

Year One Report for the 2023-2025 Biennium

To the
Washington State Health Care Authority (HCA)
Division of Behavioral Health and Recovery (DBHR)

From the
Parent-Child Assistance Program (PCAP)

Report Time Period: July 1, 2023 through June 30, 2024

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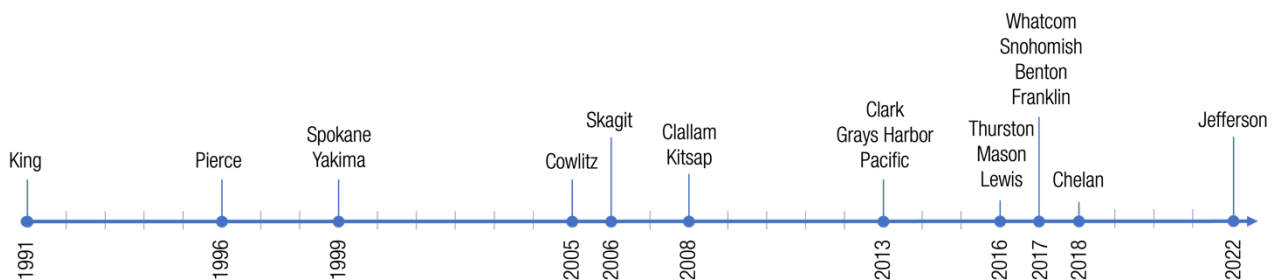
University of Washington Parent-Child Assistance Program (UW PCAP) Executive Summary

Report Time Period: July 1, 2023 through June 30, 2024

The Parent-Child Assistance Program (PCAP) serves individuals who have engaged in at-risk use of alcohol and/or drugs during pregnancy at 15 sites serving 20 Washington counties. Mothers are enrolled in PCAP during pregnancy or up to twelve months postpartum. When space allows, mothers between twelve and twenty-four months postpartum may be enrolled. Clients receive three years of case management/advocacy, coaching, and family support from experienced, highly trained, and well-supervised case managers via home visitation (when possible) and other one-on-one visits in their communities.

The primary goals of PCAP are to help birthing parents with substance use disorders obtain needed treatment and resolve substance use-related problems; to link clients with health, social, and community services to support long-term recovery; to promote safe, stable home environments for their families; and to decrease the likelihood that future children will be exposed to alcohol or drugs prenatally. PCAP sites across the state work with the strengths and challenges of the unique communities in which they operate, while maintaining fidelity to the theoretical foundations, core components, and operational protocols of the PCAP model.

The program began in King County in July 1991 and officially expanded to other counties as shown below. When feasible, clients may be seen from other neighboring counties.



This Executive Summary reviews work conducted from July 1, 2023, through June 30, 2024, during the first year of the 2023-2025 biennium at the fifteen PCAP sites and at the University of Washington Parent-Child Assistance Program (UW PCAP). UW PCAP is responsible for statewide training, technical assistance, and evaluation to document program outcomes. UW PCAP monitors program processes to promote quality control and ensure fidelity to the core components of the PCAP model.

The PCAP statewide administrative team includes Susan Stoner, Ph.D., Washington State PCAP Director; Alanna Feltner, Program Evaluator; Stacy Dimmich, Program Operations Specialist; Annalivia Robinson, Avery Park, and Liz Smith, Evaluation Interviewers; Sarah Franich, Evaluation Data Quality Specialist; 17 PCAP site clinical supervisors; and Sarah Pine, PCAP Contract Manager for the Washington State Health Care Authority, Division of Behavioral Health and Recovery (DBHR).

Throughout the year, the statewide administrative team has continued to meet regularly via Zoom to discuss ongoing change initiatives. These meetings have provided a forum to discuss successes and challenges as well as ways to improve the work and meet contract obligations within the context of ever-changing local and state resource availability. In addition, team members communicate and consult with each other on a regular basis via email, phone, and Zoom. Beginning this year, the statewide

administrative team met quarterly via Zoom, with the option of a hybrid in-person format, convening at sites that agree to host the meeting. Thus far all meetings have been via Zoom.

UW PCAP has continued to emphasize high-quality implementation and maintenance of fidelity to the PCAP model. Fidelity is promoted primarily through initial and refresher training in the PCAP model for all PCAP staff. PCAP refresher training for all site case managers and clinical supervisors aims to improve their skills and avoid drift from the core components of the model. Other PCAP training during the reporting period included training on PCAP evaluation, using the REDCap database (which took the place of DatStat), and interviewing with the Addiction Severity Index (ASI).

Ongoing professional development is one of the hallmarks of PCAP. As such, UW PCAP arranges for PCAP staff statewide to receive professional training in Motivational Interviewing, Promoting First Relationships, and on Fetal Alcohol Spectrum Disorders. Since the COVID-19 safe-distancing and other restrictions began in March 2020, all PCAP training has been conducted remotely via Zoom. However, this year, UW PCAP hosted its first annual statewide training and team-building event that supervisors attend in person and staff may attend either in-person or via Zoom (see Presentations and Trainings by UW PCAP Staff).

UW PCAP maintains the PCAP website (<http://pcap.psychiatry.uw.edu>, also reachable via <http://www.pcapwa.org>) with up to date information for community members and resources for entities interested in implementing PCAP. The website contains a *How to Make a Referral* contact form for the public and these referrals are forwarded to the appropriate site. The website has a password-protected section of the website (“Program Intranet”) so that the general public does not have a window into the broad range of sensitive evaluation data that are collected from program participants.

UW PCAP provides the 15 direct services PCAP sites with two central SharePoint sites, *Team-PCAP* and *Team-PCAPWA*, to use for internal processes, to exchange information, and for storage of all PCAP protocols, forms, and training resources. The former is restricted to PCAP clinical supervisors while the latter is open to all PCAP staff. Additionally, UW PCAP maintains an online data management platform, using REDCap, for sites to track their caseloads, complete regular reports on each client (monthly and semi-annually) and submit evaluation data.

In this reporting period, the sites share both successes and challenges, including a dearth of affordable housing for clients and their families, a lack of available substance use disorder treatment beds, and the pervasive presence of fentanyl.

Across the state, despite some localized improvements, it was noted that the availability of housing for low-income families remained insufficient. Nonetheless, review of PCAP outcome data shows that PCAP sites had an impressive degree of success in getting clients into housing in the face of the ongoing low-income/supportive housing shortage.

In parallel with the lack of affordable housing for clients and their families was a lack of available treatment beds for substance use disorders, particularly those enabling parents to remain with their children. Sites noted that outsourcing treatment can be a lengthy process, and clients often lack the resources to travel to a treatment bed coming available in another part of the state.

Again, this year, several sites noted that fentanyl remained a primary drug of choice, which posed significant challenges, particularly given its high overdose potential. Indeed, multiple sites experienced an overdose death of a client or client’s family member. Sites have continued to work to expand access

to Narcan/naloxone and medications for opioid use disorder.

Finally, staff retention has remained a significant challenge for PCAP sites, several of which struggled to find qualified applicants to fill vacant positions. Others noted that salary rates still have not kept pace with those of competing agencies seeking similarly qualified personnel. During this reporting period, 19 PCAP site staff left their positions, just over half as many compared to the prior year (with 36 departures). Seven reportedly departed for personal/private reasons, five got better paying jobs, three moved out of the area, two sought to pursue more education, one was promoted within their agency, and one moved to a different job. All 19 staff members were case managers.

Undaunted by the identified challenges, PCAP sites continued to serve their clients and families in creative ways. In this report's Client Events section, the sites report activities such as providing holiday parties, arts and crafts projects, and food and gift baskets, with the support of generous donations from community groups. Examples of creative support for PCAP clients and families include the following:

Benton/Franklin PCAP hosted a Trunk or Treat event for clients and their families. Pumpkin decorating kits were given out and refreshments were served.

Chelan PCAP hosted a donation giveaway with an Easter theme. Children had their pictures taken with the Easter Bunny, and grilled hamburgers and hotdogs were served.

Clallam/Jefferson PCAP secured outside funding to provide PCAP families with car repairs, safety items for children, household goods, groceries, and clothing for the family.

Clark PCAP held their annual "Holiday Gift Shop" at the PCAP office, where clients were able to select newly donated toys, clothing, books, and electronics for their children, and scooters, bikes, and gift cards were raffled off.

Cowlitz PCAP hosted a Halloween celebration for current and past PCAP clients at their office. Children trick-or-treated and participated in art activities. Snacks and prizes were provided.

King PCAP hosted a Parent Meet-Up group at a park where their children could play and enjoy snacks provided.

Kitsap PCAP invited clients to stop by and create a "soul collage" focused on their concept of love. Materials for the collages and light refreshments were provided.

Pierce PCAP held its second annual Ice Cream Social and BBQ. Clients and families enjoyed a splash pad, delicious food, and music; gift cards, self-care baskets and other prizes were raffled off.

Skagit PCAP hosted their annual Sugar Plum Christmas Event to help PCAP families obtain Christmas gifts for their children.

Snohomish PCAP hosted a Christmas party, with food, crafts and games, and a singing Santa. Some clients reported that this was the first time they had gotten pictures of their kids with Santa.

Spokane PCAP hosted a summer "Park Day," supplying pizza and ice cream with the goal of enabling clients to get to know each other and form sober friendships.

Thurston/Mason/Lewis PCAP partnered with local food banks to provide holiday meals during Thanksgiving and Christmas. On “Santa Day” they hosted a cocoa bar and distributed children’s books, gifts, and goody bags.

Whatcom PCAP distributed gift cards and pumpkin pies to families during the month of November.

Yakima PCAP reserved a local pool for their first annual Pool Party, at which clients and families were served pizza and beverages.

PCAP Replication, Training, and Consultation

With outside funding, UW PCAP continues to provide consultation and training for PCAP replication/adaptation sites in California, Nevada, Oklahoma, and to other groups seeking information about aspects of the model or starting a new site. We describe these activities in detail in the Program Activities section of the report.

Publications

Using outside funding, this reporting period saw the publication of an article in the journal *BMC Public Health* describing an analysis of PCAP outcome data by race and ethnicity. Examining outcome data between 2007 and 2020 (prior to the governor’s stay-at-home order for the COVID pandemic and prior to HCA asserting ownership of PCAP outcome data), it was found that participants who finished the program achieved comparable outcomes regardless of race/ethnicity; however, American Indian/Alaska Native clients were less likely than other racial/ethnic groups to complete the program. More work is needed to understand why this occurred and to close this service gap. The article was published Open Access and is available at <https://link.springer.com/article/10.1186/s12889-023-16670-z>.

(see Publications, Products Developed and Other Information Dissemination section).

Client Exit Outcomes

In this report we present cumulative exit outcome data from the 2094 clients who have exited PCAP (190 in Spokane, 188 in Snohomish, 189 in King, 141 in Pierce, 171 in Clark, 158 in Thurston/Mason/Lewis, 92 in Benton/Franklin, 112 in Kitsap, 151 in Yakima, 152 in Cowlitz, 172 in Clallam/Jefferson, 138 in Grays Harbor/Pacific, 91 in Skagit, 118 in Whatcom, and 31 in Chelan counties) during the past six years (July 2018–June 2024). We include information from 1,591 who completed the exit interview, combined where possible with data from 503 clients who have not been located for exit interview but for whom we have cumulative program data. Examination of whether or not the exit ASI was obtained indicates that over half of sites are meeting or close to the benchmark of no more than 20% loss-to-follow-up: Clallam/Jefferson, 3%; Yakima, 9%; Cowlitz, 12%; Kitsap, 13%; Snohomish, 15%; Clark 19%; Grays Harbor-Pacific, 21%; Thurston/Mason/Lewis, 23%. However, meeting the benchmark appears to be particularly challenging for other sites: Spokane, 30%; Benton/Franklin, 30%; Pierce, 36%; King, 37%; Whatcom, 43%; Skagit, 51%; Chelan, 81%.

Status of Exited Clients

Seventy-seven percent were at reduced risk for delivery of another substance-exposed birth: being either abstinent from alcohol and drugs for at least 6 months or using a regular family planning method on a consistent basis, or both.

Eighty-eight percent completed some type of alcohol/drug treatment (or were in progress), including 95% who completed inpatient or outpatient treatment (or were in progress) at the time of their exit

interview. At the point of their exit interview, 45% were currently abstinent from alcohol and drugs at exit for at least one month; 33% for at least six months; 28% for at least one year. Among clients who were still using substances at exit, the most common substances being used were alcohol (18%) and cannabis (30%).

At exit, 70% were using a method of family planning on a regular basis; 55% were using regular Depo-Provera injections, hormonal implant, IUD, or had obtained a tubal ligation. 60% were using one of these methods, or birth control pills, or the one-week birth control patch. Over the course of the three-year program, 21% (n = 328) had a subsequent delivery. Of these, 50% had pregnancies that were unexposed to alcohol and drugs (n = 161 pregnancies); and 30% quit using during pregnancy (n = 91).

A total of 41% of the women received government cash assistance (TANF) income at enrollment. However, 27% received some welfare/TANF income at exit (mean \$524/month). While 11% of the women were employed at enrollment, 41% were receiving income from employment at exit (mean \$1,564/month). During the program, employment replaced welfare at least once for 41% of clients. At exit, employment was the main source of income for 33% of clients and TANF was the main source of income for 12%. SSI was the main source of income for 11%.

At exit, 88% of target children were living either with their biological mother (74%) or with family member/friend (15%); 6% had been legally adopted; 5% were in foster care.

While only 25% were in stable housing at enrollment, 72% were in permanent, stable housing at exit.

Intake Characteristics, Client Outcomes in Progress, and Client Exit Outcomes

Report Time Period: July 1, 2023 through June 30, 2024

(See pages 8-43, attached separately.)

The Parent-Child Assistance Program (PCAP)

Program Activities

Report Time Period: July 1, 2023 through June 30, 2024

University of Washington Parent-Child Assistance Program (UW PCAP)

Successes

During this reporting period, Dr. Susan Stoner, Washington State PCAP Director, continued to work to modernize the 30-year-old program, with the aim of developing ways to promote the program's sustainability and scalability. UW PCAP has continued to reframe how PCAP is conceptualized, characterizing PCAP primarily as a fully disseminated, evidence-informed intervention program with integrated evaluation components, rather than a research program. It has continued to support the sites by providing baseline and follow-up ASI interview services as well as ASI training to site supervisors.

UW PCAP continues to provide annual refresher training in the PCAP model with trained trainers to all sites. For a few years, the trainers have consisted of two PCAP clinical supervisors: Linda Segur (Kitsap) and Sara Gongora Garcia (Clark). In late 2023, Ms. Garcia stepped away from this training role and Kassie Jadin (Thurston/Mason/Lewis) began train-the-trainer training with Ms. Segur. The supervisors took time off from their clinical supervisor role to serve as UW PCAP trainers for these 16-hour trainings. Since the onset of the COVID-19 pandemic, these trainings have been conducted via Zoom, the convenience of which trainees and trainers appreciate. Nonetheless, many have expressed the desire to meet in person for training and networking opportunities. During this reporting period, the clinical supervisors provided four refresher trainings for the 15 PCAP sites (see Presentations and Trainings section).

Additionally, with outside funding, trainers provided annual refresher training for out-of-state PCAP sites in Lakeport, CA, in Pahrump and Fallon, NV, and the PCAP research sites Tulsa, OK, and Oklahoma City, OK, as well as initial PCAP training for two small, rural start-up sites in Oklahoma. Out-of-state sites were invited to shadow experienced PCAP staff in Washington. Ms. Segur provided consultation for the sites in Pahrump, NV, and rural Oklahoma. Ms. Jadin provided consultation for the two Oklahoma research sites.

UW PCAP is continuing to develop web-based PCAP training modules, using Articulate Storyline software, to provide an alternate way to deliver some of the annual refresher training content.

Sites regularly use the Team-PCAP and Team-PCAPWA SharePoint sites for requesting ASI interviews, requesting client un-enrollments and extensions, accessing training resources, sharing resources, and updating staff information. UW PCAP provides staff at all 15 sites with UW login credentials for accessing SharePoint and REDCap.

