

Involuntary Treatment Act

Senate Behavioral Health Subcommittee to Health & Long Term Care
January 18, 2019

Presenters

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Involuntary Treatment Act (ITA) basic steps

- ▶ Investigation
- ▶ Detention
- ▶ Commitment 14-Day Order
- ▶ Commitment 90-Day Order
- ▶ Commitment 180-Day Order
- ▶ Less Restrictive Alternative Order

Investigations and detentions

	SFY 2015	SFY 2018
Total ITA Investigations	21,931	24,639
Investigations Resulting in Detention	9,580	9,941

Note: Numbers = events

Involuntary commitments

	SFY 2015	SFY 2018
72-Hour Detentions	9,580	9,941
14-Day Commitments	4,688	4,582
90-Day Commitments	846	1,285
180-Day Commitments	167	204

Less restrictive orders and revocations

	SFY 2015	SFY 2018
90-Day Less Restrictive Alternative (LRA) Orders	2,976	3,123
LRA Revocations	347	621

Inventory: Short-term civil involuntary treatment beds

- ▶ Certified Evaluation and Treatment Center (E&T)
 - ▶ Freestanding E&T
 - ▶ Psychiatric hospital
 - ▶ Community hospital with a psychiatric unit

Current inventory of short-term adult community involuntary beds

Type	Beds	Facilities
Adult Freestanding E&T	243	17
Adult Psychiatric Hospital E&T	356	7
Adult Community Hospital E&T	262	12
Total Adult Community ITA Capacity	861	36

Planned capacity: Short-term civil involuntary treatment

▶ 2019

- ▶ Evaluation and Treatment Center (E&T), Toppenish Hospital
- ▶ Comprehensive Health E&T, Selah
- ▶ Center for Personal Growth Hospital, Olympia
- ▶ Recovery Place E&T and Secure Detox, King County
- ▶ Telecare E&T, Milton/Summer
- ▶ Mason County E&T
- ▶ Telecare McCleary E&T

▶ 2020

- ▶ Lifeline Connections Secure Detox and E&T, Vancouver

Capacity: State-contracted long-term involuntary commitments

Type	Beds
Astria Toppenish Hospital, Yakima County	10
TeleCare E&T North Sound, Skagit County	3
Kitsap Mental Health Services, Kitsap County	4
TeleCare E&T, Vancouver	3
Virginia Mason Hospital, Yakima	6
Cascade Mental Health E&T, Lewis County	4
Total State Contract Long-Term Beds	30

Planned capacity: State-contract long-term community

- ▶ Skagit Valley Hospital, Skagit County
 - ▶ 4 beds (expected January 2019)
- ▶ PeaceHealth St. John, Lewis County
 - ▶ 2 beds (expected March 2019)
- ▶ Virginia Mason Memorial, Yakima County
 - ▶ 6 beds (expected July 2019)
- ▶ RI International, Lewis County
 - ▶ 16 beds (expected July 2019)
- ▶ Peace Health St. John, Lewis County
 - ▶ 4 beds (expected August 2019)
- ▶ Providence Regional Medical Center Everett, Snohomish County
 - ▶ 6 beds (expected January 2020)

