Medicaid Transformation Project (MTP) Public Forum

Welcome! The webinar will begin momentarily.

Your microphone will be muted while presenters are speaking.

Use the chat to share feedback or ask questions.

This webinar will be recorded and posted on the HCA website.

Communication Access Real-time Transcription (CART) services are available at the link in the chat.

Washington State
Health Care Authority

2024 Medicaid Transformation Project (MTP) Public Forum

December 11, 2024

Washington State
Health Care Authority

Welcome!

- We're recording this webinar and have muted all attendees
- Communication Access Real-time Transcription (CART) services are available at the link in chat
- The Health Care Authority (HCA) does not permit Artificial Intelligence (AI) note taking apps
- There will be time at the end of the presentation for Q&A
  - Submit comments throughout the presentation using the "Chat" function
  - We will hold all questions until the Q&A portion
- View the slide deck and webinar recording:
  - https://www.hca.wa.gov/about-hca/programs-and-initiatives/medicaid-transformation-project-mtp/meetings-and-materials

Washington State
Health Care Authority

Agenda

- Today's presenters
- MTP overview and renewal (MTP 2.0)
- Deep dive into MTP 2.0 programs
  - ▶ Reentry from a carceral setting
  - ▶ New coverage expansions
  - ▶ Health-related social needs (HRSN) services
  - ▶ Housing and employment
  - ▶ Long-term services and supports innovations
- Q&A
- Resources and contact info

Washington State
Health Care Authority

Today's presenters

- **Emma Oppenheim,** MTP Director, HCA
- **Emily Good,** Eligibility Policy Manager, HCA
- **Cassidy Farrow,** MTP Senior Health Policy Analyst, HCA
- **Matt Christie,** Health-Related Social Needs Manager, HCA
- **Sagung Colina,** MTP Senior Health Policy Analyst, HCA
- **Lena Nachand,** Tribal Liaison for Medicaid Transformation, HCA
- **Rob McDonough,** Medical Respite Program Manager, HCA
- **Rayan Orbom,** FCS Program Administrator, HCA
- **Whitney Joy Howard,** Housing Integration Unit Manager, DSHS
- **Ed Taylor,** Senior Project Manager, HCA
- **Rachelle Alongi,** Policy Communications Manager, HCA
- **Lyndsay Fluharty,** MTP Communications Manager, HCA

Washington State Health Care Authority

MTP 2.0 overview

- ▶ MTP is Washington's Section 1115 Medicaid demonstration waiver between HCA and Centers for Medicare & Medicaid Services (CMS)
- ▶ Received approval from CMS in June 2023 to continue efforts for five more years: MTP 2.0
- ▶ In 2024, we are widening our reach to provide more programs, services, and supports to our most vulnerable populations

Washington State
Health Care Authority

MTP 2.0

The Medicaid Transformation Project (MTP) is Washington State's Section 1115 Medicaid demonstration waiver. MTP allows our state to create and continue to develop projects, activities, and services that improve Washington's health care system.

All MTP programs support Apple Health (Medicaid) enrollees.

In June 2023, the federal government approved MTP to continue for an additional five years. We call the MTP renewal "MTP 2.0," which will help widen our reach to provide more programs, services, and supports to our most vulnerable populations.

Topic

New program

Continued program

Behavioral health

Mental health IMD

Contingency management for SUD treatment

Substance use disorder (SUD) IMD

Older and aging adults & family caregivers

Presumptive Eligibility

Medicaid Alternative Care (MAC) & Tailored Supports for Older Adults (TSOA)

Housing & employment

Foundational Community Supports

Health-related social needs (HRSN)

Native Hub

Community Hubs

Other HRSN services

HRSN system

HRSN infrastructure

Reentry from a carceral Setting

Reentry services for individuals leaving a prison, jail, or youth correctional facility

Continuous enrollment

Continuous Apple Health enrollment for children, ages 0–5

Apple Health postpartum coverage expansion

IMD stands for "institution for mental diseases." IMDs are hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental diseases, which includes SUD.