PCAP Evaluation

The PCAP program evaluation continued under the leadership of Program Evaluator, Alanna Feltner, and Data Quality Specialist, Sarah Franich. Throughout this evaluation period, Ms. Feltner facilitated site feedback on process evaluation and provided ongoing support to site Quality Assurance staff. Ms. Franich conducted regular REDCap training sessions for new staff and ensured the quality of evaluation data entered by the PCAP sites. ASI interviewers Annalivia Robinson, Avery Park, and Liz Smith conducted baseline and follow-up interviews as requested, and Avery Parks revised the Intake ASI Manual.

Annalivia Robinson led the annual ASI refresher training for supervisors. Before the training, Ms. Robinson provided a day of customized training to address common errors. She met individually with supervisors to discuss strengths and areas for improvement, and reviewed subsequent mock interviews until proficiency was achieved.

UW PCAP continued to devote significant effort to refine the program resources hosted on the UW REDCap platform, including enlisting the help of a consultant to develop a much requested Scheduled Forms Report to aid site-based staff in determining which forms were coming due or overdue.

PCAP State Administrative Team Meetings

Quarterly PCAP statewide administrative team meetings were held remotely by UW PCAP staff, with PCAP site clinical supervisors and the DBHR contract manager attending. Ideas and strategies for supporting staff, addressing client needs, and modifying ways of implementing PCAP during the ever-changing pandemic were typical topics of discussion. Detailed minutes were taken at each meeting and posted in SharePoint, along with the meeting Zoom recordings.

Client Extensions of Time in PCAP

Clients typically exit PCAP three years after enrollment. Under specific circumstances, clinical supervisors may request up to a six-month extension for clients. During this reporting period, Susan Stoner and Sarah Pine reviewed and approved PCAP extensions for 48 clients, including two at Benton/Franklin, one at Clallam/Jefferson, two at Clark, seven at Cowlitz, three at Grays Harbor/Pacific, three at King, three at Kitsap, three at Pierce, two at Skagit, three at Snohomish, three at Spokane, five at Thurston/Mason/Lewis, nine at Whatcom, and two at Yakima.

PCAP Research Collaboration

As noted in previous reports, several years ago, the Seattle-based Mark Torrance Foundation funded a feasibility study of an educational depression intervention called Promoting Healthy Families (PHF) at the Clallam/Jefferson, Grays Harbor/Pacific, and Thurston/Mason/Lewis PCAP sites. The PHF intervention was based on the MOMCare intervention developed by Dr. Nancy Grote and colleagues and designed to support PCAP mothers who suffered from depression, anxiety, or PTSD and who were theoretically less likely to succeed in PCAP. In this reporting period, Dr. Stoner and Dr. Amritha Bhat made a grant application to the Patient-Centered Outcomes Research Institute (PCORI) to test the PHF intervention with PCAP clients with depression, anxiety, or PTSD across the state. Unfortunately, the grant was not funded. There are no plans to resubmit this proposal in the future nor any other plans to engage the PCAP sites in research.

Out-of-State PCAP Consultation, Collaboration, and Training

UW PCAP receives outside funding to provide training and technical assistance to agencies in other states that are implementing or seeking to implement the PCAP model. We report on that here because we feel strongly that this enriches the program overall. Washington State PCAP sites sometimes host out-of-state sites for shadowing and find that this stimulates good discussions about best practices and fidelity to the PCAP model.

California, Nevada, and Oklahoma

Using outside funding, UW PCAP has provided consultation and training for the following out-of-state replication sites: Lake County Tribal Health Consortium in Lakeport, California, since 2011, New Frontier Treatment Center in Fallon, Nevada, since 2017, Living Free Health in Pahrump, Nevada, since 2020, Tulsa and Oklahoma City (research sites) in Oklahoma, since 2022, and State of Oklahoma Department of Mental Health and Substance Abuse Services (rural Oklahoma) since 2023. These

agencies receive initial PCAP training and annual refresher training (via Zoom). Additionally, the Pahrump, NV and rural Oklahoma sites receive regular consultation by Linda Segur, Kitsap PCAP Clinical Supervisor; the research sites in Oklahoma receive regular consultation by Kassie Jadin, Thurston/Mason/Lewis Clinical Supervisor.

Oklahoma

During this reporting period, Dr. Stoner continued to work with Dr. Erin Maher of the University of Oklahoma (OU) to conduct a randomized controlled trial of PCAP in Oklahoma, which seeks to obtain the kind of data that would be needed to establish PCAP as an evidence-based intervention, eligible to receive funding under the federal Family First Prevention Services Act. The Oklahoma team also received funding from the Administration for Children and Families to expand the scope of the project to examine child welfare outcomes.

Challenges

During this reporting period, we continued to address the challenges of getting baseline ASI interviews done for all enrolling clients and exit ASI interviews done for all exiting clients. UW has had three dedicated ASI interviewers, Annalivia Robinson, Avery Park, and Liz Smith (1.75 FTEs) and an external consultant to provide follow-up ASI interviews (Dian Cooper). Several sites struggled to get baseline ASI interviews done for a variety of reasons. Thus, this year, UW PCAP offered ASI training to willing supervisors while continuing to provide multiple options to the sites for how to get the ASIs done, including utilizing an Alternative Demographics form, given as a temporary way to obtain the minimum reportable data when getting an ASI completed upon enrollment has not been possible.

To address the challenge of collecting timely intake and exit data in a trauma-informed way, the UW evaluation team engaged in extensive discussions about revamping the evaluation approach. The consensus was that significant efficiencies could be realized by abandoning the outdated Addiction Severity Index, which was developed in the 1990s and is not trauma-informed. After extensive consultation with the clinical supervisors, who were largely enthusiastic about the proposed change, UW PCAP put together a proposal to revise the intake and exit evaluation assessment process and submitted it to DBHR/HCA. At the time of this writing, a decision from DBHR/HCA remains pending.

Personnel

Susan Stoner, Ph.D. is the PCAP Statewide Director. Alanna Feltner, M.P.A., M.S.W., is the PCAP Program Evaluator, and Sarah Franich is the Evaluation Quality Specialist. Stacy Dimmich is the Program Operations Specialist. Avery Park, Annalivia Robinson and Liz Smith are UW PCAP ASI Interviewers. The UW PCAP team meets together weekly on Zoom.

Benton/Franklin Counties PCAP

Successes

Benton-Franklin (BF) PCAP is located at Elijah Family Homes (EFH) in Kennewick. BF PCAP had an incredibly productive year. New enrollments doubled from 18 last year. BF site had 36 new enrollees as of June 30, 2024. The whole team is working hard and continues to spread the word about the program within the community.

As the staff developed their yearly goals, they looked at the gaps in services and developed solutions internally. They have worked cohesively and had several successes throughout the year. The culture of BF PCAP is now healthy and stable. BF PCAP has seen minimal turnover and high retention this past year.

The team has been continually committed to seeing their clients succeed, finding new clients to serve, and building the program to what it can be in Benton & Franklin counties. They are proud of what they have accomplished this year and have plans to continue strengthening their growth mindset and supporting each other as a team moving into this new fiscal year. Some highlights from the last year include the following:

Case Manager Lauryn Meacham 45 children recorded on Child Logs. Of those children, 41 either reside with the client or have consistent contact with them.

Many of Ms. Meacham's clients whose drug of choice was meth or fentanyl (or both) were 100% abstinent from said drugs, which has vastly improved their quality of life and their chances of being able to find stable housing, jobs, and to regain custody of their children.

Case Manager Sandy Cooney has had several clients hit positive milestones. For example, one client who graduated with her high school diploma has been clean and sober for over two years and will be looking for work. Another one of Ms. Cooney's clients went through detox, is working two jobs, is now living with her father and seven-year-old son and has consequently re-established a more stable relationship with her son. She is sharing care of target child with the father. In addition, one client is now in Transition to Success housing and has over two years clean and sober.

Ms. Cooney has a client who has maintained sobriety for nearly two years. This client recently moved into a larger two-bedroom apartment for herself and her child while remaining actively involved with her other children who live elsewhere. Another client recently completed detox and is set to graduate in July from a PPW program before moving into transitional housing. She has also regained custody of her one-year-old child. A significant achievement for another client was graduating from PCAP. She has maintained sobriety throughout her three years in the program, is working full-time, and is deeply involved in the lives of her seven children, with two of them living with her full-time.

Since January 2024, Case Manager Tishina Dunlap has successfully supported three clients in enrolling in college or certificate programs. One client is pursuing her realtor license, while two others have enrolled in college courses for the fall of 2024. Additionally, she is working with four clients who are now gainfully employed full-time.

Case Manager Rosa Dorshimer has a client who has secured employment, maintained sobriety for six months, is working full-time, and is caring for the target child and her two older children. Another client, despite facing eviction, successfully had her domestic violence charges dropped and was able to purchase a trailer where she and her children now reside.

On October 12, 2023, PCAP staff attended the Women Helping Women Luncheon as recipients of a grant awarded to the agency for 2024. Later that month, on October 27, 2023, EFH hosted its annual fundraising breakfast event, "This is Our Story," which was open to the community. During the event, Clinical Supervisor Carissa Lieberman was honored with the Employee of the Year award, an accolade voted on by all EFH staff.

On November 15, 2023, Ms. Lieberman participated in a community resource fair at the Union Gospel Mission. On March 8, 2024, case managers attended a discussion and listening session titled "Stigma and Behavioral Health: Why It Matters and What You Can Do."

Case Managers Rosa Dorshimer and Tishina Dunlap trained and shadowed at Yakima PCAP on December 27-28, 2023. Ms. Lieberman also represented PCAP at the Columbia Basin Community College wellness fair on May 15, 2024, and at a Christ the King ministry fair on June 9, 2024.

In 2023-2024, PCAP staff participated in two webinars focused on “Substance Abuse” and “Low-Barrier Shelter Models for People Who Use Drugs.” Additionally, the staff organized and hosted several baby showers for clients throughout the year, providing necessities such as clothing and diapers through community donations. Refreshments were served, and gifts were shared with the mothers.

Challenges

Case managers were asked to give a summary of challenges their clients experienced over the last year.

The biggest challenge for Ms. Dunlap’s clients has been accessing safe and affordable housing. Many of her housed clients are living paycheck to paycheck because of high rent prices, making it difficult for them to save money or build the safety net they desperately need. The burden of paying for housing beyond their means often leaves them financially vulnerable and unable to plan for emergencies.

Ms. Meacham shared that the lack of resources for safe and affordable housing remains the greatest challenge for her clients. In the Tri-Cities, there are very few organizations that help with emergency shelter, and even those have extremely limited funds. As a result, PCAP clients often spend months or even years on the Housing Authority’s waitlists, struggling to secure stable housing. Additionally, many clients struggle with the motivation to attend visits or follow through with appointments of any kind. Despite this, Ms. Meacham maintains positive relationships with all her clients, and technically, they are all “in contact.” However, encouraging some clients to engage and follow through with meetings remains a significant challenge.

Ms. Dorshimer has a client who is struggling to find housing despite having the funds to afford a place to stay; her low credit score and criminal background are significant barriers to securing a rental. Similarly, Ms. Cooney’s clients face challenges due to the limited availability of low-barrier temporary housing and a higher demand than supply for low-income housing options. Additionally, the lack of detox or inpatient treatment facilities in the Tri-Cities presents a major challenge for clients served by BF PCAP, making access to necessary treatment difficult for many.

Visitors to Staff Meetings

None.

Client Events

On August 11, 2023, PCAP staff participated in the annual fundraising Golf Tournament for Elijah Family Homes. This event raises funds and awareness for clients served by the host agency, including those in PCAP.

On August 14, 2023, PCAP clients were invited to the community pool in Pasco for a summer event. Clients enjoyed swimming and pizza for lunch.

On September 9, 2023, EFH participated in a fundraising baseball game with the Tri Cities Dust Devils.

On September 16, 2023, PCAP took part in the community Run for Recovery, a 5K race. This event benefited the Benton Franklin Recovery Coalition and aimed to promote awareness about substance use, overdose, and the need for a detox and treatment facility in the Tri-Cities.

On October 30, 2023, PCAP hosted a trunk or treat event at EFH for all staff and clients. The event was well-attended, with over 100 children and families from both programs participating. Attendees enjoyed pumpkin decorating kits and refreshments.

On November 18, 2023, PCAP staff took part in a Thanksgiving Turkey Drive, through which over 65 families received Thanksgiving meals. PCAP staff were involved in filling and organizing boxes, as well as coordinating pick-up and deliveries to the families.

On December 1, 2023, PCAP staff assisted with Bikes for Tykes, helping to build bikes that were donated to clients for Christmas. Over 20 bikes were provided to clients as part of the holiday season.

On December 11, 2023, all clients and their families received gifts through The Giving Tree gift distributions. PCAP staff partnered with local businesses, churches, and community donors to ensure that every family received a gift for each child for Christmas.

On December 20, 2023, BF PCAP hosted a Christmas Event for clients and their families at Crossview Church. The event featured dinner, games, storytelling with Santa, and Build a Bag stations offering blankets, books, toiletries, and coats. It was a tremendous success and will be held annually.

On March 22, 2024, PCAP hosted a Spring Clothing Giveaway, featuring donated clothing and shoes collected throughout the year. Clients and their children received Easter baskets filled with coloring sheets and treats, with over 100 baskets distributed.

On May 16, 2024, PCAP staff and volunteers organized a Mother's Day Brunch in a Bag for all the mothers in the program. Many mothers expressed deep appreciation, with some noting that this was their first gift ever received for Mother's Day.

Personnel

Over the past year, Benton-Franklin PCAP has diligently worked to provide excellent services to its clients. Carissa Lieberman took on the role of Clinical Supervisor in 2023, marking over five years on staff at EFH.

The Benton-Franklin PCAP team currently includes four full-time case managers: Lauryn Meacham, Sandy Cooney, Tishina Dunlap, and Rosa Dorshimer. Additionally, the team employs an office assistant, Paloma DeHaan. Each staff member remains highly supportive and deeply committed to the mission and vision of PCAP.

Chelan County PCAP

Successes

Chelan County PCAP has celebrated being in its current site for six years.

Chelan County PCAP experienced numerous successes during this reporting period. New connections were established, and previous ones were strengthened. Case Managers Kathy O'Connell and Stephanie Skidmore actively networked with providers, gaining insights into additional services and housing connections. They successfully built relationships with previously unfamiliar community services staff,

including those at the local emergency room and their recovery coaches, enhancing support for clients during their emergency room visits.

This site is strategically situated between the YWCA Women's Transition House and Homeless Shelter and the Bruce Transition Housing (Women's Resource Center), where many clients live. The strong working relationships with these agencies enhance the likelihood of quickly securing housing for clients. Additionally, the site's proximity to the courthouse allows staff to easily attend court hearings for clients. Chelan PCAP maintains robust connections with the local Department of Child & Family Services (DCYF) office, as well as the Chelan/Douglas Public Defender's Office and the Chelan/Douglas Counties' Prosecutors, facilitating comprehensive support for clients.

Angela's Family Services from Spokane WA provides supervised visitation for families involved with DCYF and leases part of the Pathways to Parenting office for their visits. They have their own entrance to the site, but this does allow case managers access to the parents.

Clinical Supervisor Dee Cummings serves on the regional board for the Family, Youth, System Partner Roundtable (FYSPRT) with Carelon Behavioral Health. This board represents the needs of Medicaid-qualified families, addressing required resources for Chelan, Douglas, Grant, and Okanogan Counties at the state level.

Ms. Skidmore completed a 3-month course with the Citizens Academy of Chelan County. This experience has strengthened her relationship with local law enforcement and enhanced her knowledge and services provided to PCAP clients.

In March 2024, Ms. Cummings and the case managers attended an all-staff meeting with the Chelan/Douglas County Department of Children, Youth & Families. The information about PCAP was well received, with renewed relationships with existing staff and new connections made with newer team members. Older staff members were particularly complimentary and supportive of the PCAP program.

In April 2024, Ms. Cummings and the case managers attended a staff meeting with the Mother & Baby Unit at Central WA Hospital. The presentation on the PCAP program led to immediate referrals for several birth mothers.

Challenges

Referrals have been increasing in recent months, reversing a previous trend of lower numbers. This rise in referrals has helped the PCAP site maintain the expected number of enrollees.

Visitors to Staff Meetings

On February 1, 2024, Fiona Sugg, Chelan County Superior Court Clerk, visited to gain a better understanding of PCAP and the services provided.

On April 26, 2024, Brian Hewitt from the Chelan County Drug Task Force conducted a training session on newer drugs, how to identify clients' drug of choice, and strategies for keeping case managers safe in their presence.

