

State Prevention Consortium and Plan

Overview

The State Prevention Enhancement (SPE) Policy Consortium was collaboratively developed in 2011 and implements the five-year Washington State Prevention Strategic Plan. The consortium is working to strengthen and support an integrated statewide system of community-driven substance use disorder prevention, mental health promotion, and related issues. Twenty-six state and tribal agencies and organizations are represented on the consortium with more than 45 members.

The 2019 State Substance Use Disorder Prevention and Mental Health Promotion Plan is implemented by six workgroups that meet on a regular basis, and by statewide agencies with a primary focus of prevention.

The following workgroups oversee the implementation of action plans to accomplish the goals and mission of the plan:

- Underage drinking and marijuana misuse/abuse prevention
www.starttalkingnow.org/about-us
- Prescription Abuse Prevention Workgroup
www.doh.wa.gov/Portals/1/Documents/1000/140-182-0/140-182-0
- Young adults alcohol and marijuana misuse/abuse prevention Workgroup
<https://www.theathenaforum.org/tobacco>
- <https://www.theathenaforum.org/mentalhealth>
- <https://www.theathenaforum.org/mentalhealth>
- Pregnant women alcohol and marijuana misuse/abuse prevention (a part of the Pregnant and Parenting Opioid workgroup)

In 2011, the consortium initiated the strategic planning process to develop a five-year strategic plan for 2012-2017. The consortium used the Prevention Planning Framework, based on the Strategic Prevention Framework (SPF), as the overall planning framework for this process. The SPF was originally developed by the federal Substance Abuse and Mental Health Services Administration (SAMHSA). SAMHSA's SPF is a comprehensive planning process

designed to help states and communities build the infrastructure necessary for effective and sustainable prevention. The Consortium completed an updated Five-Year Strategic Plan in November 2019.

<https://www.theathenaforum.org/substance-use-disorder-prevention-and-mental-health-promotion-five-year-strategic-plan>

Authority

SAMHSA, Center for Substance Abuse Prevention (CSAP), FY2011 SPE grant, and Partnerships for Success 2013 grants. The Health Care Authority continues to support resources and staff to support the implementation of the SPE Consortium and Plan.

Budget

The Consortium serves as the advisory council for the Partnership for Success 2018 grant. There is no direct funding for the consortium.

Accomplishments

The 2019 Plan lists accomplishments for each of the workgroups. Highlights from workgroups include:

- WHY Coalition: Promoted good policy decisions by providing feedback to the Liquor and Cannabis Board regarding marijuana packaging and labeling and the potential impact on children and youth.
- Prescription Abuse Prevention: Grants distributed to high need communities and Tribes to prevent opioid misuse and abuse among youth and adults. Prescriber education trainings presented to prevent opioid use disorder.
- Young Adult/Pregnant and Parenting Women/Marijuana: Integration of results of the Young Adult Health Survey into State Strategic Prevention Plan Needs Assessment. Implementation of communication strategy for marijuana use prevention among pregnant women.
- Tobacco and Vapor Product Issues: Successful education to increase the minimum legal age of purchase from 18 to 21 years statewide to reduce youth access to tobacco and vapor products (Passage of EHB 1074).

- Mental Health Promotion: Suicide Prevention Decision Package success adds state and local support for effective community based suicide prevention and mental health promotion work.

Partners

This work continues through ongoing partnerships with the following agency representatives:

- American Indian Health Commission (AIHC)
- Attorney General Office (AGO)
- Commission on Asian Pacific American Affairs (CAPAA)
- College Coalition for Substance Abuse Prevention (CCSAP)
- Department of Children Youth and Families
- Department of Health (DOH)
- Health Care Authority (HCA) and HCA/Division of Behavioral Health & Recovery (DBHR)
- HCA/Office of Tribal Affairs (OTA)
- Indian Policy Advisory Committee (IPAC)
- Liquor and Cannabis Board (LCB)
- Office of Superintendent of Public Instruction (OSPI)
- Prevention Specialist Certification Board of Washington (PSCBW)
- State Board of Health (SBOH)
- State Epidemiological Outcome Workgroup (SEOW)
- Washington Association for Substance Abuse and Violence Prevention (WASAVP)
- Washington Healthy Youth Coalition (WHY)
- Washington Poison Center
- Washington State Commission on Hispanic Affairs (CHA)
- Washington Association of Prevention Coalitions (WAPCo)
- Washington State Institute for Public Policy (WSIPP)
- Washington State Patrol (WSP)
- Washington State Prevention Research Sub-Committee (PRSC)
- Washington State University (WSU)
- Washington Traffic Safety Commission (WTSC)

Oversight

Internal: Division of Behavioral Health and Recovery
External: SAMHSA/Center for Substance Abuse Prevention

For more information

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<https://www.theathenaforum.org/spe>