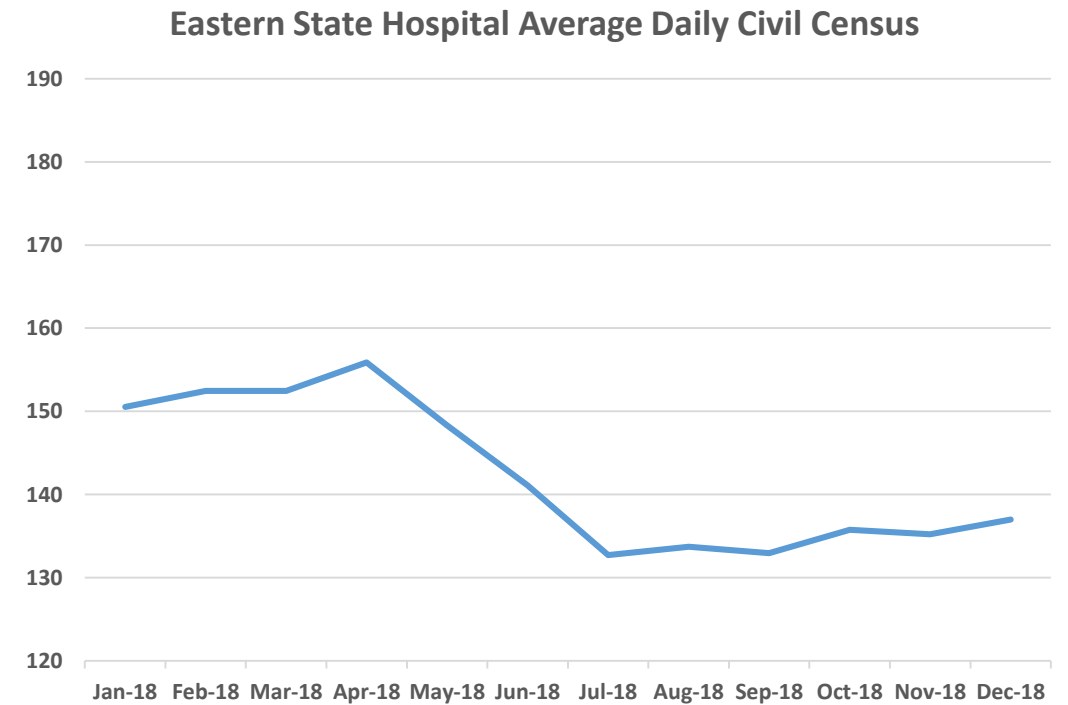
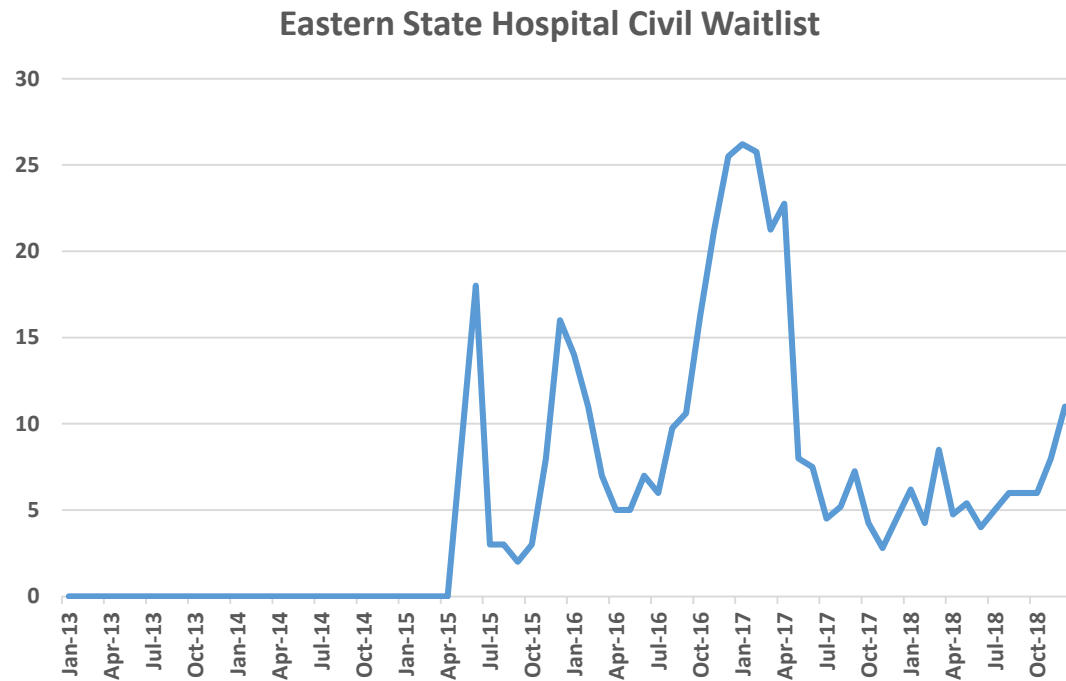
State hospital adult civil capacity

