



# COMMIT TO SUCCESSFUL HABITS

May 11 - July 3  
50 points per week

Adapt, change or learn new habits of success from others

Learning skills of success from others, and adopting those skills into your routine, can be a great way to build success in your own life.

SIGN IN TODAY

[smarthealth.hca.wa.gov](https://smarthealth.hca.wa.gov)

Smart  Health

Prefer mobile?

Download the Limeade app and enter the code **SmartHealth**.

