

Mental Health at Work – Creating a Stigma-Free Workplace Resources

- Center for Workplace Mental Health: <u>http://workplacementalhealth.org/</u>
 - ICU Program Implementation Guide: <u>http://www.workplacementalhealth.org/Employer-Resources/ICU</u>
- National Alliance on Mental Illness (NAMI): <u>https://www.nami.org/Home</u>
 - NAMI's "StigmaFree Company" Partnership Initiative: <u>https://www.nami.org/Get-Involved/Pledge-to-Be-StigmaFree/StigmaFree-Company</u>
- Mind Share Partners: <u>https://www.mindsharepartners.org</u>
 - Resources During the Coronavirus Pandemic <u>https://www.mindsharepartners.org/mentalhealthresourcesforcoronavirus</u>
 - Creating an Employee Resource Group: https://mindsharepartners.lpages.co/erg/
- Kaiser Permanente:Mental Health at Work Creating a Stigma-free Culture: <u>https://business.kaiserpermanente.org/insights/mental-health-workplace/supporting-mental-health</u>
- Mental Health America Mind the Workplace: <u>https://www.mhanational.org/workplace-wellness</u>