- ▶ Western State Hospital civil beds allocation: 527 beds
 - ▶ 497 beds – East and west campuses
 - ▶ 30 beds – Habilitative Mental Health Unit

- ▶ Eastern State Hospital civil beds allocation: 192 beds
 - ▶ 91 beds – Adult psychiatric unit
 - ▶ 91 beds – GeroPsychiatric unit
 - ▶ 10 beds – Habilitative Mental Health Unit

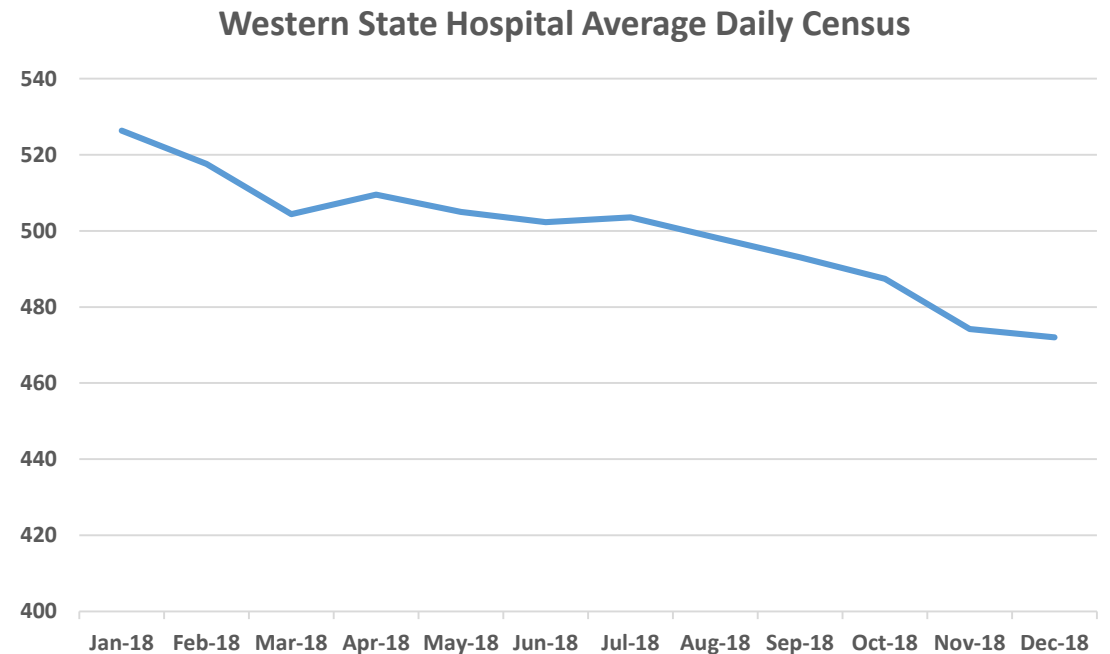
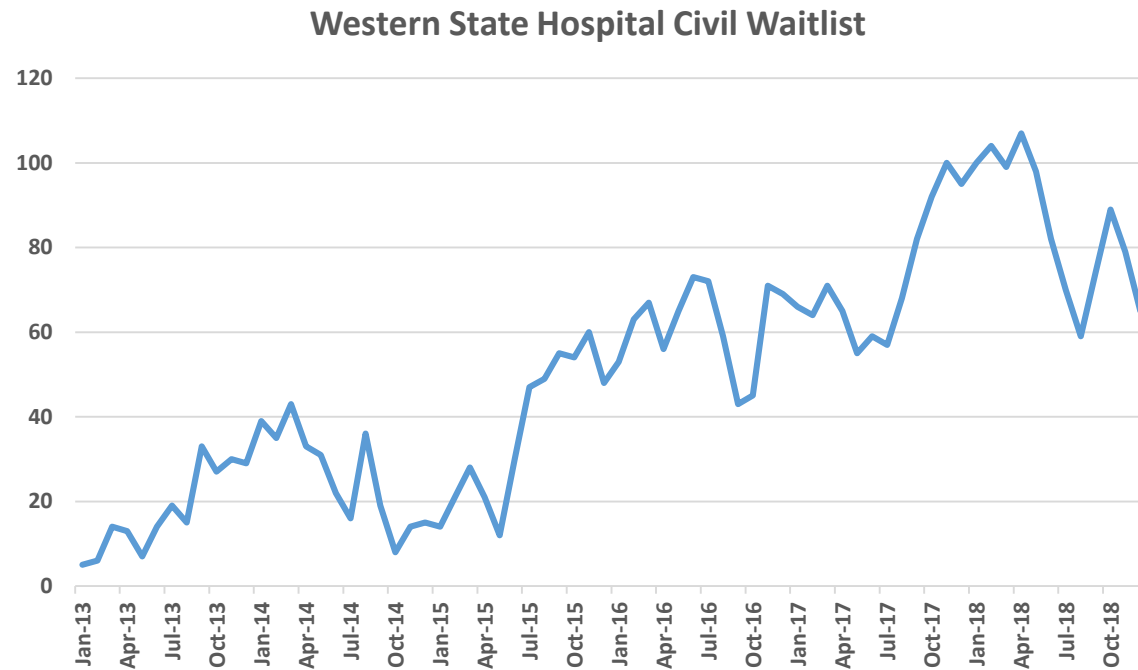
Signs of system strain

