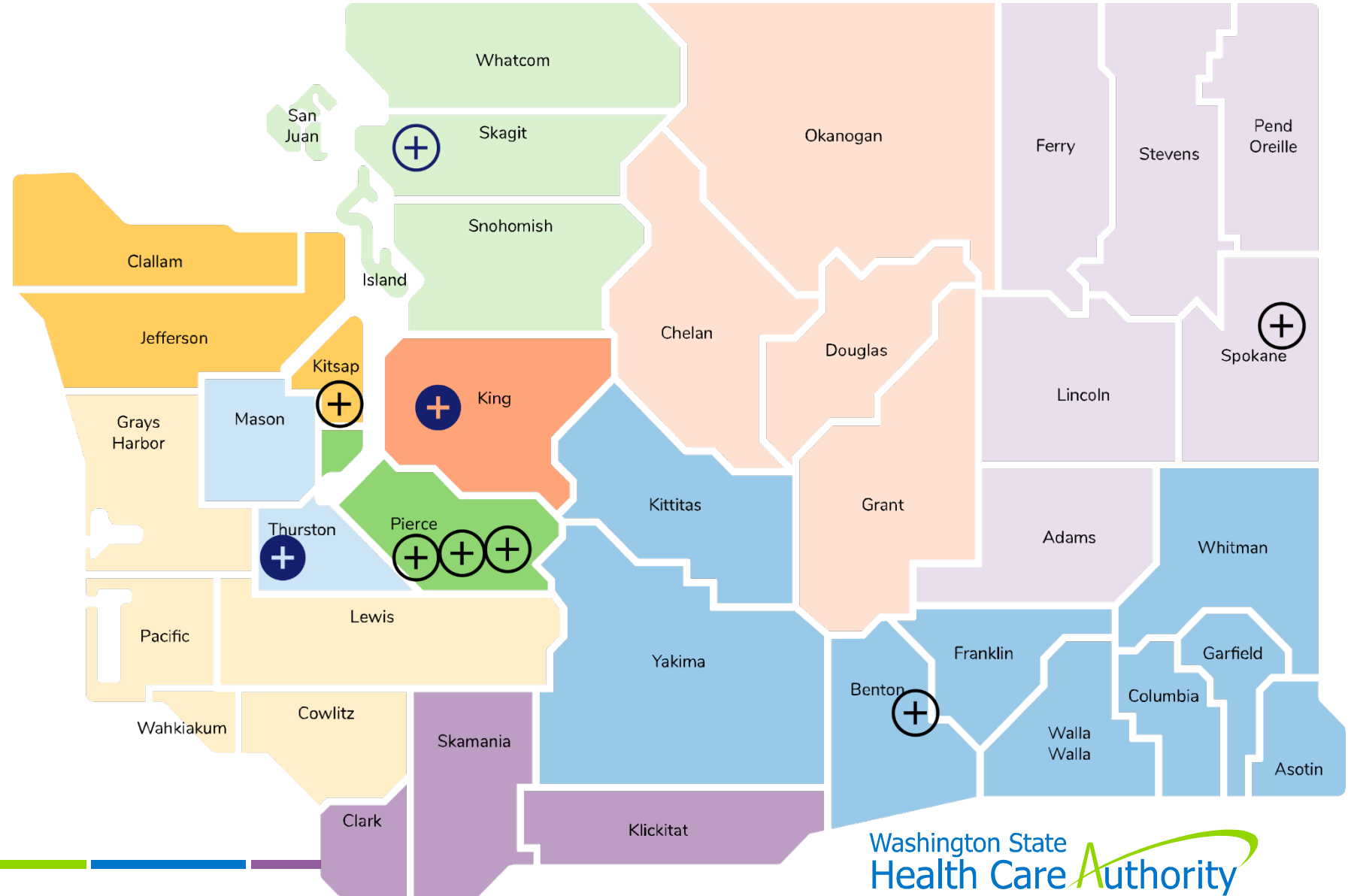
- ▶ Rate increases creating parity to rates offered by managed care organizations
- ▶ Complex medical and behavioral needs enhanced rate

Intensive Behavioral Health Treatment Facilities (IBHTF)

- ▶ Creation of a new facility type and model that provides a pathway for discharge from the state hospitals and long-term civil commitment beds.
 - ▶ Provides an intermediate, residential level of care from long-term involuntary hospitalization
 - ▶ 16-bed facilities providing intensive behavioral health treatment on-site
- ▶ Budget:
 - ▶ FY25 GFS: \$1,401,000; GFF: \$3,201,000
- ▶ Department of Commerce behavioral health facilities grants are providing capital funding for 9 projects statewide
- ▶ HCA provided startup and ramp-up funding and technical assistance

Map of IBHTF facilities

- + Open facilities**
 - Aristo, Renton
 - Supreme Living, Tacoma
- + Planned facilities**
 - Aristo, Kennewick
 - Emerald City Enhanced Services, Tacoma (2022 awardee)
 - Oak Ridge, Bremerton
 - Reliance, Tacoma (2022 awardee)
 - Relief Center, Spokane
 - Unity, Mount Vernon



Program of Assertive Community Treatment (PACT)

- ▶ Budget:
 - ▶ FY25 GFS: \$24,187,000; GFF: \$28,598,000
- ▶ Evidence-based, multidisciplinary approach to serving people with extensive histories of hospitalization and complex behavioral health needs in their community.
 - ▶ Team -based
 - ▶ Outreach-based
 - ▶ Frequent clinical contacts
 - ▶ 24/7, 365 — “a hospital without walls”
- ▶ Focused efforts to increase access for state hospital discharges.
- ▶ When utilized, it reduces future hospitalizations and reduces need for crisis and emergency services.

PACT stabilization, expansion, and supports

- ▶ PACT stabilization supports from the legislature in the 2024 supplemental budget:
 - ▶ Provided one-time ramp-up funding to allow teams to stabilize workforce with utilization expectations
 - ▶ Provided state-directed payment model
 - ▶ Updated the funding methodology in accordance with a team-based model
 - ▶ Added 1.0 HCA FTE dedicated to supporting these efforts
 - ▶ Provided a general rate increase to PACT teams
 - ▶ Added additional technical assistance resources through the University of Washington contract

Intensive residential treatment (IRT) teams

- ▶ Budget:
 - ▶ FY25 GFS: \$1,423,000; GFF: \$2,954,000
- ▶ Pilot programs: 4 IRT teams in 3 counties
- ▶ Wraparound behavioral health services like PACT, but at ALTSA facilities instead of the person's own home.
 - ▶ Receives technical assistance, startup and ramp up funding from HCA through
 - ▶ Creates discharge options
 - ▶ Prevents residential placement disruptions
 - ▶ Prevents future hospitalizations
- ▶ Specialized team in King County serves individuals with intellectual and developmental disabilities

Questions

Contact

- ▶ Evan Klein, Special Assistant, Legislative & Policy Affairs
evan.klein@hca.wa.gov

- ▶ Shawn O'Neill, Legislative Relations Manager
shawn.oneill@hca.wa.gov