We acknowledge the term "mental disease" may be harmful or stigmatizing. We use it in this context only to reflect the legal terminology used in statute.

Reentry from a carceral setting

Reentry Initiative

Background

- Historically, Medicaid coverage is suspended during periods of incarceration

- Federal government has created new flexibility to allow for the billing of 90 days of services during the pre-release period

HCA approach

- Phased approach to implementation

- Carceral facilities can self select into one of three cohorts
  - Cohort 1 launches in July 2025

- Before facilities can "go live," they need to meet a series of readiness milestones

Washington State
Health Care Authority

Reentry Initiative: covered services

▶ Mandatory services:
  ▶ 30 days of medications upon release
  ▶ Medications for opioid use disorder (MOUD) and alcohol use disorder (MAUD)
  ▶ Targeted case management

▶ Optional services:
  ▶ Lab and radiology
  ▶ Services by community health workers with lived experience
  ▶ Physical and behavioral clinical consultations
  ▶ Medications during the pre-release period

Washington State
Health Care Authority

Reentry Initiative: successes and challenges

Successes

▶ Lots of interest! A majority of facilities in the state have signed up to participate

▶ High engagement from facilities in one-on-one meetings and monthly presentations

Challenges

▶ Building facilities' knowledge of Apple Health (Medicaid) coverage and requirements

  ▶ Hosting a learning series in early 2025

▶ Diverse size and type of facilities makes a no "one system fits all" approach

Washington State
Health Care Authority

New coverage expansions

New coverage expansions implemented

Continuous coverage of children 0–5

- Implemented in June 2023 for Medicaid-eligible children
- 257,118 children are currently enrolled
- Six additional states have implemented continuous eligibility (CE) up to age 6
  - One state has implemented CE up to age 3
  - Four states are developing a multi-year CE period for children

Apple Health post-partum coverage

- Implemented in June 2022
- As of December 2024:
  - 22,646 clients transitioned from Apple Health (Medicaid)
  - 972 clients new to Apple Health (Medicaid)
  - Total client count: 23,618

Washington State
Health Care Authority

Health-related social needs (HRSN) services

Washington State
Health Care Authority

HRSN services: phased implementation approach

Phase 1

Phase 1a

Nine Community Care Hubs and one statewide Native Hub

- HRSN referrals
- Outreach
- Education

Soft launched July 2024 (pending CMS approval of services protocol document)

Phase 1b

- Housing transition navigation services
- Rent/temporary housing

Tentative launch date: Spring 2025 (pending approval of services protocol document and rate methodologies)

- Medical Respite

Launch date: July 2025

Later phases

- Caregiver respite
- Nutrition supports
- Home accessibility, remediation, and adaptation services
- Community transition services:
  - Transportation for non-emergency, non-medical needs
  - Personal care and homemaker services
- Stabilization centers
- Day habilitation

Washington State
Health Care Authority

HRSN housing

New services for 2025

- Housing transition navigation services
- Rent and temporary housing

Successes

- Services and rate methodologies submitted to CMS for approval
- Strong community support for new services

Challenges and opportunities

- New supports not provided before by Medicaid
- Create and leverage new relationships to deliver services

Washington State
Health Care Authority

Community Care Hubs

- Nine Community Care Hubs and one Native Hub

- Accountable Communities of Health (ACHs) and the Native Hub are sole providers of the Social Care Support service

- Social Care Support: screenings, referrals, and coordination of services to waiver HRSN services and non-waiver community resources

- Community Care Hubs working closely with a large network of community partners and community-based organizations

Washington State
Health Care Authority

Community Care Hubs

Successes

▶ Approval of the HRSN infrastructure protocol released infrastructure investments to ACHs to support the development of Community Care Hubs and HRSN service delivery

▶ Adopted alignment criteria in coordination with Department of Health's Community Care Hub model