Eastern State Hospital civil waitlist



Signs of system strain

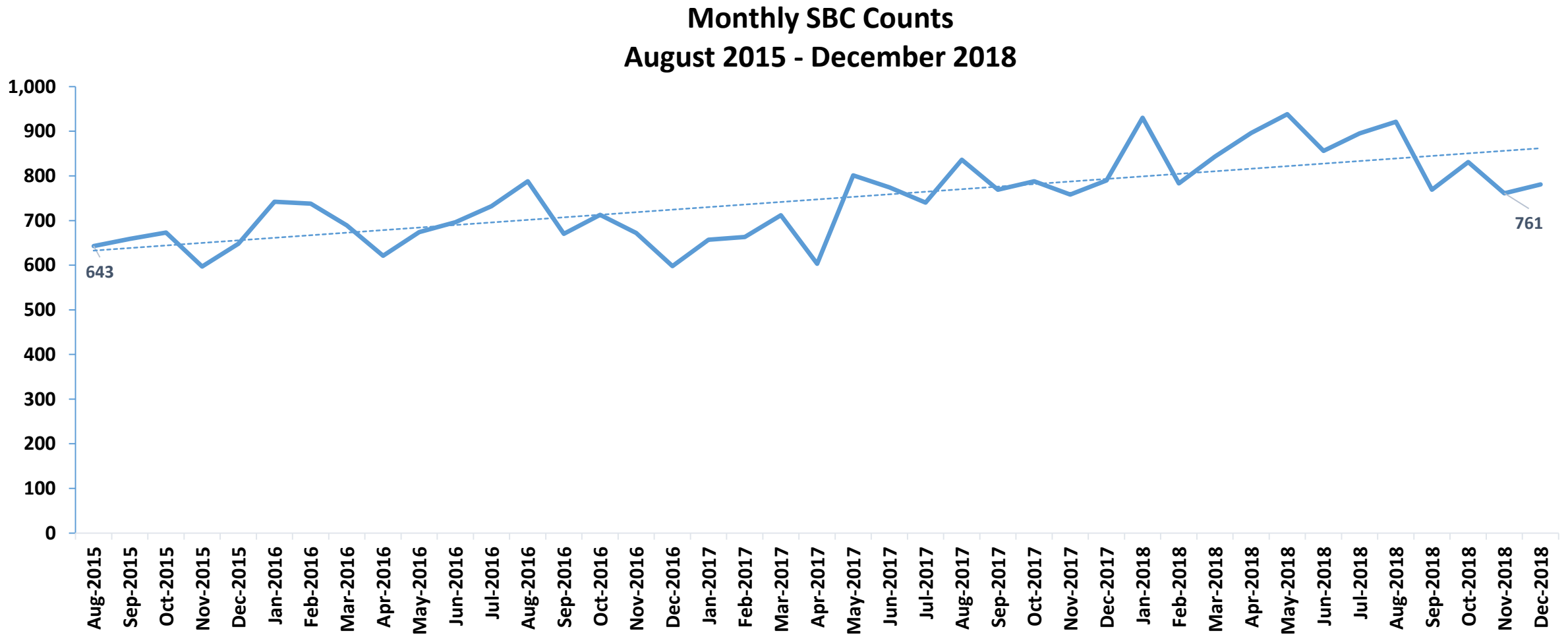
Western State Hospital civil waitlist



Single Bed Certifications

- ▶ Single Bed Certifications (SBC) can be regarded as temporary Evaluation and Treatment Center (E&T) bed
 - ▶ Adults: Only a Designated Crisis Responder can request an SBC
 - ▶ State hospitals conduct clinical review of request and authorize, as appropriate (24/7)