On May 31, 2024, a representative from the Alano Club, a local NA meeting center, shared information about available services. Following the meeting, PCAP staff visited the site to gain a deeper understanding of the services and educational materials offered.

Client Events

On August 18, 2023, a back-to-school donation giveaway was held for client families, where staff prepared hot dogs and hamburgers. The event fostered a community atmosphere, leading to new supportive relationships among clients.

On October 27, 2023, a Halloween party was hosted for clients and their children. Each child received a treat bag, and a costume challenge was held where mothers submitted pictures of their children in costumes. Clients reported that they enjoyed the event.

On November 18, 2023, a Thanksgiving dinner was planned, but attendance was low due to chilly weather. Gift bags were prepared and delivered to clients who could not attend.

On December 22, 2023, the planned Christmas event was canceled due to severe wintry weather. Instead, gift bags and gifts were gathered and delivered to clients, who were very appreciative.

On March 15, 2024, the PCAP site hosted an Easter-themed donation giveaway. The Easter Bunny made an appearance, and families had the opportunity to take pictures with the bunny. Hamburgers and hot dogs were grilled with condiments provided by the PCAP site. The event was well attended, and contact was re-established with clients who had been out of touch.

On May 10, 2024, Mother's Day gift bags were assembled and delivered to clients.

Personnel

Chelan PCAP staff includes Dee Cummings, the Clinical Supervisor and agency owner, who received her PCAP contract in February 2018. Stephanie Skidmore has been a case manager since July 2018 and is highly effective in her work with clients. Amanda Edwards, who joined the team in March 2021, provides exceptional support for the agency, keeping staff organized and on task. Kathy O'Connell, who joined in September 2022, brings over 20 years of experience working with at-risk populations.

Clallam/Jefferson Counties PCAP

Successes

The Clallam/Jefferson team has worked diligently since the Jefferson County expansion, successfully reaching a broad client base from the far west end of Clallam County to the far east end of Jefferson County. The team has achieved 100% capacity and is now managing a growing waitlist. Their dedication is evident from driving over 44,000 miles last year to meet client needs.

The team continues to hold positions on various boards and panels across both counties. Clinical Supervisor Christina Miko and Case Manager Anne Grover serve as voting members of the Behavioral Health Advisory Board, which advises county commissioners on funding programs using 1/10th of 1% funding. They are also involved with the West End Round Table with local medical providers, maintain collaborative communication with the Substance Use in Pregnancy & Parenting Recovery team (SuPPort) at North Olympic Healthcare Network, and participate in the Clallam County West End R.E.A.L. Program Operational Work Group. Additionally, they presented at the Indian Child Welfare Act conference on the Peninsulas.

As members of the Perinatal Mental Health Task Force, Case Managers Anne Grover, Vianey Cadenas, Riley Slonecker, Tracey Grover, Shannon Larsen, and Clinical Supervisor Christina Miko collaborated to

organize the Third Annual Community Connections Baby Shower. This successful event connected PCAP clients, community members, and service providers. Programs like Safe Sleep and car seat safety were highlighted, with parents receiving training as well as new pack and plays and car seats for their children.

Along with the First Step Family Support Center and partnering with Molina, the PCAP team successfully connected 60 children with rubber boots for the wet season.

Ms. Miko and Ms. Grover collaborated with the Family Resource Center to raise awareness about PCAP and connect potential clients to additional community resources. Monthly pop-up Resource Centers have been hosted on Hoh Tribal land, with PCAP also supporting a one-time pop-up event on Makah Tribal land and Quileute Tribal land by invitation.

The PCAP case managers secured \$9,000 in donated funds, which helped them provide concrete goods for PCAP families. This funding enabled the purchase of safety items, groceries, cleaning supplies, gas, and significant items like driver's license renewals, birth certificates, and vehicle tabs.

PCAP partnered with the food bank, where Case Manager Carmen Ortiz pre-ordered bulk foods for 100 meals. The team sorted, boxed, and transported holiday baskets to PCAP families.

The PCAP team dedicated numerous hours to setting up and cleaning up after Cherri's Elves and Helpers gifting center, ensuring that over 140 children in PCAP families received Christmas gifts selected and wrapped by their case managers.

A generous donation from an anonymous benefactor allowed PCAP to adopt three families for the thirteenth consecutive year, with gift totals exceeding \$700. Additionally, 11 bikes and safety helmets were secured for children.

In the past three months, since partnering with Cakes4Kids, the PCAP team has ordered and delivered over ten birthday cakes or cupcakes. Families selected the child's preferred flavor and noted any dietary restrictions or allergies, with professional bakers creating themed, decorated treats.

Ms. Miko was invited to speak at the Roots of Resilience Spring 2024 All Home Visiting Services Account Meeting (All-HVSA), discussing "Caring for Families Impacted by Substance Use Challenges."

Case managers continue to excel in collaborative efforts with other service providers to benefit PCAP families, including DCYF, medical providers, treatment providers, OlyCAP Head Start, The Family Healing Center, Mariposa House, Healthy Families Domestic Violence Shelter, Serenity House, and Oxford Houses.

The Clallam team remains highly motivated to pursue training courses to better support client needs. Case Managers Shannon Larsen and Shelby Golden attended the Harm Reduction Treatment Methods & Recovery Model (HaRT3S) and Indigenized MI Training by Dr. Lonnie Nelson. All PCAP staff participated in Recovery Friendly Language training by Olympic Community Health. Additionally, Case Managers Anne Grover and Carmen Ortiz attended the Promoting First Relationships (PFR) Level II interactive 10-week course. Ms. Grover is fully trained and certified in PFR, while Ms. Ortiz is two sessions away from certification. This curriculum has benefited clients in Clallam and Jefferson counties.

Challenges

The lack of affordable housing remains a significant barrier for PCAP clients, with competition for Family Unification Program vouchers, Section 8, and other housing assistance programs falling short of meeting community needs.

Affordable and safe childcare options are scarce in the community, hindering clients' ability to work or attend school. A new childcare center is scheduled to open this year, which may help alleviate some of these challenges.

The presence of fentanyl in various drugs is leading to unintentional polydrug use among clients. This situation is compounded by the trauma, grief, and loss resulting from high overdose rates in the community. Clients' emotional well-being and sobriety are constantly tested as they navigate the impacts of these losses.

A shortage of specialty providers, such as dermatologists, urologists, and dentists, has created service gaps for many families. Clients often face difficulties in securing transportation to out-of-town appointments, and paratransit services do not allow children, further complicating their ability to address their own medical needs while ensuring their children's safety.

The lack of female inpatient treatment beds in Clallam and Jefferson Counties presents ongoing challenges for clients beginning their sobriety journey. Many clients struggle to find treatment centers outside the area and to secure resources for travel.

Visitors to Staff Meetings

On October 19, 2023, Jaycie Wakefield, Development Director, presented information on United Way on ALICE (Asset Limited, Income Constrained, Employed) and campaign of giving.

On November 28, 2023, Elisia Anderson, Director at First Step Family Support Center and WCFC Peninsulas Early Childhood Coalition Regional Co-Lead, presented updates on Safer Sleep.

On May 21, 2024, Kelsi Millet, First Step Family Support Center Family Wellness Director, presented information on non-disclosure agreements (NDA) for the DSHS-WA Connection program for Secure Access Washington (SAW) accounts.

On June 11, 2024, Dr. Katie Stevenson, Dr. Paula Whitmire and Dr. Joe Wood, incoming family medicine residents from North Olympic Health Network

On June 18, 2024, Beverly Lee, Director presented information on Mariposa House services and resources to alleviate violence in any form from a person's life.

Client Events

About 90% of PCAP clients use the agency clothing closet, drop-in and resource center, free books, diaper bank, free car seat, pack and play and other variety of home goods connections like the Little Food Pantry, breast pumps or receiving hygiene products.

The staff hosted the first joint Children's Christmas party with Parents as Teachers to provide a space for families to bring children for a secret gifting closet where children were able to pick and wrap free gifts to take home for their caretakers. The children were also able to engage in various holiday crafts stations to create memories to take home. Also available were plenty of charcuterie snack options for this well attended event.

Personnel

Case Manager Holly Eiland was replaced by Shannon Larsen, and Case Manager Aurora Mackley was replaced by Stephanie Wauters. All positions are filled.

Clark County PCAP

Successes

Clark County PCAP had a robust year of successes. The first success to highlight was the opportunity for staff to attend various training courses that directly correlated with PCAP theoretical foundations and case management best practices. Mr. Nathan LaChine, at Coordinated Care Apple Health, presented about Adverse Childhood Experiences and how they impact someone's life as they grow into adulthood. Mr. LaChine also presented Secondary Trauma and how it affects those that work in social services. Dr. Lonnie Nelson, of Harm Reduction Treatment Methods & Recovery Model (HaRT3S), presented on Indigenized Motivational Interviewing. All the PCAP staff were engaged and invested in the training and left feeling motivated and eager to apply the knowledge to their case management best practices.

Another success experienced by Clark PCAP staff was helping four clients establish housing and stability with Second Step Housing. Each of the clients has maintained their residency during this reporting period and are currently in the process of looking for their own independent residences for the second phase of the subsidized program. The MOU partnership between Clark PCAP and Second Step Housing continues to progress and thrive in their goal of helping PCAP clients establish safe and affordable housing for themselves and their families.

A third success for Clark County PCAP staff was having the privilege and opportunity to host PCAP staff from three different PCAP sites. That included a new case manager from Oklahoma PCAP and staff from Yakima County, Thurston, Mason, and Lewis Counties. Clark PCAP staff enjoyed having other case managers and office assistants shadow their work and discussed ways to not only be successful in their new role, but to also prepare for challenges and brainstormed some of the potential solutions for each challenge.

Lastly, PCAP Clinical Supervisor Sara Gongora Garcia and staff met with five different programs throughout Clark County to present about PCAP and the impact it has made on women in the community. Clark staff enjoyed networking and collaborating with new referral sources and valued the opportunity to share their experiences as PCAP case managers and the successes they have witnessed working with PCAP clients.

Challenges

The most difficult challenge for Clark County PCAP was learning about two client deaths. The first death was of a client's baby who passed away at two months old. The client's PCAP case manager did her best to support the client as she processed the loss of her young baby. There were times when the case manager was not sure how to support a mother that was experiencing such a tragic loss, but she kept showing up no matter what and the client remained engaged with the program. The case manager continues to support the client as she tries to move forward in life without resorting to substance use or other harmful behaviors.

The second death was a graduated client who died because of an overdose. She had become a strong peer recovery mentor in the community after graduating PCAP but sadly succumbed to her addiction. The tragedy of the client's death reminded staff that no matter how long someone has been in recovery, they can fall back into their addiction and never return to their loved ones. Staff continue to advocate for their clients to maintain a strong recovery support system and talk with someone if they experience thoughts of relapse.

Visitors to Staff Meetings

On July 3, 2023, Elton Frice, WA State Director at 4D Recovery Services, met with the PCAP team to network and inform staff about their organization that will be offering peer-based services for young people seeking addiction recovery. Currently, they only offer services in the Portland, Oregon metro area but will expand into Washington State (specifically Clark County) soon. PCAP staff were enthusiastic about the new resource and look forward to future network meetings with Ms. Frice.

On November 13, 2023, SeaAria Sweeney, Birth Doula at Meraki Doula Services, met with staff to talk about the specific role a doula can play during a woman's prenatal & post-partum experience. Ms. Sweeney shared how a doula can support the mother during pregnancy, labor, and delivery, and postpartum. The PCAP case managers enjoyed asking Ms. Sweeney an array of questions and received the information needed to connect their clients to doula services.

On December 18, 2023, Tiffany Hayes, Behavioral Health Supervisor at Sea Mar-CSNW, talked to staff about the new Housing First and Housing Stabilization programs that were launching at Sea Mar-CSNW. Ms. Hayes shared about the programs' housing goals, requirements needed to qualify for services and explained to staff how they can put in referrals. PCAP case managers were excited to hear about the new housing programs and the invaluable resources they can provide to clients.

On March 20, 2024, Probation Officers Amy Cook, Katie Dean, and Case Manager Victoria Askelson at Clark County District Court Probation Services, collaborated with PCAP staff on how best to serve mutual clients and support their success in both programs. Both teams agreed that the meeting was beneficial and by working together (when possible), mutual clients will have the best chance to accomplish their goals and move forward on their journey to recovery.

On April 8, 2024, Holly Johnson, Program Coordinator at Lifeline Connections PPW Inpatient Facility, met with PCAP staff to discuss recent changes made to programming as well as ongoing challenges that both programs were experiencing with the mutual clientele. Ms. Johnson and the PCAP staff brainstormed solutions for each specific challenge. Both parties agreed to follow up to determine the outcome of the proposed solutions.

Client Events

On July 20, 2023, Clark PCAP staff held a "Donation Shop" at the site's office. Clients that showed up to the event were able to pick through a large overflow of PCAP donations that had accumulated throughout the year. Clients took home everything from children's clothing to infant walkers and books. In total, twelve clients showed up for the event. Though it was not the largest turn-out, PCAP staff still enjoy the opportunity for clients to pick out items they will find use for.

On October 31, 2023, Clark PCAP staff held their fourth annual virtual "Halloween Costume Contest". Twenty clients participated and submitted photos of their children in costume to their case manager. Participants had their client ID numbers entered for the drawing and three entries were selected at random. Each winner received a \$25 Walmart gift card.

On December 20, 2023, Clark PCAP staff held their annual “Holiday Gift Shop” at the PCAP office. Forty-five clients were able to attend the event in-person and selected new toys, clothing, books, and electronics for their children. Larger items such as scooters, bikes, and gift cards were raffled off. Participants were also able to select a gift bag that was put together for them by the PCAP staff.

On May 12, 2024, Clark PCAP staff distributed sixty-six self-care kits to each of their clients for Mother’s Day. The kits were donated by an organization out of Portland, Oregon, named WildlyKind. Every kit contained the same items that included bath bombs, scented candles, lotion, tea, and a body scrub. The purpose of the kits was for all the mothers to be encouraged to practice self-care and take a moment to find relaxation among the daily challenges of being a mother.

Personnel

In April of 2024, Clinical Supervisor Sara Gongora Garcia left her position to become the Behavioral Health Program Manager for Community Support Services at Sea Mar-CSNW. In June of 2024, Case Manager Laila Hornli left her position and was promoted to PCAP Clinical Supervisor. Clark PCAP is actively interviewing to find a replacement for their seventh case manager position.

Cowlitz County PCAP

Successes

The Cowlitz County site achieved numerous successes during the reporting period. Significant efforts were made to engage with the community and promote the PCAP message across various partnering agencies. Clinical Supervisor Michelle Welch developed a visual presentation highlighting the history of PCAP, its impact on the families served, and what distinguishes the program from other case management services.

Ms. Welch, along with PCAP staff, worked diligently to present this information to new agencies and reintroduce the program to organizations where partnerships had lapsed due to COVID-19. This outreach effort not only strengthened existing relationships but also increased referrals to the Cowlitz site.

Through the following presentations, the Cowlitz site also absorbed all that these programs had to offer in the way of resources and additional support for clients:

- In January of 2024, Cowlitz staff presented PCAP to Community Integrated Services, a behavioral health program along with True Blood, a mental health jail diversion program.
- In February of 2024, Cowlitz staff presented to Cowlitz County Child Advocates, also known as CASA, who provide vital advocacy for children involved in abuse and neglect cases, subject to state child welfare and court interventions with the Department of Children, Youth and Families (DCYF). Also, in February 2024, PCAP staff presented to The Progress Center which provides developmental services to children and families.
- In March 2024, the Cowlitz County PCAP team conducted numerous presentations to enhance community engagement and expand their network:
 - The entire Cowlitz team visited DCYF during their monthly staff meeting.