Challenge

▶ Waiting for CMS approval of the HRSN services protocol document, which will allow the state to release service funds for the Community Care Hubs, Native Hub, and other HRSN services
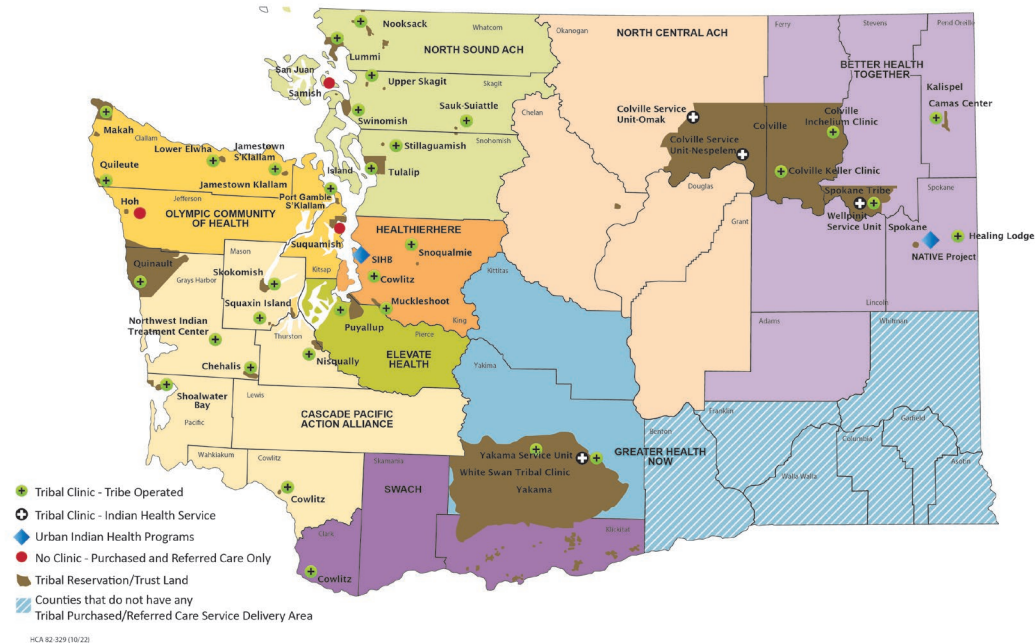
Next Steps

▶ Data sharing with Managed Care Organizations (MCOs)

▶ Reporting to HCA

Washington State
Health Care Authority

Native Hub

- The Native Hub is newly established under MTP 2.0

- Intended to be a resource for all Tribes, therefore developing a process in partnership with the 29 federally recognized Tribes and the two Urban Indian Health Programs

- On September 10, 2024, the American Indian Health Commission hosted a Tribal caucus – outcome is desire to move forward with Native Hub development

Washington State Tribes and Tribal Health Clinics

Medical Respite

Successes and next steps

▶ Goes live in July with a reimbursable service for managed care and fee-for-service members

Challenge

▶ Transitioning medical respite from a value-added benefit to a reimbursable service

Washington State
Health Care Authority

HRSN Phase 2

Successes

▶ Collaborated with external partners to inform Phase 2 HRSN implementation approach

▶ Developing rate methodologies to submit to CMS

Next Steps

▶ Continue to work on Phase 2 HRSN implementation in 2025

Washington State
Health Care Authority

Housing and employment

Washington State
Health Care Authority

Foundational Community Supports (FCS): successes

- Over 48,000 individuals have enrolled since January 2018

- 221 providers under contract with Amerigroup;
  - 543 locations across the state

- Nearly 3,000 mobile phones distributed to enrollees since COVID-19 outbreak
  - Another round early 2025

- Statistically significant outcomes (through September 2024):
  - More hours worked and wages earned among enrollees
  - Transitions out of homelessness
  - Higher utilization of other services
  - Decreases in arrests for Supported Employment enrollees

Washington State
Health Care Authority

FCS: challenges

- Lack of available affordable housing
- Connecting individuals to services and engagement with providers
  - ▶ Regional differences
  - ▶ Urban vs. rural
  - ▶ Providers new to Medicaid
- Expanding services to reach inpatient treatment recipients
- Workforce shortages