- ▶ Maximum SBC length: 30 days
 - ▶ But can be extended multiple times, such as when individual is on 90-day order and no beds available at state hospital
- ▶ SBC individuals can receive care at:
 - ▶ Freestanding E&T
 - ▶ Psychiatric hospital
 - ▶ Community hospital w/psychiatric unit
 - ▶ Medical/surgical bed at hospital w/o psychiatric unit

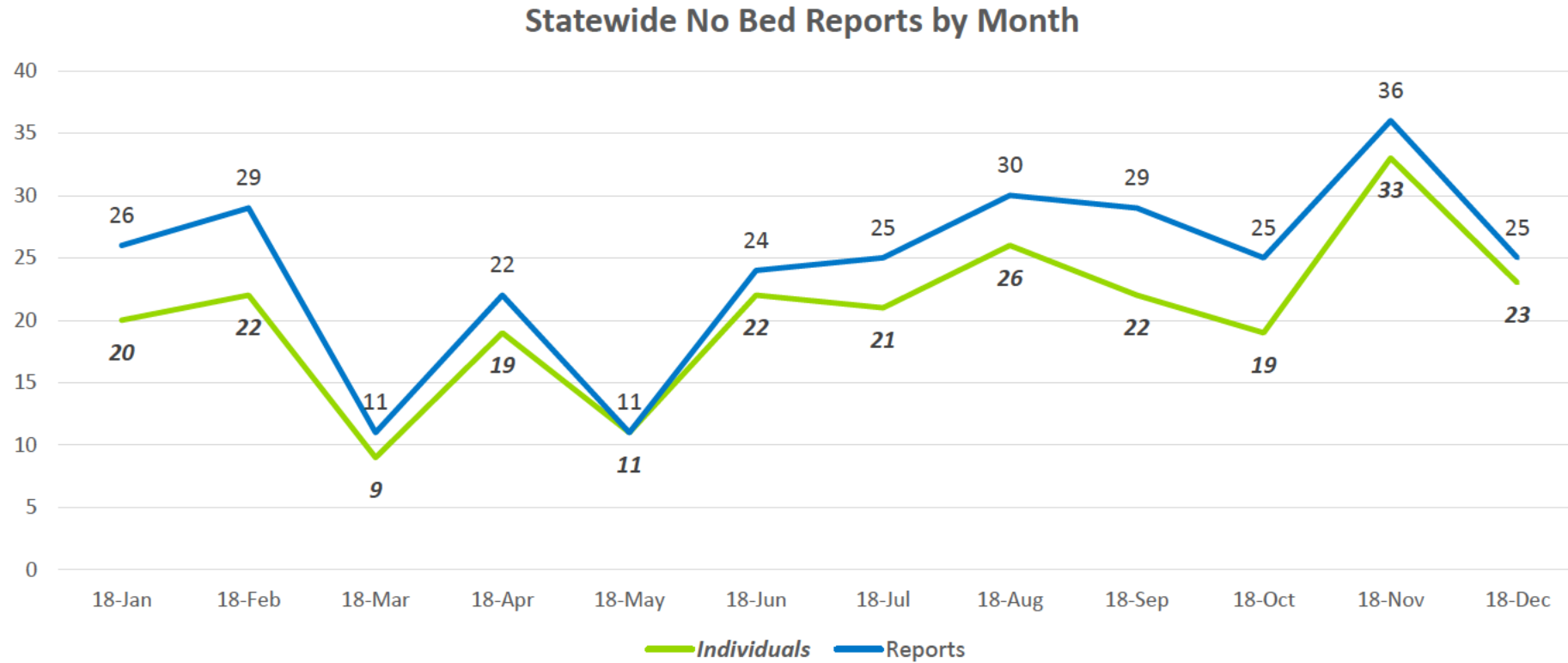
How many SBCs are there?