- The team traveled to Vancouver, WA, to present to The Cowlitz Indian Tribe Behavioral Health (BH) and Substance Use Disorder (SUD) teams from both Cowlitz and Clark County offices, alongside a presentation to Clark County PCAP Supervisor Sara Gongora Garcia.
 - Cowlitz staff, including Case Managers Terra Beth Henderson, Michelle Jones, and Sadie James, presented to Kelso Comprehensive Treatment Center's counselors, providers, and peer supports, focusing on medication-assisted treatment. They also presented to The Lower Columbia Community Action Program (CAP), which offers housing, employment, and basic needs services.
 - Ms. Welch presented at the Cowlitz-Wahkiakum Local Planning Area All Staff Event (LPA) hosted by the Department of Social and Health Services (DSHS), which included representatives from CORE Health (providing BH and SUD services), Work First (employment assistance), Love Overwhelming (support for the homeless community), and the Area Agency on Aging and Disabilities of Southwest Washington (resources and care for the elderly and disabled).
 - Ms. Henderson and Ms. Jones presented to the Columbia Wellness SUD department, which offers outpatient treatment, medication-assisted treatment (MAT), and detox services.
- These presentations were instrumental in strengthening partnerships and increasing referrals to the Cowlitz site.
- In April 2024, Ms. Welch presented the PCAP message to the Peace Health/St. John's Hospital social work team. This team, which provides services in the emergency room, medical floors, and Women's Health Pavilion (covering obstetrical and gynecology care), was introduced to the benefits and impact of the PCAP program.
 - In May 2024, the Cowlitz staff engaged in several key presentations:
 - They presented to the Premier Choice for Women program, which provides education on pregnancy options.
 - Most of the Cowlitz staff spoke to the Behavioral Health (BH) department at Columbia Wellness, which offers counseling and peer support services.
 - Ms. Welch presented at the Community Resource Programs (CRP) monthly meeting, a platform for service providers to share their offerings for vulnerable populations.
 - Ms. Welch spoke at a Dependency 101 class, which informs families involved in dependency cases through DCYF about what to expect throughout the process. The class is taught by a peer who has been successfully reunited with their child or children.
 - In June 2024, Ms. Welch engaged in several presentations:
 - She presented at the monthly Homeless Direct Services community meeting, where service providers from across the area gather to learn and form partnerships to support underserved populations.
 - Ms. Welch had the honor of presenting to the Quality Board Meeting at her host site, Cowlitz Family Health Center (CFHC). The board, consisting of key community leaders, plays a crucial role in the organization's leadership.
 - She also spoke to CFHC's front and back-end office staff at their monthly meeting, further promoting the PCAP message within the organization.

The Cowlitz site was excited to be involved in several community events throughout the contract period:

- August 2023: The staff attended the first Reunification Day in the local area since before COVID-19. They joined other family organizations in celebrating families who succeeded through the DCYF process and were reunified with their children. PCAP set up a vendor table with resources, organized an activity offering gift bags and gift cards, and supported a PCAP client who spoke about her journey and reunification.
- February 2024: PCAP staff participated in a community baby shower hosted by the Longview Public Library. They set up a baby-themed table, created a game for attendees, and provided gift bags filled with goodies while sharing the PCAP message.
- April 2024: The team took part in The Celebration of Children, a large-scale annual event featuring over 60 family-oriented organizations. They prepared 500 containers of slime and putty for attendees, along with inspirational stickers, candy, and PCAP resources.
- May 2024: At the Children and Family Resource Fair, PCAP staff hosted a vendor table with candy, stickers, PCAP resources, and a chance for attendees to win a Visa gift card.

Venturing out into the community and seizing opportunities to share the PCAP message has resulted in a notable increase in referrals and enrollments for the Cowlitz site. This outreach has allowed the site to meet its contractual obligations, something that had been a challenge since the onset of COVID-19 in 2020. Enhanced visibility has facilitated the development of new relationships with agencies previously unaware of PCAP and the rebuilding of connections with organizations that had lost touch with the program.

The Cowlitz site had the honor of hosting an Oklahoma state program implementing PCAP during this reporting period. From June 24 to June 26, 2024, Cowlitz staff welcomed peer support counselor Kelli Deckard and Case Manager Casey Puckett from the COMPASS Green Country Behavioral Health team in Muskogee, Oklahoma. Ms. Deckard and Ms. Puckett were deeply immersed in the Washington state PCAP experience, spending three days shadowing Cowlitz case managers. They participated in home visits, transported clients to SUD treatment, traced out-of-contract clients, and observed case manager supervision with Ms. Welch, among other activities. Their existing skills and passion for helping families are expected to drive the success of their PCAP program back in Oklahoma.

Challenges

Lack of affordable housing in the Cowlitz County area continued to be a significant barrier for many Cowlitz clients during the contract period. This issue profoundly impacted the overall well-being of clients, leading some to settle in dangerous, compound-like camp settings where crime and street drugs were prevalent. Others were forced to share housing with individuals who did not support their efforts to abstain from drug and alcohol use, further jeopardizing their sobriety and DCYF cases. The housing crisis also hampered the Cowlitz PCAP team's ability to effectively serve clients, making it challenging to trace missing individuals and occasionally putting staff in risky situations.

With housing challenges in mind, Cowlitz Family Health Center (CFHC) decided not to renew their contract with Cowlitz County to operate the case management portion of the Phoenix House (PH) clean and sober supportive housing program. This decision, made in December 2023, was anticipated due to expected county funding cuts for 2024. Originally established in 2010, the Phoenix House was specifically designed to offer transitional housing for PCAP clients coming out of inpatient treatment programs, allowing them to continue their sobriety journey with their children while receiving essential support. Over time, the program expanded to serve clients from any outpatient organization to maintain

full occupancy of the 20-unit property. In January 2024, Housing Opportunities of Southwest Washington (HOSWAA) took over the case management services for the Phoenix House, while continuing to oversee property management. Consequently, PCAP clients no longer have priority access to the housing, as the program now serves a broader community.

During the contract period, one of the most significant challenges faced by the Cowlitz site was the surge in fentanyl use within the community. The drug's widespread availability and low street price led to severe consequences for PCAP clients and their families. Staff observed firsthand the devastating impact of fentanyl, which included an increase in cases where mothers were unable to parent effectively, resulting in more children entering the foster care system or being placed with relatives, often outside the area. There were alarming instances of children ingesting fentanyl, highlighting the urgent need for effective interventions. The rise in fentanyl use led to a notable increase in client disengagement, with case managers spending a significant portion of their time tracing clients.

This situation led to considerable frustration for Cowlitz case managers, who grappled with finding ways to better support these clients while still adhering to PCAP model requirements for face-to-face interactions. The no-show rate for PCAP appointments escalated, and when clients did attend, appointments were frequently unproductive due to the physical state of the clients. Many PCAP clients struggled with untreated severe mental health issues, unable to seek or engage in treatment programs.

Visitors to Staff Meetings

On August 17, 2023, Amanda Bonser, Social Worker from the Office of Public Defense (OPD) for Clark and Cowlitz Counties, introduced herself to the Cowlitz PCAP staff. The meeting focused on understanding how PCAP and OPD could collaborate to better support clients navigating the legal system through their DCYF cases.

On November 16, 2023, Jill Matthews, Housing Manager from The Emergency Support Shelter (ESS) shared with the team what the qualifying factors were for women experiencing domestic violence who need access to temporary housing along with other services available to them within the program. Ms. Matthews also learned more about the PCAP program and how to refer to the Cowlitz site.

On February 1, 2024, Katie Raser, Community Liaison from Open Adoption and Family Services, discussed adoption options available to families and shared useful language for PCAP staff to use when talking to clients about adoption.

On February 15, 2024, Sara Wallace, Executive Director, and Lead Case Manager of Family Promise of Cowlitz County, introduced her new family shelter. She explained the criteria for accessing services and how the program supports families in transitioning to stable housing. Both parties explored how PCAP and Family Promise could support mutual clients.

On March 7, 2024, Rochelle Fassold, Program Coordinator from Cowlitz Community Network, discussed how her program supports childcare providers and families with challenging behavioral needs. She offered the opportunity to create a literacy program through a book club focused on Conscious Discipline and learned about the PCAP model.

On March 14, 2024, Kim Manzano and Emily Plampin, Behavioral Health Intervention Specialists from the Longview Police Department, shared their approach to assisting individuals in crisis. They were introduced to the PCAP program and explored potential collaborative efforts.

On March 21, 2024, Miah Waddle, Foundational Community Support Case Manager from Housing Opportunities of Southwest Washington (HOSWWA), explained her role in providing housing and employment support. The discussion focused on how PCAP and HOSWWA could work together to address the housing crisis in Cowlitz County.

Client Events

On October 27, 2023, the Cowlitz PCAP site hosted a Halloween celebration for past graduates, current clients, and their children. The office was festively decorated, and PCAP staff participated in the celebration by wearing costumes. The event included trick-or-treating down the hall, art activities, snacks, raffles, and a costume contest with a prize for the best costume.

In December of 2023, the Women's Auxiliary from The American Legion Post 175 of Castle Rock, Washington, donated boxes of Christmas stocking stuffers. Cowlitz clients were invited to the office to select items for their children, providing a festive and supportive gesture during the holiday season.

Personnel

In July of 2023, new Case Manager Sadie James joined the Cowlitz team. Ms. James was welcomed and supported by a dedicated team of veteran case managers and the Cowlitz site was finally fully staffed. Cowlitz PCAP continued to be in a unique position of no turnover in case managers during the contract year.

Grays Harbor/Pacific Counties PCAP

Successes

During the reporting period Grays Harbor/Pacific County (GH/P) experienced many successes. Throughout the year donations have increased substantially. GH/P provided hygiene items to clients. The clothing closet is full of kids' clothes and necessities for babies. GH/P received funding for posters and flyers for distribution in GH/P service areas to help generate referrals. This has increased self-referrals and helped PCAP to be more visible to the community.

Office Assistant Annette Roehrborn continues to flourish and has proven herself to be an asset to the program. She learned how to prepare the site's Medicaid roster and has been diligent in tracking flex funds, creating a system that not only works for herself but for all staff. She was helpful in GH/P's transition from DatStat to REDCap.

GH/P has maintained a relationship with Coastal Community Action Program (CCAP), and Destination Hope and Recovery (DHR) who were there to help the City of Aberdeen Clean up the Homeless Encampment monthly. Clinical Supervisor Melissa Doris volunteered weekly and helped provide resources to those in need, and distributed Naloxone provided by the Department of Health (DOH).

GH/P continues to work with Summit Pacific Medical Center (SPMC) as part of the community health rotation for doctors in SPMC's residency program. This partnership highlights community recognition of PCAP as a critical part of the community health within Grays Harbor County. The partnership has helped stimulate referrals from SPMC and allowed better communication and advocacy when clients are working with providers at SPMC.

GH/P PCAP participated in the Project Homeless Connect Point in Time event in Grays Harbor County at the Aberdeen Senior Center, and the Project Community Connect in both North and South Pacific

County. Staff distributed clothing and hygiene items as well as Naloxone kits and community resource information. This event's goal is to count the number of people in the county who are unhoused and connect them to services in the area.

Case Manager Valerie Boisen provides a presentation on the PCAP program to residents at Harbor Crest (in-patient treatment provider) on the second Monday of every month. This helps generate referrals for GH/P and other PCAP sites around Washington State. Partnering with Harbor Crest allows clients to self-refer and for PCAP intakes to be completed onsite there. Mrs. Roehrborn continues to flourish and has proven herself to be an asset to the program. She has been diligent in tracking flex funds and creating a system that not only works for herself but for all staff.

In December, the GH/P site and its host agency, Connections: A Center for Healthy Families (CCHF), used their community partnerships to brighten the holiday season for many clients and their children. They provided toys, books, and other needed items with support from Grays Harbor PUD, Rognlyns Inc, and the Stafford Creek Corrections Center's "Toy Time" program.

On November 1, 2023, GH/P PCAP hired Kati Schwab as a case manager for a 30-hour per week position, which was increased to 40 hours in May 2024. Ms. Schwab has demonstrated significant effort in learning the resources in both Grays Harbor and Pacific Counties, showing a strong desire to help clients and explore new engagement methods.

Additionally, Ms. Boisen and Case Manager Alecia Matsen have worked diligently to maintain a healthy relationship with the Dry Tikes and Wet Wipes Diaper Bank in Thurston County. These donations, offered once a month, provide valuable support by supplying diapers while Grays Harbor establishes its own Diaper Bank.

The GH/P PCAP team achieved notable successes during the reporting period. Their commitment to maintaining and improving partnerships has led to favorable outcomes, ensuring that PCAP participants receive timely referrals and access to necessary services.

Challenges

GH/P PCAP typically hosts a summer event for clients and their children; however, this event has not occurred for the past two years due to insufficient funds. Additionally, layoffs at the agency's leadership level have further impacted operations, and as of June 5, 2024, GH/P PCAP was unable to utilize flex funds for client needs.

PCAP referrals from DCYF have significantly decreased for reasons that remain unclear, though referrals from other community members continue.

In 2023, a case manager position remained vacant from April to November following the retirement of Case Manager Cheryl Campbell. During this period, Ms. Boisen and Mrs. Matsen managed large caseloads, and the clinical supervisor also assumed additional caseload responsibilities.

These challenges, though few, have negatively affected team morale. The layoffs at CCHF raised concerns about job security and the stability of the PCAP contract held by CCHF. Moreover, GH/P PCAP faced difficulties in maintaining data in REDCap, though this issue improved with the assistance of Mrs. Roehrborn.

Visitors to Staff Meetings

On July 5, 2023, Adam McLeod, MD, Summit Pacific Medical Center Resident from Canada, and Karlee Ball, Family Time Supervisor for CCHF, attended. Mr. McLeod gave information about fentanyl and what babies go through at birth when exposed prenatally. This was also useful information for the Family Time program that also works with families exposed to addiction and that have cases open with DCYF.

On August 3, 2023, guests Danielle Russell, Director of Funding and Development, and Receptionist Fatima Torrez, attended. This meeting was intended for GH/P PCAP to understand Ms. Torrez's role at CCHF and allow her to get to know the team.

On May 2, 2024, Marguerite Donaldson, CCHF BHA, attended. Ms. Donaldson was the BHA Supervisor for the agency and was invited to get to know the team and understand what PCAP services are provided to clients.

Client Events

No events were held due to lack of funds.

Personnel

On November 1, 2023, Kati Schwab joined the case manager team, and the site ended the fiscal year fully staffed.

King County PCAP

Successes

During this reporting period, King PCAP maintained two offices in both north and south King Counties.

King PCAP successfully maintained partnerships with both the Woodland Park Zoo and the Seattle Aquarium to provide free tickets for clients and their families. The Woodland Park Zoo is still able to offer PCAP clients 20% off food purchases as well. We were also able to provide a limited number of free tickets for the Wild Lanterns exhibit at the Woodland Park Zoo December 2023-January 2024. King was approved again this year to purchase reduced cost bus tickets to distribute to clients free of charge through the King County Metro Human Services Bus Ticket Program. Additional partnerships were maintained with Wellspring Family Services, West Side Baby, and the North Seattle Family Resource Center where we can access diapers, wipes, formula, and other baby/child supplies for clients. King also partnered with the Rapid Relief Team (RRT) to provide boxes of nonperishable food items to clients and their families.

King PCAP maintained a census above 85% each month. This year saw an increased number of clients both exiting and entering the program. In May of 2024 we reached an all-time high in enrollments with 128 clients served that month.

The case managers have planned more client events in this reporting period as compared to years past, which are outlined below. Clients have had more opportunities to meet each other and connect with PCAP in the community and with their families.

King PCAP staff were able to attend a variety of conferences and trainings including: Re-Imagining Behavioral Health: Race, Equity and Social Justice September 28-29, 2023; King and Pierce PCAP Staff Retreats in August and November of 2023; National Association for Alcoholism and Drug Abuse Counselors: Engagement in the Black Community February 8-9, 2024; Race, Equity and Social Justice:

Building Healing Communities May 16, 2024 and Supporting Immigrant and Refugee Families various dates in June 2024.

Challenges

During this reporting period, King PCAP's fleet vehicles sustained various damages, ranging from broken windshields to hit-and-run incidents. One vehicle was stolen and later recovered with minor damage, while another required complete replacement.

Hiring qualified staff has also proven challenging. While some applicants possessed relevant experience, they lacked the required bachelor's degree, and others accepted employment offers elsewhere.

Additionally, King PCAP experienced an increase in staff illnesses, including cases of COVID-19. Three case managers were on FMLA during the Fall and Summer of 2023.

Visitors to Staff Meetings

On October 12, 2023, Lila Williams and Jennifer Flathau from Evergreen Recovery Center Human Resources Department introduced themselves and discussed issues staff wanted to bring up.

