



# HCA Infant Early Childhood Mental Health Office Hours

January 23, 2024

Washington State  
Health Care Authority

# Our time together

**Note:** Please drop questions in the chat throughout. HCA's team will respond during open floor portion.



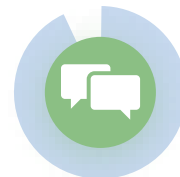
Welcome



Background



Provider Spotlight



Open Floor

# Welcome from HCA's IECMH team

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# Getting to know one another

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## In the chat box:

- ▶ Your name
- ▶ Your role & agency (if applies)
- ▶ What are you hoping to get from joining today?



# HCA IECMH updates

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Apple Health DC:0-5  
Crosswalk updated  
for 2025

[Download](#)



MHAYC Overview for  
Agency Leaders

**Date:** April 17, 2025




**Time:** 2:00 - 5:00 pm

[Register](#)

# Background

# Mental Health Assessment for Young Children (MHAYC)

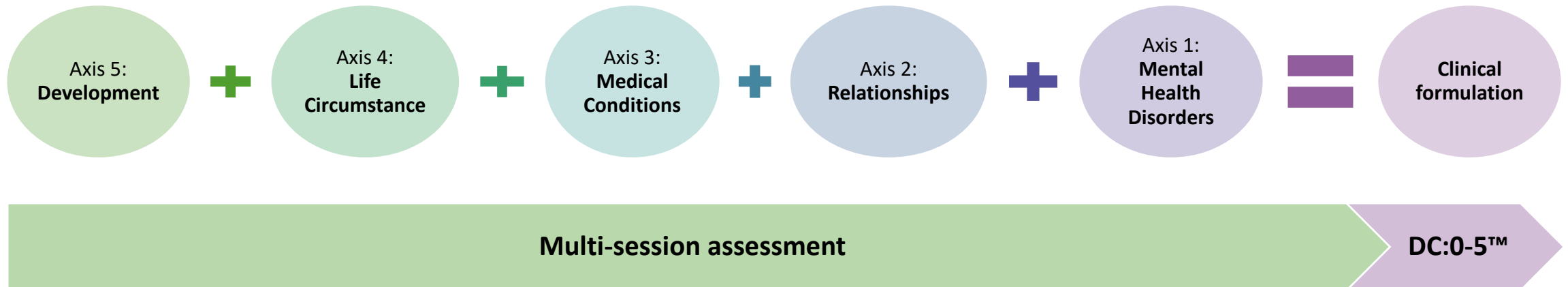
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- ▶ Mental health assessments for children birth through age 5, Apple Health will:
- ▶ Allow reimbursement for:
  - ▶  Multi-session assessments
  - ▶  Provider travel to home and community settings
- ▶ Require providers to:
  - ▶  Use the DC:0-5™

**Assessments include topics such as:**



# Multi-session assessment & DC:0-5™

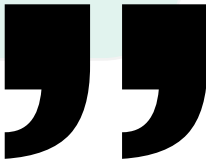


- ▶ **Start with** understanding multiple aspects of a child's life from the family's perspective **BEFORE** diagnosing
  - ▶ It is important to understand the culture & community context of the behaviors
- ▶ **Then,** use the Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood (DC:0-5™) to assess **emotional/behavioral symptoms**, with a **developmental lens**



# IECMH Statewide Tour

*“We need improved connection with other partners agencies who work with prenatal to five [age]. We need more days like today.”*



**By the numbers**

**10** listening sessions

**96** mental health providers

**53** organizations

**1,720** direct quotes




# What else do providers need to offer mental health assessment to young children?

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IECMH-specific assessment process





DC:0-5 training and application



Electronic health records & documentation



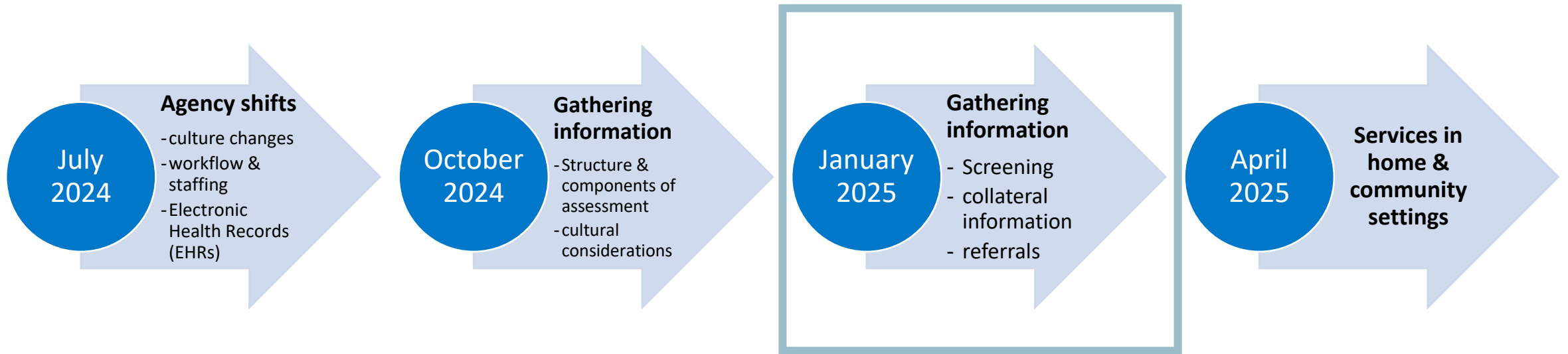
Screening, assessment, & observation



*“DC:0-5 training didn't always translate well into practice, particularly for highly stressed, low-income families. The cultural component particularly is challenging to translate.”*

# MHAYC Provider Spotlight Series

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Look for our upcoming series to hear from providers like you about how they are making these changes.

[Subscribe for updates](#)

# IECMH Provider Spotlight