No Bed Available reporting

- ▶ A Designated Crisis Responder is required (RCW 71.05.750) to file No Bed Available report when they cannot find:
 - ▶ Available Evaluation and Treatment Center (E&T) bed; and
 - ▶ Facility willing and able to accept and SBC.
- ▶ HCA DBHR worked with BHOs and local hospitals to increase capacity (and thereby decrease reports), resulting in:
 - ▶ DBHR contracts with BHOs (updated spring 2018) requiring BHOs do face-to-face follow-up interviews to ensure continuity of care
 - ▶ Great Rivers BHO opened its first Freestanding E&T (2018)
 - ▶ Second E&T set to open in Grays Harbor County (summer 2019)

No Bed Available report trends



Capacity: Children's civil short-term involuntary treatment ITA

Type	Beds	Facilities
Children's Freestanding E&T Beds	22	2
Children's Psychiatric Hospital E&T Beds	26	1
Children's Community Hospital E&T Beds	32	2
Total Community Children's ITA Capacity	80	5

Children's Long-Term Inpatient Program (CLIP)

Facility	Beds
Pearl Street, Tacoma	12
Sunstone, Burien	10
Tamarack Center, Spokane	16
Two Rivers, Yakima	4
Total CLIP capacity	42

- ▶ State-operated/contracted children's ITA capacity
 - ▶ 47 beds: Child Study and Treatment Center (current)
- ▶ 18 beds: New CLIP beds (projected to open July 2020)

Resources: Less Restrictive Alternative (LRA) treatment and diversion

- ▶ LRA resources considered essential component of network adequacy in BHO and Fully Integrated Region contracts
- ▶ Crisis, diversion, LRA treatment, and assisted outpatient treatment required by contract to be available statewide, within every region

Questions?

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Ricky's Law Implementation and Assisted Outpatient Behavioral Health Treatment Pilots

Michael Langer

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Ricky's Law implementation by the numbers



2

Secure withdrawal management and stabilization facilities
(with 45-bed total capacity), as of April 1, 2018 (Chehalis and Spokane)

412

Individuals had been served in these facilities
by December 2018



98

Detained individuals received 14-day commitments
(remaining individuals no longer met detention criteria)



8.75 days

Average length of stay

Assisted outpatient treatment (AOT) pilot projects

- ▶ 2 pilots funded (August 2018) to support increased infrastructure for assisted outpatient treatment (ESSB 6032)
 - ▶ Pierce County, serving urban communities
 - ▶ Yakima County, serving rural communities
- ▶ In response to lack of AOT orders across state
- ▶ To increase AOT infrastructure so prosecutors and ITA courts would be more likely to order AOT when appropriate
- ▶ Pilot outcomes
 - ▶ HCA collecting quarterly reports with numbers of individuals served, court order violations, contracts with law enforcement, and involuntary inpatient hospital admissions
 - ▶ HCA will partner with key stakeholders in pilots on lessons learned and best practice recommendations for future outpatient treatment programs
 - ▶ Report to Legislature (October 2019)



Questions?

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