On December 14, 2023, Adam Ballout, Neil Weiss, and Jennifer Justice with the First Legal Clinic discussed mutual programs and how to best serve and collaborate for shared clients.

On January 25, 2024, Girum Walde, Nancy Gubatzyao and Chassity Brown with the Seattle Housing Authority discussed the changes to the Seattle Housing Authority's housing voucher program and walked staff through on how to help clients apply for housing.

On February 1, 2024, Kevin Gracey with the Rapid Relief Team (RRT) discussed his program and how they could aid PCAP clients with food boxes and other essential items.

On March 21, 2024, Camille Schultz, and her team from Within Reach attended for a mutual exchange of information about the programs and what resources they could assist PCAP clients with.

On May 2, 2024, Susan Peacey from the Recovery Navigator Project shared about her program and how PCAP clients could access services through law enforcement referrals.

Client Events

On August 16, 2023, King PCAP hosted a Parent-Meet Up Group at Angle Lake for PCAP parents to meet up with each other and play with their children in the park. Snacks were provided.

On October 28, 2023, King PCAP held a Fall Festival at the north Seattle office. Clients could bring their children and meet one another, paint pumpkins, wear costumes and have snacks.

On November 18, 2023, King PCAP had a Parent-Meet Up Group at the north Seattle office where all clients were welcome to come to the north office to meet one another and do fall themed crafts and activities with their children. Snacks were provided.

On December 20-22, 2023, King PCAP held a holiday event for clients where they could come to the north office and do crafts and pick out holiday gifts for their children from the Toys for Tots program.

On April 13, 2024, several clients attended the Autism Acceptance Fun Run/Walk with their case managers.

On May 10, 2024, King PCAP hosted their second Mother's Day Zoo Day for clients and their families at the Woodland Park Zoo. Admission to the zoo was free to all clients and their families. Snacks and water were also provided for clients and their families while they were there. This was the most highly attended PCAP event.

Personnel

In June of 2024, Case Manager Jennie Darling left her position to return to school full-time. King PCAP had two vacant case manager positions at the end of this reporting period.

Kitsap County PCAP

Successes

Kitsap PCAP has had a stable and productive year for the current reporting period July 1, 2023, through June 30, 2024. The team is entering the third year of the three-year cycle following the 2022 expansion to five full-time case managers and the increase from seventy to eighty-seven clients. Office routines are more established, and the team is working together collaboratively. In addition, the year has been characterized by greater integration of new recruitment, enrollment, and data collection strategies as PCAP moves away from Institutional Review Board guidance. There is a greater understanding of the REDCap data management system with the completion of a full year cycle of use and the team is identifying the most effective ways to provide engage and provide services to clients impacted by their use of fentanyl and other opioids in this post-COVID era.

It has also been an active year for the Kitsap PCAP program, with enrollment consistently remaining above 93% of the funded level. Referrals have been steady, with strong partnerships from the Kitsap County Jail Re-entry Program, local birth hospital, Swedish Ballard Addiction Recovery Services, and the START inpatient program at MultiCare Good Samaritan Hospital. The program has also benefited from renewed relationships with the local Division of Children, Youth, and Families, including Safe Babies Court. This reporting period, the Kitsap team collaborated more closely with the Port Gamble S'Klallam Wellness and Indian Child Welfare programs to serve mutual clients in the tribal substance use disorder treatment program. Additionally, Kitsap PCAP has been active in the newly established Kitsap Home Visiting Collective, staffed by the Public Health Educator at the Kitsap Public Health District, and contributed to creating a Pregnancy and Parenthood Support Line to provide information about local services, including PCAP.

Information about the program shared in community networking events including the July 20, 2023 Maternal Mental Health forum; the September 20, 2023 Kitsap Community Resources and Wellness Fair held over three days in three different areas of Kitsap County; the September 22, 2023, Therapeutic Community Resource Fair in Bremerton; the September 23, 2023, Peninsula Community Health Services Community Baby Shower in Bremerton; the January 23 to 25, 2024 Project Connect and Homeless Count in Time event in Poulsbo, Bremerton and Port Orchard; the April 24, 2024 Developmental Disabilities Resource Fair in Silverdale.

In addition, Kitsap PCAP staff regularly attend and disseminate program information at the monthly Kitsap Information and Referral Network, regularly update the 211 listing, attend the monthly Kitsap

County Housing and Homelessness Coalition, and are active participants in the quarterly DSHS Local Planning Area Partnership meetings.

The five Kitsap case managers have often taken the creative lead in client and community outreach, encouraging and supporting client participation in both new and already established services, including “Momma Moves” weekly walking program; “Bedtime Books at Bethany” reading program; Safe Babies Court and other therapeutic treatment courts, and by working collaboratively with Kitsap County Early Head Start and Head Start programs to enroll families in quality early learning programs. The team continues to feel grateful for partnership with the local group “Stitch and Serve” who provide the Kitsap clients with handmade quilts, baby blankets, knitted hats and scarves, baby toys and bedding.

Kitsap PCAP was selected to continue as a pilot site for the DCYF Substance Use Disorder Pregnancy Hub (SUD-P HUB) referral program. In collaboration with Within Reach and four other pilot sites, the program aims to direct DCYF referrals for pregnant women believed to be using substances. Since these referrals cannot be screened in by DCYF for services, the SUD-P HUB program diverts them to the nearest designated pilot site before birth, aiming to prevent interaction with the child welfare system. Kitsap PCAP has benefited from this pilot by receiving additional referrals and collaborating closely with similar programs across the state, thereby strengthening the services available to the PCAP target population of mothers.

Clinical Supervisor Linda Segur has had numerous opportunities to promote PCAP in Kitsap County, as well as in Washington and Oklahoma. In December 2023, Ms. Segur was awarded a Lifetime Achievement Award by the Kitsap County Human Rights Commission. She was also selected, along with six other community representatives, to travel to Oklahoma City for training with Dr. Chan Hellmann of the University of Oklahoma, becoming part of an active team of designated Washington State Hope Navigators. In March 2024, Ms. Segur provided information about PCAP at a statewide training for new Guardian Ad Litem, and she continues to serve as a member of the Kitsap Health District’s Community Action Board. On May 14, 2024, she spoke as a panel member at the Kitsap County Human Rights Reproductive Rights Forum. Ms. Segur remains a PCAP trainer for the annual refresher trainings and serves as a technical assistant for PCAP sites in rural Oklahoma and Pahrump, NV and has provides consultation for rural PCAP sites in Ontario, Canada.

Lastly, Kitsap PCAP continues to enjoy an excellent relationship with its host agency, Agape Unlimited. The strong connection allows the PCAP staff to benefit from Agape’s growth, excellent reputation in the community and strong staff support programs to include annual training in, among other trainings: CPR/First Aid, client confidentiality, de-escalation and conflict resolution, skills to knowledgably and appropriately promote diversity, equity and inclusion, ethics and mandatory procedures for reporting child and elder abuse and neglect. Agape continues to work closely with PCAP in helping mutual clients access and succeed in Agape’s housing resources, a valuable partnership given the limited options available to most PCAP families.

Challenges

Many of the challenges facing Kitsap PCAP and the clients enrolled are unchanged from the 2022-2023 reporting period. As noted in the successes section, housing options for low-income families remain limited and out of reach for many client families. There are more mothers and children living in their cars or in a recreational vehicle. Kitsap Rescue Mission and other emergency housing consistently maintain wait lists and readily terminate housing for women and their children if substance use is discovered on the premises. Navigating available housing programs is complicated and eligibility criteria can be difficult to

understand. The Kitsap PCAP team is currently undertaking a self-proclaimed “Staff Meeting Study” to explore and map the available housing and establish the criteria required for each housing program.

Meanwhile, lack of housing appears to have had a negative effect on the case manager’s ability to sustain the benchmark twenty-two hours of client time per week. As clients move to more remote and rural areas of the county to find housing, case managers report longer driving times and distances to meet with clients. As this transit time is not tallied as client time, nor as time on behalf of clients, case manager face-to-face time has decreased. The Kitsap team has not used technology such as laptops or tablets in the past but is looking at incorporating this approach as one means to effectively increase time spent with clients.

While enrollments have been steady, the Kitsap PCAP staff are continually challenged in finding creative and effective strategies for maintaining engagement with clients most impacted by their use of fentanyl. The team has appreciated having additional safety training in working in environments where fentanyl may be present and is actively seeking more information to help motivate clients to seek substance use treatment programs, to support healthy parenting, and maintain the often-elusive benefits of long-term recovery. The team continues to look for training and research-based information to this end.

Kitsap County continues to experience a lack of available obstetrical care. Common practice continues to be that obstetrical practices will drop a pregnant woman as a patient if she misses more than two appointments with her doctor despite any identified transportation or cognitive barriers. This reality presents a challenge for many PCAP mothers as their substance use often interferes with knowledge of pregnancy, often until the second trimester, adding risk to the pregnancy as appointments are not available until weeks later. Once pregnancy has been confirmed and the mother is enrolled at an obstetrical practice, keeping appointments can prove difficult as many PCAP clients cannot legally drive or have limited access to a working vehicle. In addition, should the mother seek Emergency Room treatment, wait times often extend for many more hours than women who may be under the influence of substances or with other children in their care can tolerate. Given this, Kitsap PCAP hopes to establish a closer and more collaborative relationship with local midwifery practices, the Northwest Family Medicine Residency program, and the remaining obstetrical practices. In the interim, Kitsap PCAP will continue to transport women to the more available Pierce County obstetrical services.

Staff wellness continues to present challenges. The two case managers who have unexpectedly left their PCAP roles this reporting period have both done so for reasons related to health and well-being. The job has significant physical stressors including prolonged sitting due to long drive times, desk work, and the nature of home visiting as well as psychological stressors of working with the PCAP target population. Staff do frequently share their own wellness strategies and have attempted to establish healthy habits in the office. However, the site’s annual staff retreat day and an emphasis on healthier snacks are not enough to counterbalance the dangers of secondary trauma and compassion fatigue. PCAP case managers are working with a population who have experienced, or are experiencing, an elevated level of adversity and a notable lack of resources to address the impacts of past trauma on their lives and the lives of their children. The focus on working with clients to address self-care and wellness issues during the PCAP June staff gathering was appreciated. The need to continue to be intentional about building wellness practices for staff will continue to be a goal for the upcoming year.

Visitors to Staff Meetings

On July 27, 2023, Alanna Feltner, PCAP Evaluator and Sarah Franich, PCAP Evaluation Data Quality Specialist, joined the Kitsap PCAP team by Zoom to answer specific REDCap data entry questions and review procedures to document services provided to enrolled clients.

On August 16, 2023, Wanda Yamashita, certified Child Passenger Safety Technician, provided an extended Child Restraint Safety Training to include instruction, written materials, and an opportunity for firsthand practice in installing car seats into the five PCAP fleet cars.

On October 26, 2023, Jordan Brott, Social Service Specialist at Washington State DSHS, provided information about the benefits and services available to eligible PCAP clients and took PCAP recruitment materials for distribution in the lobby of their local office. In the name of closer collaboration and to support accurate monthly reporting for WorkFirst requirements, Clinical Supervisor Linda Segur was invited by the WorkFirst Supervisor to address DSHS WorkFirst staff on November 2, 2023

On December 21, 2023, Mary Rose DeWald, LICSW and owner of Flying Bagel Counseling, explained both the counseling and parent coaching programs available through her practice free of charge to PCAP mothers and children. She reviewed eligibility criteria and how best to support mutual clients to ensure maximum benefit from coaching and counseling services.

On February 8, 2024, Sara Marez-Fields, Executive Director of Agape Unlimited, led a discussion and provided training in correctly completing the general PCAP Release of Information (ROI) template adapted from Agape's ROI. The training focused on ensuring completeness and compliance with current Medicaid expectations for accurate description of information to be shared.

On February 22, 2024, Melissa Pittenger, Recruitment and Community Engagement Coordinator Assistant and Infant/Toddler Parent Coach with Olympic Educational Service District 114 Early Learning Programs in Bremerton, brought information about county reading and kindergarten preparedness programs and family resources.

On February 29, 2024, DeeAnn Heins, Agape Business Manager and Rachel Mooney, Agape Bookkeeper, discussed financial matters, reviewed cell phone policy, and provided instruction for documenting Flex Fund receipts in QuickBooks. Staff appreciated the clear instructions and opportunity to discuss procedures that help create a smoothly functioning office.

On April 4, 2024, DeeAnne Jackson, Coordinator of the Kitsap County Substance Use Prevention Coalition, provided a short training on fentanyl and other substances of abuse prevalent in Kitsap County and explained the work done by the Prevention Coalition. She left informational materials on prevention programs available to parents.

On April 11, 2024, Madison Allen, Safe Babies Court Program Coordinator at Kitsap County Juvenile and Family Court Services, provided information on both Safe Babies Court and Kitsap's other treatment courts. She reviewed eligibility criteria, expectations for compliance with court requirements and how PCAP staff can support mutual clients.

On May 9, 2024, Becky Turbyfill, Kitsap County Court Facilitator, joined by Zoom to discuss the services offered by the courts to file parenting plans and guardianships. She provided written materials and reviewed the steps the PCAP staff can take to ensure clients successfully complete the required paperwork.

Client Events

On August 24, 2023, Kitsap PCAP hosted an early evening "Picnic in the Park," providing sack dinners for clients and their families. PCAP staff also assisted clients in using their EBT benefits to purchase fresh fruits and vegetables at the nearby Bremerton Farmer's Market. Additionally, families had access to free

back-to-school supplies provided by the local organization Stand Up for Kids. Twelve families attended, with a total of thirty-eight mothers, children, friends, and family members joining PCAP staff for the three-hour event.

On October 2023, PCAP staff donned costumes and joined Agape Unlimited staff in providing an office-based “Trunk or Treat” experience for clients and their families. Toothbrushes were distributed as well as treats for the many children who came to the door.

On December 8, 2023, all PCAP families were invited to the office for cookies and cocoa. Clients had the chance to win a handmade quilt, take photos with their children, make holiday ornaments, and receive a children’s book. A representative from Olympic Educational Service District 114's early learning programs was also present to discuss Early Head Start and Head Start, providing parents with bags of art supplies and other items for young children. Twelve mothers and their children attended, expressing gratitude for the gathering and the opportunity to have photos taken with their children.

On February 14, 2024, Kitsap PCAP invited clients to the office to create “soul collages” focused on their concept of love. Materials for the collages and light refreshments were available throughout the day. Six clients attended and created artwork.

Throughout the month of March 2024, Kitsap PCAP held a “Spring Cleaning” raffle featuring a prize of over \$100 in cleaning supplies not covered by Supplemental Nutrition (SNAP) food stamp benefits. Clients were given one entry for each face-to-face contact with their case manager and over fifty entries were made.

Personnel

In January of 2024, long time Case Manager Cecelia Walker retired from her position after fifteen years of service. Laura Daley joined the team in early April 2024; however, after only four months in the case manager position, Laura has decided to accept a half time parent coaching job and will be leaving Kitsap PCAP in August 2024. At the time of this report, Kitsap PCAP is again seeking to fill a case manager position.

Pierce County PCAP

Successes

Pierce County PCAP celebrated numerous successes during this past year.

- On August 8, 2023, all staff at Pierce PCAP obtained updated CPR/First Aid Training with Cascade Healthcare.
- On August 23, 2023, Pierce and King PCAP held a joint staff retreat, featuring a pool party. The event included a potluck BBQ, swimming in a heated pool, various games, and a visit from motivational speaker Tamar Jackson.
- All Pierce PCAP staff attended a resource-sharing luncheon with WeCare Daily Clinic in Auburn on September 6, 2023. Staff toured their facility, learned more about their peer program, and exchanged resource information.
- From September 28-29, 2023, Pierce PCAP staff attended the fourth annual virtual 2023 Re-Imagining Behavioral Health: Race, Equity and Social Justice Conference, hosted by the Behavioral Health Institute at Harborview Medical Center. This year’s conference theme was

"Breaking Barriers, Driving Change across Systems". The team enjoyed learning from diverse presenters on subjects like Storytelling, Equity and Dignity, and workplace mental health and well-being.