Washington State
Health Care Authority

Long-term services and supports innovations

ALTSA: FCS supportive housing

Data as of September 2024

Serving **1,614 ALTSA** Clients

Complex Population Connected to Services		
ALTSA clients with identified Serious Mental Illness (SMI)	**72%**	**64%** Non-ALTSA clients with identified SMI

65+ Years: Independent Housing an Option		
ALTSA SH clients age 65+	**21%**	**3%** Non-ALTSA SH clients 65+

- **Dedicated FTE:** Coordinates FCS-SH referrals for long-term care clients, provides technical assistance, and trains field staff and housing providers.

- **FCS-SH Service Utilization:** Consistently higher amongst ALTSA clients than non-ALTSA clients. This may be attributed to ALTSA's dedicated headquarter FTE and field staff who support care coordination between LTSS and FCS providers.

Washington State
Health Care Authority

ALTSA: FCS supported employment

Serving 1,128 ALTSA Clients

Complex Population Connected to Services		
ALTSA clients with identified Serious Mental Illness (SMI)	**77%**	**68%** Non-ALTSA clients with identified SMI

65+ Years: Employment an Option		
ALTSA SE clients age 65+	**10%**	**1%** Non-ALTSA SE clients 65+

- **Preliminary Findings: Client Analysis** *(Updated 2021)*
  - ▶ **Positive impacts** on employment rates for enrolled ALTSA clients
  - ▶ **+75%** increase in employment rates for enrolled ALTSA clients
    - ➢ *Clients employed prior to enrollment: 8.4% → 14.7%*

Washington State
Health Care Authority

ALTSA: Long-term Services and Supports (LTSS) Presumptive Eligibility (PE)

Successes

- Expanded the use of PE to new populations
  - ▶ Phase 1 (as of December 4, 2023): Individuals discharging from acute care & community psychiatric hospitals needing in-home LTSS
  - ▶ Phase 2 (summer 2025): Any individual needing in-home LTSS

Challenges

- Requesting various LTSS PE CARE enhancements
- Determining workload impact of Phase 2
- Still in negotiation with CMS for Phase 3

Washington State Health Care Authority

ALTSA: Medicaid Alternative Care (MAC) & Tailored Supports for Older Adults (TSOA)

Successes

- Provided supports and services to over 18,900 older adults since 2017 (in addition to their unpaid family caregivers)
- Current caseload over 4,485 older adults
- In renewal, we were able to:
  - Increase income and resource limits for TSOA eligibility
  - Add four additional new services to MAC and TSOA benefit package: Nurse delegation, pest eradication, specialized deep cleaning, and community choice guide

Challenges

- Re-engaging participants after the public health emergency
- Shortage of direct care workers providing personal care and respite

Washington State
Health Care Authority

Q&A

Do you have any questions or comments for us?

Washington State
Health Care Authority

MTP resources

- **MTP website:** hca.wa.gov/about-hca/programs-and-initiatives/medicaid-transformation-project-mtp

- **MTP 2.0 FAQ:** hca.wa.gov/assets/program/about-mtp-2.0.pdf

- **Reentry Initiative FAQ:** https://www.hca.wa.gov/assets/program/reentry-faq.pdf

- **Accountable Communities of Health (ACHs):** https://www.hca.wa.gov/about-hca/programs-and-initiatives/medicaid-transformation-project-mtp/accountable-communities-health-achs

- **Older and aging adults and family caregivers:** https://www.hca.wa.gov/about-hca/programs-and-initiatives/medicaid-transformation-project-mtp/older-and-aging-adults-and-family-caregivers

Washington State
Health Care Authority

Thank you!

Sign up to receive MTP announcements at: https://public.govdelivery.com/accounts/WAHCA/suSignbscriber/new?topic_id=WAHCA_373

Contact us at: medicaidtransformation@hca.wa.gov

**Washington State
Health Care Authority**