

A photograph of a man in a bright green sweater holding a young child in a blue jacket up in the air. The background is a bright, hazy outdoor setting, possibly a beach or park. The text is overlaid on the right side of the image.

HCA Infant Early Childhood Mental Health Office Hours

July 25, 2024

Washington State
Health Care Authority

Today's Agenda

Note: Please drop questions in the chat throughout. HCA's team will respond during open floor portion.

- ▶ Welcome & Getting to know one another
- ▶ Background
 - ▶ Mental Health Assessment for Young Children (MHAYC)
 - ▶ IECMH Statewide Tour
- ▶ IECMH Provider Spotlight
- ▶ Open floor for questions & comments

Welcome from HCA's IECMH team



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Getting to know one another

In the chat box:

- ▶ Your name
- ▶ Your role & agency (if applies)
- ▶ What are you hoping to get from joining today?

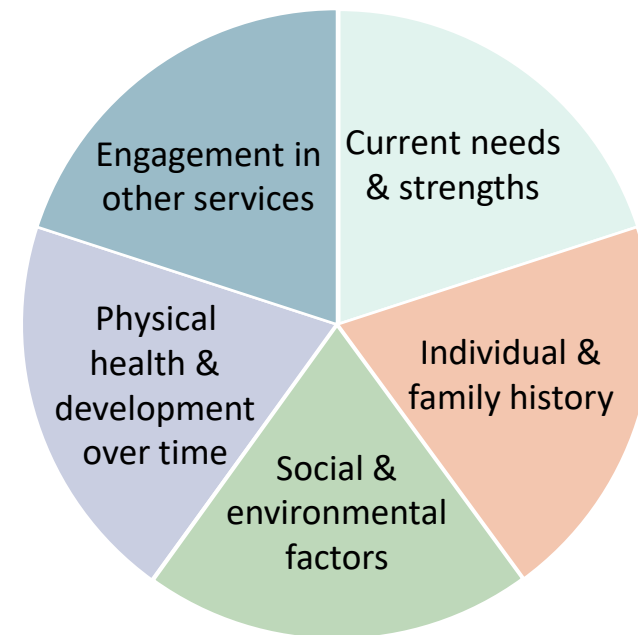


Background

Mental Health Assessment for Young Children (MHAYC)

- ▶ Mental health assessments for children birth through age 5, Apple Health will:
- ▶ Allow reimbursement for:
 - ▶ Multi-session assessments
 - ▶ Provider travel to home and community settings
- ▶ Require providers to:
 - ▶ Use the DC:0-5™

Assessments include topics such as:



IECMH Statewide Tour

“We need improved connection with other partners agencies who work with prenatal to five [age]. We need more days like today.”



By the numbers

10 listening sessions


96 mental health providers

53 organizations


1,720 direct quotes




What else do providers need to offer mental health assessment to young children?






IECMH-specific assessment process





DC:0-5 training and application



Electronic health records & documentation

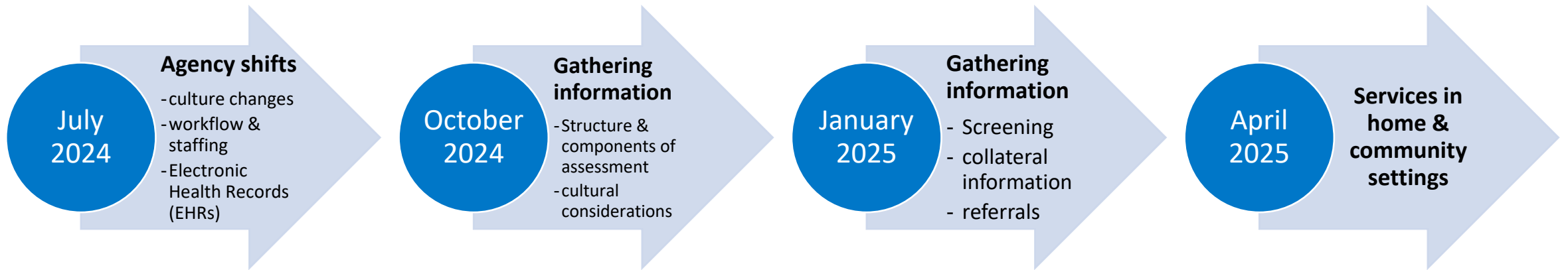


Screening, assessment, & observation



“DC:0-5 training didn't always translate well into practice, particularly for highly stressed, low-income families. The cultural component particularly is challenging to translate.”

MHAYC Provider Spotlight Series



Look for our upcoming series to hear from providers like you about how they are making these changes.

[Subscribe for updates](#)

IECMH Provider Spotlight

IECMH Statewide Tour report

- ▶ **20+** partner orgs
- ▶ **10** listening sessions
- ▶ **96** mental health providers
- ▶ **1,720** direct quotes

 [Read now!](#)



Resource sharing

Infant mental health endorsement

- [Infant Mental Health Endorsement in Washington state](#)

Infant-early childhood mental health (IECMH) Graduate certificate programs

- [Barnard Center IECMH Advanced Clinical Training \(ACT\) program](#)
- [Portland State University \(PSU\) Infant-Toddler Mental Health program](#)

IECMH Evidence-based practice models

- [Child Parent Psychotherapy \(CPP\)](#)
 - [Learn more about CPP Learning Collaboratives in Washington](#)
- [Promoting First Relationships \(PFR\)](#)
- [Parent-Child Interaction Therapy \(PCIT\)](#)