- From October 7-8, 2023, Pierce PCAP partnered with Pierce County Toys for Tots to volunteer at a pop-up sale aimed at raising funds for the organization. Following the sale, Toys for Tots generously donated items to families served by Pierce PCAP.
- On November 1, 2023, Pierce PCAP volunteered with the Pierce County Community Engagement Task Force and had a resource booth at "Collaboration for A Cause- Job and Resource Fair" at the Tacoma Dome. This event had over 1200 community members in attendance.
- On November 9, Pierce PCAP presented their program to social work students in a social policy class at Pacific Lutheran University. This opportunity facilitated a partnership with PLU and led to the establishment of a BSW internship program. After interviewing candidates, the team selected a BSW intern who will begin in September 2024. The inclusion of an intern will bring fresh perspectives, enhance the team's capacity to serve clients, and provide valuable direct experience for the intern, contributing to the professional development of future social workers. This partnership will also strengthen the relationship between Pierce PCAP and the academic community, fostering ongoing collaboration and mutual growth.
- On March 5, 2024, Clinical Supervisor Stephanie Patterson was awarded a Pierce County Community Engagement Task Force Pillar Award for 'Innovation in Community Excellence'. This prestigious recognition acknowledges individuals whose innovative approaches have effectively reached diverse groups within Pierce County, making a significant impact on community issues.
- On April 11, 2024, Pierce PCAP received its final diaper donation from March of Diapers. This organization has generously supported over fifteen different organizations, including Pierce PCAP, for many years. Although March of Diapers will cease its large annual diaper drive, it will continue to provide services to South King County families from its new diaper bank location in Federal Way. In gratitude, the team presented Cheryl Cole-Hurst with a thank-you card and flowers.
- Mrs. Patterson enlisted Tamar Jackson and Sam Bradshaw from 80Grit Consulting to deliver professional development training to the team. From April 26th to May 24th, 2024, the team took part in "The Self-Nourishment Blueprint: The P.O.U.R Series" (Perceivable, Operable, Understandable, Robust) each week. This training emphasized the importance of self-empowerment and well-being, providing a framework that helped the team cultivate resilience while fostering collaboration and mutual support. This initiative has contributed to creating a more cohesive and thriving environment, aligning with the team's shared values.

Challenges

This year, the Pierce PCAP team has encountered several challenges, each presenting valuable opportunities for growth and learning.

- For part of this reporting period Pierce PCAP was short staffed. This is always challenging when case managers have to carry larger caseloads. As usual, the team pulled together and focused on offering the best services possible to all Pierce PCAP clients.
- The Pierce PCAP team faced some challenges around switching to REDCap, particularly with

managing goal forms and updating the last date of contact. These issues are regularly reviewed, and the team has established a process that works effectively for them.

- Pierce PCAP continues to struggle with finding housing and shelter for clients. There have been multiple instances during this reporting period where the team was unable to locate a single available shelter bed within a five-county radius. This ongoing challenge creates significant barriers for clients and makes it difficult to access essential services. Additionally, the scarcity of shelter and housing options increases the strain on resources and limits PCAP's ability to provide timely and effective support. The uncertainty and instability can make it harder for clients and their families to focus on long-term solutions and recovery.
- On February 6, 2024, one of the fleet vehicles was stolen from in front of the office in the middle of the afternoon. This incident marks another instance of vehicle theft that the Pierce PCAP team has had to address. In response, the team collaboratively shared vehicles to ensure uninterrupted service to clients until a new vehicle was acquired in May 2024.

Visitors to Staff Meetings

On August 2, 2023, Rebekah Cantrell from Ideal Options discussed their medication-assisted treatment program. They provide services to individuals with opioid use disorder and alcohol use disorder.

On August 16, 2023, Brooke Gower and Kelsey Cass discussed treatment options at WeCare Daily clinic in Auburn, WA. They offer behavioral health counseling, medication for opioid use disorder (MOUD), perinatal support to pregnant individuals experiencing opioid use disorder, and have a mobile unit in Tacoma. They shared information on their transportation services, as well as their Neighborhood Center, where clients can go to receive resources, connect with peer specialists, and engage in recovery related activities.

On March 26, 2024, Rebekah Cantrell her new role as Director of Outreach Services for Rainier Recovery, returned to visit the staff. Ms. Cantrell shared that Rainier Recovery offers drug & alcohol assessments, intensive out-patient groups, mental health counseling, peer support and case management, and housing & employment services.

On April 24, 2024, the team received a training and presentation by Katie Raser from Open Adoption & Family Services.

On May 29, 2024, Quad C members Adriane Wilson, Corwin Scott, and Corenna Khieu discussed community engagement and partnerships. They shared the projects they are working on and provided information on networking connections that could be valuable to PCAP clients, such as the Evergreen Empowerment Group that provides legal services to underserved communities.

On May 15, 2024, Patrick Evans, new CEO of Evergreen Recovery Centers, came to staff meeting to introduce himself and meet staff for the first time.

On June 5, 2024, Ronda Metcalf, Director of Puyallup Children's Services, and Candy Hamilton Puyallup Tribe CPS Supervisor, discussed partnering with Pierce PCAP. They shared about their services and educated staff on the differences between tribal CPS and non-tribal CPS.

Client Events

On July 26, 2023, Pierce PCAP held its second annual Ice Cream Social and BBQ at Franklin Park. Clients and their families enjoyed the splash pad, indulged in delicious food, and listened to music. The event also featured a raffle with various prizes, including Amazon Fire tablets, gift cards, and self-care baskets.

From October 17th to 19th, 2023, Pierce PCAP hosted a "PCAP Pop-Up Shop." This event offered new and gently used women's and children's clothing, shoes, jewelry, backpacks, purses, and household items, all donated for clients to shop at no cost. Any remaining items were donated to various organizations across Pierce County.

On December 17, 2023, Pierce PCAP hosted its second annual "PJs, Pancakes & Presents" holiday party to celebrate with clients. This event was made possible through a generous toy donation from Toys for Tots. Families attended in their favorite holiday pajamas and enjoyed a pancake breakfast. The festivities included holiday crafts, movies shown on a projector, and the opportunity for families to select gifts for their children.

Personnel

There have been only two staff changes during this reporting period. Niccol Pires was hired as a case manager on October 23, 2023. Felice Wright left PCAP on June 25, 2024.

As of June 30, 2024, Pierce PCAP has one vacant case manager position.

Skagit County PCAP

Successes

As a joint team, both Skagit and Whatcom County PCAP sites attended the Child Car Seat Safety and CPR training held by Brigid Collins Family Support Center (BCFSC) for Safety Month.

One of Skagit's successes has been outreach and engagement in community events. It builds not only PCAP's connectedness to area providers but encourages referrals. Two of the outreach events were a part of were Family Reunification Day for Skagit's Family Recovery Court (FRC) and the Skagit County Fair resource table.

PCAP presentations have also been a part of community connections and presentations were made by PCAP Supervisor, Charlene McPherson, at the Perinatal Mental Health Conference and the Prenatal and Early Childhood Advisory Board.

Ms. McPherson was invited to be interviewed for a promotional video featuring a PCAP client's success story, which was highlighted during the BCFSC Auction Night dinner. The video is currently available on the BCFSC website. The screening of the video after dinner contributed to making the event one of the agency's most successful, receiving widespread positive feedback from attendees. (See Media Presentations.)

PCAP has achieved significant successes in the courts through its involvement in Skagit and Island Counties. Case Manager Leslie Mingo continues to serve as the liaison to Skagit's Family Recovery Court (FRC). Graduates of Ms. Mingo's program often mentor others enrolled in FRC and share their success stories at the annual FRC Reunification Day. Similarly, Case Manager Beverly Smisaert has established strong community relationships through her involvement with the FRC in Island County.

Clinical Supervisor Charlene McPherson maintains strong community connections by regularly attending monthly meetings of the Skagit Children's Council, P-3 (Prenatal to 3 years) group, Prenatal and Early Childhood Advisory Board, and Joint Home Visiting meetings.

Challenges

Challenges for Skagit County continue to be the lack of affordable housing. Rent and basic needs amounts continue to rise, and wages do not. New apartment buildings are currently being built in the area but unfortunately, they are not at affordable prices. Most clients that have been successful in finding housing have been enrolled in one of the area's housing programs, through a coordinated entry process or court involvement. Skagit has a total of eight year-round shelters and five of those are available for women and children. Skagit Domestic Violence and Sexual Assault Services, Community Action Family Development Center, Anacortes Family Center, The Women's Friendship House, and Family Promise. For clients that do not have their children with them we can refer them to Skagit First Steps, which is also the county's cold weather shelter.

Fentanyl use has posed significant challenges in the community, with treatment options being limited, a situation mirrored across several counties in the state. PCAP has addressed this issue by encouraging clients to seek safe withdrawal at the Skagit Community Detox Center, which also helps in finding inpatient treatment options. However, due to the lack of an inpatient treatment center for women and children in Skagit, outsourcing treatment can be a lengthy process.

Skagit County is pursuing harm reduction strategies by implementing naloxone (Narcan) overdose training and increasing its accessibility, posting locations for fentanyl testing strips, and operating a Mobile Syringe Exchange Program. Public awareness has been bolstered through the creation of SkagitRising.org, a website providing resources and information about opioid and substance use. Added measures include the Secure Medicine Return program, drop-off sites, and the Opioid Notifiable Ordinance, which mandates that healthcare providers report any opioid overdose to Skagit County Public Health within 72 hours. Follow-up efforts are then made to contact residents who have experienced an overdose, offering check-ins and referrals as needed.

Visitors to Staff Meetings

On November 6, 2023, Sue Mahar, Community Engagement and Outreach Officer, of BCFSC Moms in Recovery Program, provided information on eligibility and referrals for clients that are exiting PCAP for aftercare support.

On January 8, 2024, Tiffany Roberts, Family Support Team Program Director at BCFSC, presented ideas for self-care. It was well received by staff.

On February 21, 2024, Ruthie Taylor, Parent Representation, of Whatcom County Public Defender's Office, presented information about their program. It is a resource that will support and provide legal advice while the client is still recovering in the hospital from having her baby and faces DCYF involvement.

Client Events

On November 7, 2023, the Wear a Big Smile Foundation donated Western Chief rain boots for PCAP mothers and their children. This is an annual donation and appreciated by the clients.

On December 22 and 23, 2023, the Sugar Plum Christmas Event was held at the office, providing Christmas toys for clients' children. The new toys were generously donated by community businesses,

including a specific toy drive by Les Schwab Tire Center and contributions from Toys for Tots, which significantly contributed to the event's success. Both clients and staff eagerly anticipate this annual event, and this year, we were able to support 122 families and 321 children.

On December 27, 2023, BCFSC held a diaper drive for the local diaper distribution center through United Way. PCAP was able to take advantage of social media platforms to promote the drive.

Personnel

In June of 2023, Rina Bolden left her case manager position for personal reasons. We were able to fill that position with Lacey Youngmark, but unfortunately Mrs. Youngmark left after receiving an offer of a position with another agency that was closer to her home.

All of Skagit PCAP staff received a 4% cost of living raise in July of 2023. We have one open case manager position at the end of this reporting period and are hoping to fill it as soon as possible.

Snohomish County PCAP

Successes

Snohomish PCAP continued their partnerships with both the Woodland Park Zoo and the Seattle Aquarium, with both agencies providing no cost admission for clients. In addition, the Woodland Park Zoo provided 20% off all food and beverages for clients while they are at the zoo.

Sound Pathways received a \$50,000 grant from Whitehorse Foundation which provides homeless prevention services to low-income individuals to overcome barriers to housing stability and improve their overall well-being. Snohomish PCAP was able to use over half of these funds to support its clients.

Snohomish PCAP was awarded a \$10,000 Tulalip Grant which facilitated various forms of assistance, including motel vouchers for up to two weeks per household for those in need of immediate shelter, rental assistance to prevent evictions, rental application fees, rental deposits for securing new housing, and provision of basic essential needs items for unhoused families until they could secure stable housing. This support provided hope and stability to families in dire need:

- Rental assistance was provided to over 40 families, preventing eviction, and ensuring housing stability.
- Over 25 households received up to two weeks of motel shelter as they awaited more stable housing.
- Basic needs, support and care were extended to more than 250 individuals as they embarked on their journey toward stability.

In February 2024, Snohomish PCAP was featured in two online articles in the Everett HeraldNet. (See Media section.)

Challenges

During this reporting period staff turnover has been challenging. The site struggled to find good candidates with the appropriate experience.

The increase in fentanyl overdose cases has been a challenge for staff and clients. Three children under the age of three overdosed, resulting in one death.

During this reporting period the site struggled with client enrollments. They utilized the UW to complete their intake Addiction Severity Index (ASI) intake interviews and have had difficulty getting some clients to keep their appointments and complete the ASI in a timely manner.

Visitors to Staff Meetings

On September 18, 2023, Ken Norris from Life Savers recertified the team in CPR and in Bloodborne Pathogens.

On December 6, 2023, Jenna Buzzard, Cate Heidi, and Debra McKenna from Wonderland explained how their FLIP program can support clients and how their referral process works.

On February 7, 2024, Debra McKenna from Hope Rising/Wonderland discussed Circle of Security. Ms. McKenna began leading Circle of Security groups for clients on March 7, 2024.

On April 1, 2024, Jacob Grillo from Conquer discussed MAT services in Monroe, WA, other resources Conquer can provide, and how the two programs can work together to support mutual clients.

On April 4, 2024, Channing Reeves from ABC LAW Group informed staff on the changes coming to the Keeping Families Together Act.

On May 6, 2024, Jacob Schapiro, Lisa Olason, and Christina Harter from Workforce discussed their program and services offered that would be beneficial to PCAP clients.

Client Events

On August 16, 2023, Snohomish PCAP hosted its annual summer picnic and BBQ. The event featured face painting, a raffle, coloring, and various crafts. Fifty past and present clients attended, and their children enjoyed the splash pad while clients had the opportunity to connect with one another.

In December 2023, Snohomish PCAP staff hosted their annual Holiday Gift Shop at the office. Ninety clients attended, selecting from a variety of donated new toys, clothing, books, and electronics for their children.

On December 20, 2023, the site held its first Christmas party, with over 80 clients in attendance. Evergreen Recovery Center PPW provided shuttle services for mutual clients. The event featured food, crafts, games, and a singing Santa. Notably, some clients mentioned that this was their first opportunity to get pictures of their children with Santa.

On April 18, 2024, Snohomish PCAP hosted a spring event at the office focused on self-care and meditation. The event included cupcake decorating, crafts, and photos with the Easter Bunny.

Personnel

In October 2023, Clinical Supervisors Debbie McBrayer and Toni Gardner departed from their positions, and Case Manager Jennifer Hall was promoted to Clinical Supervisor. That same month, Kateri Mottaz joined the case management team, followed by Stephanie Fahey in November. In February 2024, Case Manager Caitlin Velasquez left her position, and in June 2024, Deb Venable also departed, with Aeris Fredrickson joining the team.

Spokane County PCAP

Successes

Spokane PCAP maintained an 85% enrollment or above and did not fall below contract capacity. More clients were unenrolled this year, which made room for clients who are ready to engage and participate in services.

Case managers worked closely with different agencies that provided Foundation Community Supports (FCS) funding. This program helped provide housing for clients along with furniture and any household supplies for women in need.

In January 2024, Spokane PCAP participated in the Homeless Connect annual event by hosting a booth. This event, aimed at unhoused and underserved community members, offered services ranging from haircuts and pet vaccinations to mental health support and warrant recalls. Lunch was provided throughout the day, and a winter clothes donation area was also available.

Spokane PCAP initiated engagement with the newly formed Home Visiting Collaborative to enhance resource sharing and networking efficiency. In December 2023, Spokane PCAP also began collaborating with the Spokane Birth Doula Collaboration to offer clients a safe, memorable, and empowering alternative birthing experience. This partnership is currently seeking grant funding and exploring additional resources to make the service more accessible to clients.

Spokane has seen the addition of several new detox centers and three new providers of Medically Assisted Treatment (MAT). Additionally, SNAP has opened a back-rents funding program, and HUD has provided Family Unification Program (FUP) vouchers that some clients are eligible to access.

The Recovery Cafe expanded its services over the past year, providing a supportive space for community members facing substance use disorder (SUD), trauma, mental health issues, and homelessness. The Cafe offers treatment services, fosters a recovery community, and hosts related events, mentoring, and resources. The foundation integrates lived experiences into its service administration and remains committed to building and supporting the recovery community.

Challenges

Spokane PCAP continues to face many of the same challenges and obstacles as other sites. Clients, as well as case managers, struggle with the lack of affordable housing and rising rents and is becoming more difficult for felons to secure. Additionally, there is less funding available for food and utilities.

