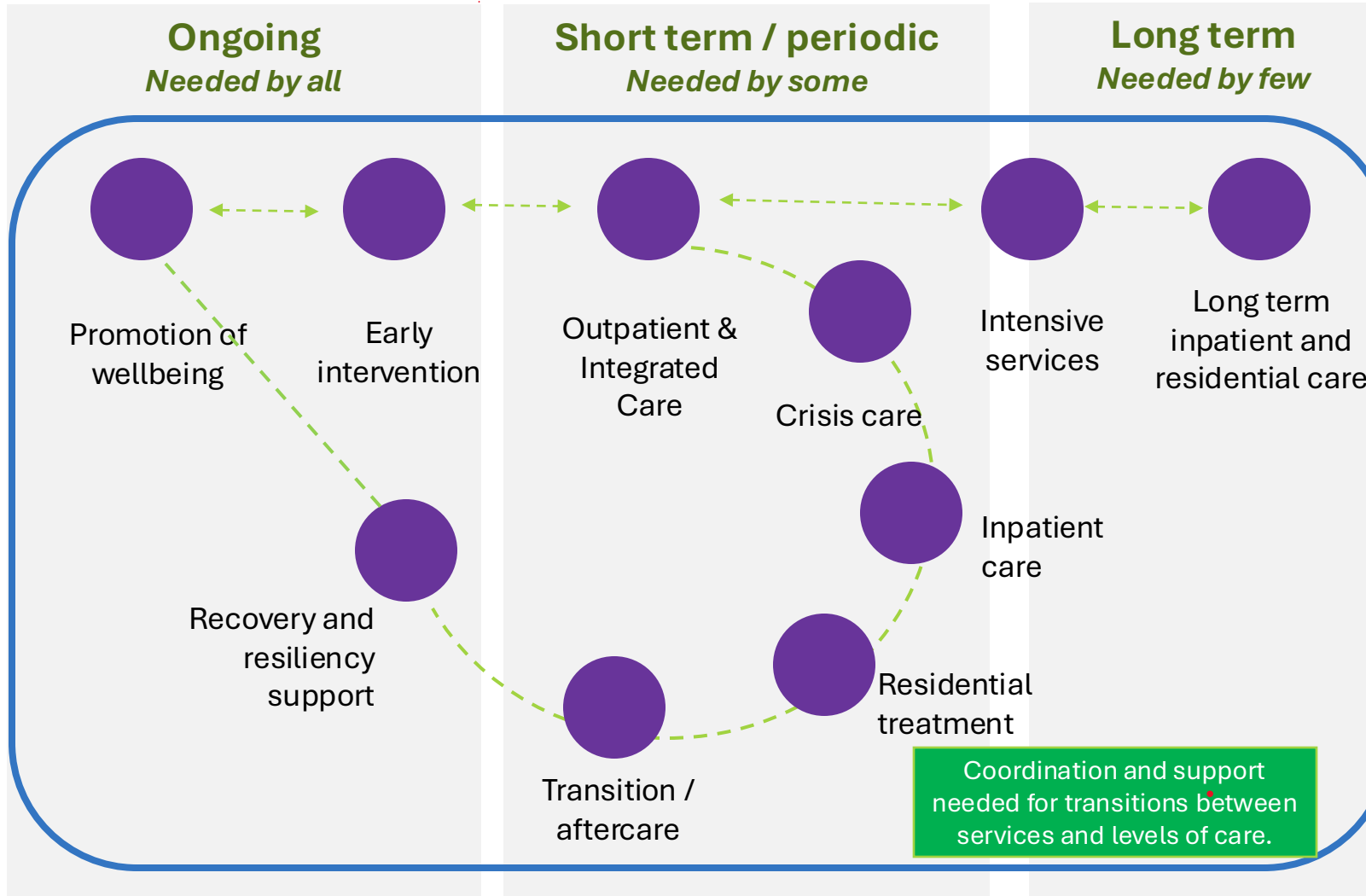


# Continuum of Care

## WA State Joint Legislative & Executive Committee on Behavioral Health (Revised Sep. 2024)



### Promotion, Prevention & Early Intervention

Family, school, and community approaches are aimed at eliminating stigma, improving mental health and preventing behavioral disorders. Ensure timely support.

**Outpatient & Integrated Care** Individuals with emerging or identified behavioral health needs benefit from integrated physical and behavioral health outpatient counseling and medication management, tiered psychiatric consultation and care coordination.

**Intensive Services** Those with moderate to intensive needs who are at risk of transitioning from a residential or inpatient setting benefit from time-intensive skill-building services, family support, targeted case management, and wraparound services.

**Comprehensive Crisis Care** Those experiencing a crisis have access to hotlines, mobile response, crisis observation, crisis stabilization, respite, and peer services.

**Inpatient Care** Individuals with acute behavioral health needs benefit from emergency psychiatric consultation and inpatient care.

**Residential Treatment** Individuals who require stabilization benefit from short-term, community-based psychiatric residential treatment and therapeutic group homes.

**Recovery and Resiliency Support** Services that assist individuals while building the capacity to cope with future stressors. Focus on both immediate recovery and long-term emotional and psychological resilience.

**Transition/Aftercare** Guiding and supporting individuals to whatever next level best suits their needs.

**Overarching Issues:** Equity and disproportionate impacts, Workforce development, Developmental disabilities, Insurance and Medicaid coverage, Trauma-informed and culturally responsive care, Supportive housing, Availability of community services.

This graphic is adapted from TriWest Group. (2024). *Comprehensive service array for children, youth, young adults and families.*