The fentanyl crisis is worsening, with fatal overdoses on the rise. Methamphetamine users are increasingly becoming addicted to fentanyl as it is often laced into meth. The shortage of beds and staff at detox centers forces many individuals to undergo detox in jail, prolonging the process. Consequently, more mothers are ending up on the streets, unable to care for their children due to the overpowering nature of their addiction.

Access to primary care and mental health services has become increasingly challenging due to long appointment wait times—sometimes extending to 8 or 9 months—and insufficient staffing. Case managers report that service providers, including DCYF, often fail to return phone calls promptly, if at all. Identifying untapped resources and staying informed about existing ones is both a persistent challenge and a priority that case managers regularly address and share with one another.

Maintaining client engagement was challenging during staff turnover, with four case managers leaving and four new ones being hired.

Visitors to Staff Meetings

On October 23, 2023, Tiffanee Crawford from REVIVE Counseling presented the services offered by her agency, including Trauma-Focused Therapy, peer-led healing-centered engagement, supportive housing, employment services, and substance treatment, along with other trauma-focused mental health services.

On December 18, 2023, Carlee Howie, Intake Coordinator for Strong Families, presented on her agency's services. Strong Families provides respite care for families in need of safe childcare for periods ranging from days to months. Spokane PCAP has successfully connected clients with families who can care for their children during treatment, surgeries, or to prevent removal by DCYF (Department of Children, Youth, and Families).

On January 22, 2024, harm reduction and trauma-informed doulas Whitney Bean and Jenn Bennett, members of a newly formed doula collaborative project, attended the staff meeting. Their mission is to provide birthing support services to underserved, low-income, LGBTQ+ individuals, those impacted by SUD, and those with trauma histories—groups that typically lack access to such services. Limited funding is available through some grants, and the doulas are collaborating with state insurance providers, the legislature, doctors, and other birthing professionals to offer these services at minimal or no cost to clients. They provided written materials for case managers and clients, including referral information through the Wellness Center (Health and Justice Recovery Alliance).

On March 25, 2024, Justin Mauger from the Spokane Poison Control Center conducted NARCAN training for the staff. He discussed the fentanyl crisis, provided detailed information about NARCAN, and outlined various scenarios requiring its administration. He demonstrated how to administer the product and explained the process for replenishing the supply through the center. A supply of NARCAN was provided, which was distributed to clients upon request, saving several individuals who overdosed.

On April 8, 2024, Leah Lusk from Open Adoption Family Services presented on the open adoption process, emphasizing the goal of keeping children within families and out of foster care. Open adoption involves the sharing of identifying information and contact between the adoptive family and birth mother, both during and after the adoption process. The nature and frequency of contact can vary widely, with no two adoptions being the same. It is important to note that open adoption is not co-parenting.

On April 22, 2024, Program Coordinator Tamara Shoulders and Associate Cynthia Vanderwolk presented the Parents for Parents (P4P) program, affiliated with the Health Justice Recovery Alliance. P4P is a parent mentoring program designed to educate parents on navigating the Child Welfare Dependency System. The program employs Parent Allies (PAs) who provide support at shelter care hearings and lead a two-hour educational class called Hope 101 (Helping Other Parents Engage). Child welfare dependency court professionals collaborate with PAs to present information to parents.

Client Events

In July 2023, Spokane PCAP hosted a client “park day” at Autobahn Park, providing pizza and ice cream for clients and their families. The event facilitated the formation of sober, lasting friendships among clients.

On June 10, 2024, PCAP held a barbecue for clients in the agency parking lot. Clinical Supervisor Jodi Osinski grilled hotdogs and veggie burgers, while case managers contributed salads, beverages, popsicles, and condiments. Canopies provided shade on the hot, sunny afternoon as clients played corn hole and engaged in lively conversations. All had a fun time.

Personnel

In September 2023, Case Manager Jana Bowman left her position, followed by Monica Larson in October. Micaela Sepulveda was hired in October 2023 but left after three weeks in November. Taylor Rein joined the PCAP team in November 2023. Alexis Fanning was hired in January 2024 and resigned in April. Finally, Genevieve Lecou was hired in June 2024. By the end of this reporting period, PCAP was fully staffed.

Thurston/Mason/Lewis Counties PCAP

Successes

The Thurston, Mason, and Lewis (TML) PCAP site had many successes during this reporting year. The site started the new year as it has in the past, concentrating on team building and leadership development to continue to adapt to the evolving world and the ever-changing needs of its clients.

TML PCAP continues to strive to be a leader in training for the state of Washington and throughout the country. Clinical Director Kassie Jadin was invited to participate in a PCAP Train the Trainer program, to help lead the yearly statewide PCAP refresher training with veteran trainer Linda Segur. UW PCAP also invited Ms. Jadin to continue the consultation and training process with the State of Oklahoma and the University of Oklahoma PCAP research program. Ms. Jadin traveled to Oklahoma in March of 2024 to facilitate in-person training, consultation, and to provide an overview of the “Statewide Leadership Summit on Family Preservation Strategies for Pregnant People with Substance Use Disorders.” Ms. Jadin also helped facilitate the out-of-state refresher training in July 2024 for out-of-state PCAP sites.

Case Manager Jasmine Trent honored one of her clients who was nominated for the Behavioral Health Phoenix Award, celebrating the client's strength and resilience since joining the PCAP program. Ms. Trent and her client shared in the excitement of the client's accomplishments and enjoyed the evening of celebration.

In November, FESS hosted Dr. Susan Stoner and Alana Feltner from the UW PCAP for the first multiple-site, in-person evaluation training since 2019. The event, held in Tumwater, WA, brought together staff from King County, Grays Harbor, and Kitsap County PCAP sites.

Throughout this reporting period the TML PCAP site Case Managers Courtney Mason and Zoe Lamb started and completed Level One of “Promoting First Relationships” (PFR) and have both moved on to level two. Through the PFR training, Ms. Mason and Ms. Lamb have learned unique consultation and intervention strategies that they integrate into their work with families and children.

In January of 2024, Co-Clinical Supervisor Teya Harris was presented with the City of Olympia Police Coin, which is typically for officers who have made an impact in the community.

Case Managers Taylor Valverde and Jasmine Trent continue to grow the Lewis County Perinatal Mental Health (PNMH) support group “Nurture Northwest” and the associated task force. The Lewis County task force consists of 28 members. The PNMH team also collaborated with the Thurston PNMH for a second

year in a row to provide a community PNMH training held on March 14, 2024, with a specialized topic regarding subsequent pregnancies and birth trauma. Over 100 participants were present.

In this reporting year Ms. Jadin partnered with The Washington Fatherhood Council Commissioned Chamber Collective to conduct the State of Fathers in Washington study, a nine-month project. The study includes a landscape of current policies, funding, programs, and experiences of fathers and fatherhood figures in Washington state, with a focus on identifying gaps and needs to inform strategic planning and policy recommendations. The preliminary findings were presented at the 2024 Fatherhood Summit. Members of the TML PCAP Ms. Jadin, Ms. Wells, Mrs. Valverde, and Mrs. Trent all attended the summit and helped to host the Deep Dive Discussions into Content Areas, Next Steps and Commitment to Action, for the Substance Use Disorder and Behavioral Health table panel.

In May, PCAP Referral Coordinator Sandra Wells Joined the Lacey Food Pantry in their open house of their new satellite location. Ms. Wells was able to foster community connections and network with resources which will be useful for PCAP clients as they work with the community partners in Thurston County. Later that month, the entire PCAP team attended a Prevention Summit at the Squaxin Island Community Kitchens in Mason County. During this Summit, the Thurston Mason Lewis PCAP team was given valuable information on harm reduction strategies for Opioids, Marijuana, and nicotine. The team also virtually attended the 5th Annual Transforming Our Communities seminar. On May 15, the team visited the newly opened “Hope and Healing MAT (Medications for Addiction Treatment) Clinic” that is owned and facilitated by the Chehalis Tribe.

In June of 2024, the Washington State PCAP held its first in person one-day training in Thurston County. The event was attended by PCAP sites across the state, University of Washington's PCAP team, and guest speakers. Sean Hemmerle, Overdose Education and Naloxone Distribution Consultant, WA State Department of Health, PDO Program Director, attended and led a discussion on Fentanyl, Opioid Overdose and Harm Reduction. The TML PCAP and FESS participated in the organization and administration of the day's event, providing IT equipment and assistance, FESS swag, and Naloxone kits.

With the ongoing growth and expansion of the TML PCAP and ongoing support from FESS senior leadership, the PCAP team received an eight percent wage increase.

The TML PCAP site produced updated referral business cards and rack cards, these all now include a QR code that can easily be used in the field by clients and references, and directly connect to TML’s intake connection. The hope is to reduce barriers and create a direct contact for those who need the program.

Challenges

This reporting year, the TML PCAP site has continued to employ Sandra Wells as a full-time Program and Evaluation Assistant (PEA). Although the TML PCAP contract only supports a half-time assistant for eight case managers and two leadership roles, FESS and PCAP leadership have worked diligently to secure Ms. Wells’ full-time position. Her role is essential to the site's effective operation, particularly given the ongoing transition from "Office Assistant" to "Program and Evaluation Assistant." As the largest PCAP site in Washington State, the TML site continues to grow, despite having the same level of support as sites with less than half its client capacity.

Visitors to Staff Meetings

October 2023, FESS Executive Director Shelly Willis, Clinical Director Scott Hanauer and Community Engagement Coordinator Nate Gomez attended to better partner with the PCAP team and prepare for the upcoming holidays.

March 13th, 2024- Kristy Jewel and Anette Erikson, from Gather Church in Lewis, introduced the Parents as Teachers program.

April 14th, 2024- Yakima PCAP Supervisor Kim Hitchcock and Case Managers Jennifer Shelton and Shareika McKechnie shadowed at the TML site.

June 2024- Linda Baur hosted a yearly CPR Certification training during the weekly staffing session. All PCAP team members completed and passed the CPR certification.

Client Events

Throughout June and July, Thurston County Reunification Day, Mason County Reunification Day, and Lewis County Reunification Day Celebrations were held. For most children in foster care, reunification with their family is the best option for a permanent and loving home.

For the second year TML PCAP Case Managers Taylor Valverde and Jasmine Trent facilitated the Lewis County Pari-natal Mental Health (PNMH) support group “Nurture Northwest.” These support groups are designed to meet the needs of pregnant and parenting people and offer discussions on relevant topics. The groups are a place for new parents to learn about common emotional health complications, such as depression, anxiety, and trauma.

The TML PCAP site continued its holiday tradition of partnering with local food banks to provide Thanksgiving and Christmas meals for over 30 families, with the support of Case Manager Zoe Lamb, who assisted in loading and delivering the meals. For the third consecutive year, the site also partnered with Derma Med Spa and Zimmerman Chiropractic to donate Christmas gifts to PCAP families. Dr. Bessie McCann, MD, and her staff contributed \$4,500, enabling the site to provide gifts to over 30 families and host FESS's first "Santa Day," which was an enormous success with clients.

Program Evaluation Assistant Sandra Wells prepared over 150 Santa goody bags, while Jasmine Trent decorated and organized a hot cocoa bar *and* partnered with the Lewis County organization "Kids Read Books" to provide each child with a new book. On her first day with PCAP as case manager, Sophie Hansen assisted with greeting and directing. The entire PCAP team volunteered throughout the agency.

Personnel

During this reporting year, the TML PCAP site faced ongoing staff turnover and operated with two vacant case management positions between October and December 2023. However, the onboarding of new staff in 2024 brought the site back to full staffing levels. In October 2023, Dede Galindo left her position as a case manager after three years to pursue new opportunities and higher wages. Sophie Hansen and Tatiana Hargett were hired as case managers in December 2023. In June 2024, Mildred Gonzales also departed after three years of service.

Whatcom County PCAP

Successes

The Whatcom PCAP team continues to collaborate effectively, supporting one another in meeting client needs while maintaining strong connections with local housing agencies, DCYF, recovery agencies, tribal agencies, and family recovery courts.

As of September 2023, Whatcom has a full staff of four case managers.

Whatcom PCAP clients have had many successes as well. Some clients have had children returned to their care, closed their CPS involvement, celebrated their months and years of continuous sobriety, attended, and graduated from the local community college, obtained childcare and gainful employment, and are currently living in stable housing.

The Whatcom PCAP staff achieved success in outreach efforts throughout the year. In September 2023, Clinical Supervisor Cristi Garner met with the director of New Way Ministries Housing program for women and children to discuss PCAP. In October 2023, Case Manager Maria Wasley attended the Community Resource Network meeting in Bellingham. Case Manager Peyton Brown participated in several events, including the Community Resource Network meeting hosted by the Opportunity Council of Bellingham on February 15, 2024, the "Partner Presentation" at New Way Ministries on February 24, 2024, and the Opioid Treatment Webinar on February 28, 2024. On March 26, 2024, Case Manager Bonnie Breitman and Supervisor Cristi Garner attended the Native Transformations Opioid Summit at Whatcom Community College in Bellingham. On June 25, 2024, Ms. Peyton Brown and Ms. Wasley participated in the Substance Use Disorder Stigma Reduction Community Conversation hosted by North Sound in Deming, WA.

Challenges

Whatcom County as a community is still in the middle of an opioid crisis and many PCAP clients have been impacted. Whatcom PCAP case managers continue to attempt to reach out to clients who have relapsed, moved, or are missing.

As with other counties in the State, Whatcom County as a community also suffers from a shortage of affordable housing which impacts PCAP clients. Case managers have been effective in connecting clients to stable housing provided by Lydia Place, Agape House, and New Way Ministries.

Visitors to Staff Meetings

On January 8, 2024, Tiffany Roberts from BCFSC's Skagit office, gave a presentation on self-care to the Whatcom and Skagit PCAP staff.

On March 14, 2024, Edith Tate from the Bellingham Opportunity Council, presented tax and financial resource information.

On April 11 2024, Karla Anderson, SNAP-Ed Nutrition Educator, presented on how to plan and prepare nutritious meals on a budget.

On June 6, 2024, at the invitation of Case Manager Bonnie Breitman, Natalie Andrews RN, BSN Perinatal Nurse Care Manager from Cascade Medical Advantage, presented the Chuckanut Health Foundation Funds program that has resources available for clients impacted by substance use disorder.

Client Events

Throughout the month of November, 2023, BCFSC supplied meal gift cards and pumpkin pies to families.

In the month of December, 2023, Whatcom PCAP clients attended the Sugar Plum Holiday event hosted by Brigid Collins. New toys and other donated items were delivered to families by PCAP case managers.

In the month of March, 2023, BCFSC received a rain boots donation from Big Smile Foundation. The PCAP case managers delivered pairs of boots to clients and families.

Weekly throughout the last year, Whatcom case managers, in collaboration with the BCFSC Parenting Academy facilitated a weekly in-person Mom's parenting drop-in support group. Lunch and childcare were provided.

Personnel

In July of 2023, Whatcom PCAP hired Case Manager Peyton Brown. In September 2023, Whatcom PCAP hired Case Manager Maria Wasley. Whatcom PCAP is fully staffed and has had no other personnel changes to report.

Yakima County PCAP

Successes

During this reporting period, Yakima PCAP achieved several successes. Clinical Supervisor Kim Hitchcock and Lead Case Manager Amanda Lilly delivered multiple community presentations, contributing to ongoing efforts to introduce and educate Yakima community partners about PCAP. These efforts have successfully resulted in a growing stream of referrals to the site.

Ms. Hitchcock continues her positions with the Yakima Family Treatment Court Counties, Plan of Safe Care implementation team, the Reflective Supervision team the Yakima County, Home Visiting Collaborative Workgroup, and the Trauma-Informed Supervision Group, thus strengthening relationships with community partners and building new community connections. This has been achieved through, community coalitions and task force participation with the following: Yakima Homeless Network, Collaborative Solutions, the Perinatal Taskforce, Family Treatment Court (FTC), DCYF, Yakama Nation Indian Health Services, Memorial Hospital, Astria Hospital, Ideal Options, New Start, Barth Clinic, Merritt Resource Services, Sundown M Ranch, Comprehensive Healthcare, Community Health of Central Washington, Yakima Home Visitation Collaboration, and Yakama Nation Nak-Nu-We-Sha.

Yakima PCAP collaborates with Triumph Treatment Services (TTS) and local community partners to develop and maintain housing resources that prioritize PCAP clients. Currently, Yakima PCAP houses 18 single women with children within TTS's housing program and supports one family in a family housing option. TTS operates nine housing facilities, including a 90-day emergency shelter, four family housing locations, three housing options for mothers with children, and one permanent men's housing facility. Yakima PCAP also assists clients with application fees for other housing options in Yakima County and coordinates closely with various housing programs, including Union Gospel Mission, Camp Hope, Yakima Housing Authority, Yakama Nation Housing, Yakima Neighborhood Health's Rapid Re-Housing program, Northwest Community Action Center, and Comprehensive Healthcare's housing program, to ensure consistent community care coordination.

During the 2023-2024 reporting period, Yakima PCAP continued to provide Promoting First Relationships (PFR), a 10-week home visitation model recognized as an evidence-based intervention and the Department of Children, Youth, and Families' Gold Standard for parenting classes. Case Managers Amanda Lilly, Traci Hanson, Alexis Garcia, and Yanett Alvarez have become certified Level 1 practitioners and are currently offering Level 1 group classes at TTS's Pregnant Parenting Women's Campus. With a grant from the Barnard Center, Ms. Garcia and Ms. Alvarez are also training in Level 2 PFR to assist Ms. Hanson and Ms. Lilly in providing in-home, one-on-one Level 2 PFR interventions.

Challenges

Throughout this reporting period, Yakima PCAP faced ongoing challenges related to the elevated acuity of clients requiring higher-level dual diagnosis treatment. Such treatment is essential for clients to reunify with their children, develop parenting skills, and achieve substance-free living. Unfortunately, no programs in Washington State currently cater to women with children in this situation, leading to prolonged or permanent separation of mothers from their children.

Additionally, the immense demand for mental health services, coupled with a statewide shortage of providers, has left clients unable to access timely care, including primary care, dental care, obstetrics, and medical detox. Another significant challenge has been the reduction of Pregnant and Parenting Women (PPW) beds in substance use treatment facilities. Inadequate reimbursement rates have led PPW programs to cut beds, even amid an opioid epidemic. The state urgently needs more highly qualified staff capable of assisting higher-acuity clients so they can remain in PPW settings.

Visitors to Staff Meetings

On January 18, 2024, Rebecca Dombcik from Preventative Legal Action Program (PLAP) and First Clinic Seattle attended staffing. First Clinic and PLAP is a medical legal partnership dedicated to preventing the trauma associated with family separation. Both entities provide holistic support for pregnant persons and parents of newborns at risk for CPS intervention and child removal. Services include 24/7 legal consultation and peer advocacy support from a parent ally, coordinated medical care, and assistance with coordination for quick access to substance abuse treatment.

On June 6, 2024, Denise Todd, Program Director at MJRN Associates, discussed the referral process for their program, which offers personalized support services for individuals with disabilities, substance use disorders, and mental health conditions. The program's focus includes employment assistance, housing support, and community engagement activities.

Client Events

On July 20, 2023, Yakima PCAP staff hosted its first annual Pool Party at the Selah Aquatic Center, with 45 people in attendance. Clients and their families enjoyed pizza and had exclusive access to the entire pool and lazy river. This event was voted the favorite of the year.

On August 9, 2023, Yakima PCAP hosted its first Movie Day at the Majestic Theatre in Yakima, with 35 attendees. PCAP provided concessions, and clients had the option to choose from three different movies.

On October 26, 2023, Yakima PCAP held its annual Halloween party at the PCAP office, with 40 people in attendance. Clients and their children enjoyed activities such as pumpkin painting, tie-dyeing T-shirts, decorating harvest frames, and guessing the contents of spooky boxes. Everyone was treated to pizza, popcorn, cider, and gift bags. Attendees also made full use of the photo booth.

On December 21, 2023, Yakima PCAP provided gifts to 91 clients and their children through the annual Seasons of Sharing program. This year's program was supported by Gresa, Yakima Federal Savings and Loan, Stephen and Sons Construction, and individual community members in Yakima who adopted families through the Yakima Herald.

On March 25, 2024, Yakima PCAP hosted its second annual Easter event at Franklin Park, featuring an Easter egg hunt. 42 clients and children attended the event, with pizza, Easter baskets, and Easter eggs provided.

On May 9, 2024, Yakima PCAP held its first annual Mother's Day Bowling Party at Nob Hill Bowling Center. All 42 in attendance were given a self-care basket.

Personnel

During this reporting period, Yakima PCAP was fully staffed for 10 months. Case Manager Tiffany Barney left her position on October 19, 2023. On December 20, 2023, Jennifer Shelton joined as the Yakima Quality Assurance Coordinator, while Sharekia McKechnie transitioned to a case manager role starting April 1, 2024. On June 28, 2024, Rachel Carr left her position after completing her graduate degree in Clinical Social Work.

Publications, Products Developed and Other Information Dissemination

Report Time Period: July 1, 2023 through June 30, 2024

University of Washington Parent-Child Assistance Program (PCAP)

Peer Reviewed (Attached Separately)

Stoner, S. A., Graham, J. C., & Grant, T. M. (2023). Evaluating outcomes of a three-year case management program for mothers with prenatal substance use according to race/ethnicity, Washington State, 2006–2017. *BMC Public Health*, 23, 1832. doi: 10.1186/s12889-023-16670-z

Maher, E. M., Stoner, S. A., Gerlinger, J., Ferraro, A. C., & Lepper-Pappan, H. (2024). Study protocol for a randomized controlled trial of the Parent Child Assistance Program: A case management and home visiting program for people using substances during pregnancy. *Trials*, 25, 264. doi: 10.1186/s13063-024-08098-6 [Oklahoma PCAP project]

Publications by Others Highlighting PCAP

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Lesinskienė, S., Žilinskas, E., Utkus, A., Marčiukaičytė, R., Vasiliauskaitė, G., Stankevičiūtė, R., & Kinčinienė, O. (2023). Fetal alcohol spectrum disorders and inadequacy of care: importance of raising awareness in clinical practice. *Children*, 11(1), 5.

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- Morton Ninomiya, M. E., Almomani, Y., Dunbar Winsor, K., Burns, N., Harding, K. D., Ropson, M., ... & Wolfson, L. (2023). Supporting pregnant and parenting women who use alcohol during pregnancy: A scoping review of trauma-informed approaches. *Women's Health*, 19, 17455057221148304.
- Cox, L. V. (2023). The Eastern Door Center: re-balancing the wheel—a Two-Eyed Seeing approach to FASD and other disorders related to transgenerational adversity. *Frontiers in Sociology*, 8, 910153.
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Media

Report Time Period: July 1, 2023 through June 30, 2024

Grays Harbor/Pacific County PCAP

On September 21, 2023, Clinical Supervisor Melissa Dorris was invited to speak about PCAP on the Sunny 102.1 Go Grays Harbor radio station. No media link is available.

Skagit County PCAP

Brigid Collins Family Support Center promotional video. Available at: <https://www.brigidcollins.org/>

Snohomish County PCAP

“I did get better: Program helped Everett mother reunite her family.” *HeraldNet*, (February 17, 2024). Available at: <https://www.heraldnet.com/news/i-did-get-better-program-helped-everett-mother-reunite-her-family/>

“As homelessness rises, Everett programs aim to help struggling moms.” *HeraldNet*, (February 17, 2024). Available at: <https://www.heraldnet.com/news/for-struggling-new-moms-everett-nonprofit-is-a-life-preserver/>

Yakima County PCAP

Seasons of Sharing Returns to Make a Difference for Yakima Valley Families and Children. Tammy Ayer, *Yakima Herald*, November 24, 2023. Available at: https://www.yakimaherald.com/news/local/season-of-sharing-returns-to-make-a-difference-for-yakima-valley-families-and-children/article_8e985998-6c62-11ee-a898-abccd42950f5.html

Need for Diapers Persists, Even With new WA Cash Benefit. Tammy Ayer, *Yakima Herald*, May 1, 2024. Available at: https://www.yakimaherald.com/news/local/need-for-diapers-persists-even-with-new-wa-cash-benefit/article_8ffc514a-fe93-11ee-a7e2-0badd918dff1.htm

Presentations and Trainings by UW PCAP

Report Time Period: July 1, 2023 through June 30, 2024

PCAP Training and Team-Building Event

UW PCAP, under contract with DBHR, was tasked with organizing an annual in-person, statewide training and team-building event for supervisors, with optional attendance for case managers. In February 2024, the UW team conducted a survey to gather staff preferences regarding in-person versus virtual attendance, event duration, team-building activity ideas, and presentation topics. The majority expressed a preference for in-person attendance. Consequently, Program Operations Specialist, Stacy Dimmich, in consultation with Thurston/Mason/Lewis Clinical Supervisor Kassie Jadin, reserved the Lacey Community Center in Tumwater, WA, for June 17, 2024.

A topic of significant interest was the impact of fentanyl use on the case managers' ability to serve clients effectively. Dr. Susan Stoner invited Sean Hemmerle, WA PCO Program Director and Overdose Education and Naloxone Distribution Consultant for the WA State Department of Health, as a guest speaker. Site staff were encouraged to submit questions about fentanyl in advance, which Mr. Hemmerle addressed comprehensively. Another well-received topic was self-care, with Cowlitz Case Manager Terra-Beth Henderson volunteering to present and lead an activity on teaching clients about self-care. The day's agenda also included an icebreaker and table discussions/activities centered on core components of the PCAP model, with a potluck lunch.

Following the event, the UW team distributed a feedback survey. Of the 68 respondents, most provided positive feedback, particularly appreciating the opportunity to meet in person for the first time in over four years, since before the COVID-19 pandemic. However, those attending via Zoom reported difficulties hearing.

Annual PCAP Refresher Training

Trainers: Kitsap PCAP Supervisor Linda Segur and Clark PCAP Supervisor Sara Gongora Garcia

Date	Attending
July 11-13, 2023	C. Walker (Kitsap), R-A Asprey (Clark), S Neiman (Pierce), P. Brown (Whatcom) and S. Foster (Cowlitz).
November 7-8, 2023	Kitsap, Skagit, King, Cowlitz, Grays Harbor/Pacific PCAP, C. Garner (Whatcom), N. Sharkody (Thurston/Mason/Lewis), G. Carroll, K. Mottaz and S. Fahey-Miller (Snohomish), A. Mackley (Clallam/Jefferson), M. Wasley (Whatcom), N. Peris (Pierce), M. Sepulveda (Spokane) and K. Schwab (Grays Harbor/Pacific).

Trainer: Kitsap PCAP Supervisor Linda Segur

Date	Attending
February 14-16, 2024	Thurston/Mason/Lewis, Snohomish and Chelan PCAP, and T. Rein and A. Fanning (Spokane), T. Dunlap and R. Dorshimer (Benton/Franklin), J. Shelton (Yakima) and S. Larsen (Clallam).

Trainers: Kitsap PCAP Supervisor Linda Segur and T/M/L Supervisor Kassie Jadin (Train the Trainer)

Date	Attending
April 15-17, 2024	Yakima, Pierce, Spokane, S. Wauters (Clallam) and L. Daley (Kitsap).

Evaluation Overview for New Hires Training

Trainer: UW PCAP Program Evaluator Alanna Feltner

Date	Attending
November 13, 2023	L. Meacham (Benton/Franklin), M. Golden (Clallam), R Asprec (Clark), S Foster (Cowlitz), M Snyder (Kitsap), C Velasquez (Snohomish), A Hughes (Spokane), and Z Lamb (Thurston/Mason/Lewis).

Annual Site Evaluation Visit Data Review and Training

Trainers: UW PCAP Evaluator Alanna Feltner and UW PCAP Evaluation Quality Specialist Sarah Franich

Virtual Data Review

Date	Sites Present
October 3, 2023	Clallam/Jefferson
October 9, 2023	Cowlitz
October 10, 2023	Spokane
October 12, 2023	Chelan
October 16, 2023	Clark
October 17, 2023	Whatcom
October 23, 2023	Skagit
October 24, 2023	Benton/Franklin
October 26, 2023	Grays Harbor
October 30, 2023	Yakima
November 7, 2023	Thurston/Mason/Lewis
November 9, 2023	Kitsap
November 14, 2023	Snohomish
November 15, 2023	Pierce
November 16, 2023	King

In Person Training

Date	Sites Present	Location
October 4, 2023	Cowlitz, Clark	Cowlitz conference room
October 11, 2023	Snohomish, Whatcom, Skagit	Snohomish conference room
October 25, 2023	Kitsap, Clallam/Jefferson, Pierce	Skookum meeting room

November 1, 2023	Thurston/Mason/Lewis, King, Grays Harbor/Pacific	TML conference room
November 8, 2023	Benton/Franklin, Spokane, Yakima, Chelan	United Way meeting room

PCAP ASI Refresher Training

Trainer: UW ASI Interviewer Annalivia Robinson

Date	Name
July 26, 2023 (completed in one day)	Betsy Ward (King)
July 26, 2023 (completed in one day)	Linda Segur (Kitsap)
July 26, 2023 (completed in one day)	Sara Gongora Garcia (Clark)
July 26, 2023 - August 4, 2023	Anne Grover (Clallam/Jefferson)
July 26, 2023 - August 21, 2023	Melissa Dorris (Grays Harbor/Pacific)
July 26, 2023 - August 22, 2023	Cristi Garner (Whatcom)
July 26, 2023 - August 22, 2023	Charlene McPherson (Skagit)
July 26, 2023 - August 23, 2023	Jodi Osinski (Spokane)
July 26, 2023 - August 31, 2023	Kassie Jadin (Thurston/Mason/Lewis)
July 26, 2023 - August 31, 2023	Teya Harris (Thurston/Mason/Lewis)
July 26, 2023 - September 1, 2023	Dee Cummings (Chelan)
July 26, 2023 - September 26, 2023	Kim Hitchcock (Yakima)
July 26, 2023 - September 27, 2023	Christina Miko (Clallam/Jefferson)

Appendix 1: Summary of Referrals

Report Time Period: July 1, 2023 through June 30, 2024

	Benton/ Franklin	Chelan	Clallam/ Jefferson	Clark	Cowlitz	Grays Harbor/ Pacific	King	Kitsap	Pierce	Skagit	Snoho- mish	Spokane	Thurston/ Mason/ Lewis	What- com	Yakima	Total
Total Referrals This Year	71	16	77	86	41	37	133	60	74	37	152	87	90	46	65	1072
Pending Eligibility Evaluation	0	0	0	2	3	0	33	0	3	0	34	6	4	0	0	85
Evaluated, Eligible	37	10	65	63	32	28	87	59	55	21	74	64	54	37	55	741
Pending intake	0	3	1	2	1	0	4	1	0	1	9	2	0	11	14	49
Enrolled	36	5	53	42	27	15	49	33	36	15	53	52	44	23	36	519
Refused services	1	2	0	14	2	4	28	19	4	2	4	4	3	0	1	88
On waiting list	0	0	11	4	0	0	0	6	11	1	0	2	0	0	0	35
Referred to other PCAP site	0	0	0	1	2	9	6	0	4	2	8	4	7	3	4	50
Found Ineligible	34	6	12	21	6	9	13	1	16	16	44	17	32	9	10	246
Reasons for Ineligibility:																
Connected to services	1	2	0	2	0	0	0	0	0	1	0	1	0	0	0	7
Alcohol/drug use criteria not met	4	1	0	1	0	0	4	0	0	0	0	2	0	0	1	13
Denied alcohol/drug use	15	0	1	1	1	0	2	0	0	0	0	1	0	0	1	22
Pregnancy/postpartum criteria not met	10	2	0	7	1	1	5	1	1	0	13	1	5	0	0	47
Moved from area	0	0	0	5	2	0	0	0	0	1	0	5	1	0	7	21
Miscarried/fetal demise	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Unable to be located	4	0	9	5	0	8	2	0	14	13	30	6	24	8	0	123
Under age 18	0	0	0	0	0	0	0	0	0	1	0	1	0	1	0	3
Deemed ineligible for second round of PCAP	0	1	1	0	1	0	0	0	0	0	1	0	1	0	1	6
Other*	0	0	1	0	1	0	0	0	1	0	0	0	1	0	0	4

*Other: Clallam: under 18 yrs old; Cowlitz: mental health needs too acute; Pierce: deceased; T/M/L: in jail/work release.