



Medicaid Transformation Demonstration Tribal Roundtable

October 26, 2016



Today's presenters

- Kelli Emans
Program Manager, Division of Community and Home Services, Department of Social and Health Services
- Melodie Pazolt
Program Manager, Division of Behavioral Health and Recovery, Department of Social and Health Services
- Kali Klein
Health Policy Project Manager, Health Care Authority
- Jon Brumbach
Senior Health Policy Analyst, Health Care Authority



Today's topics

- Update on Medicaid Transformation
- Initiative 2: Long-Term Services and Supports
- Initiative 3: Supportive Housing & Supported Employment
 - Service definitions
 - Service delivery approaches
- Initiative 1: Transformation through ACHs
 - Incentive payments
 - Transformation Framework
 - Tribal-specific projects

- Questions and answers



Where to find more information

http://www.hca.wa.gov/hw/Pages/medicaid_transformation.aspx

Sample resources available:

- Stakeholder and tribal input – waiver application & specific ideas for transformation projects
- Fact Sheets
- Waiver Application
- Previous webinar presentations (slides & recordings)
- Updates on workgroup activities

Send questions and comments to:

Medicaidtransformation@hca.wa.gov

Update on Medicaid Transformation Waiver

Waiver Initiatives

Initiative 1

Transformation through Accountable Communities of Health

Delivery System Reform

- Each region, through its Accountable Community of Health, will be able to pursue projects that will transform the Medicaid delivery system to serve the whole person and use resources more wisely.

Transformation Projects

Initiative 2

Enable Older Adults to Stay at Home; Delay or Avoid the Need for More Intensive Care

Benefit: Medicaid Alternative Care (MAC)

- Community based option for Medicaid clients and their families
- Services to support unpaid family caregivers

Benefit: Tailored Supports for Older Adults (TSOA)

- For individuals “at risk” of future Medicaid LTSS not currently meeting Medicaid financial eligibility criteria
- Primarily services to support unpaid family caregivers

Medicaid Benefits/Services

Initiative 3

Targeted Foundational Community Supports

Benefit: Supportive Housing

- Individualized, critical services and supports that will assist Medicaid clients to obtain and maintain housing. The housing-related services do **not** include Medicaid payment for room and board.

Benefit: Supported Employment

- Services such as individualized job coaching and training, employer relations, and assistance with job placement.



Update on Special Terms and Conditions (STCs)

- Agreement in Principle reached – October 3rd
- CMS now drafting STCs
- We anticipate final approval of STCs this winter

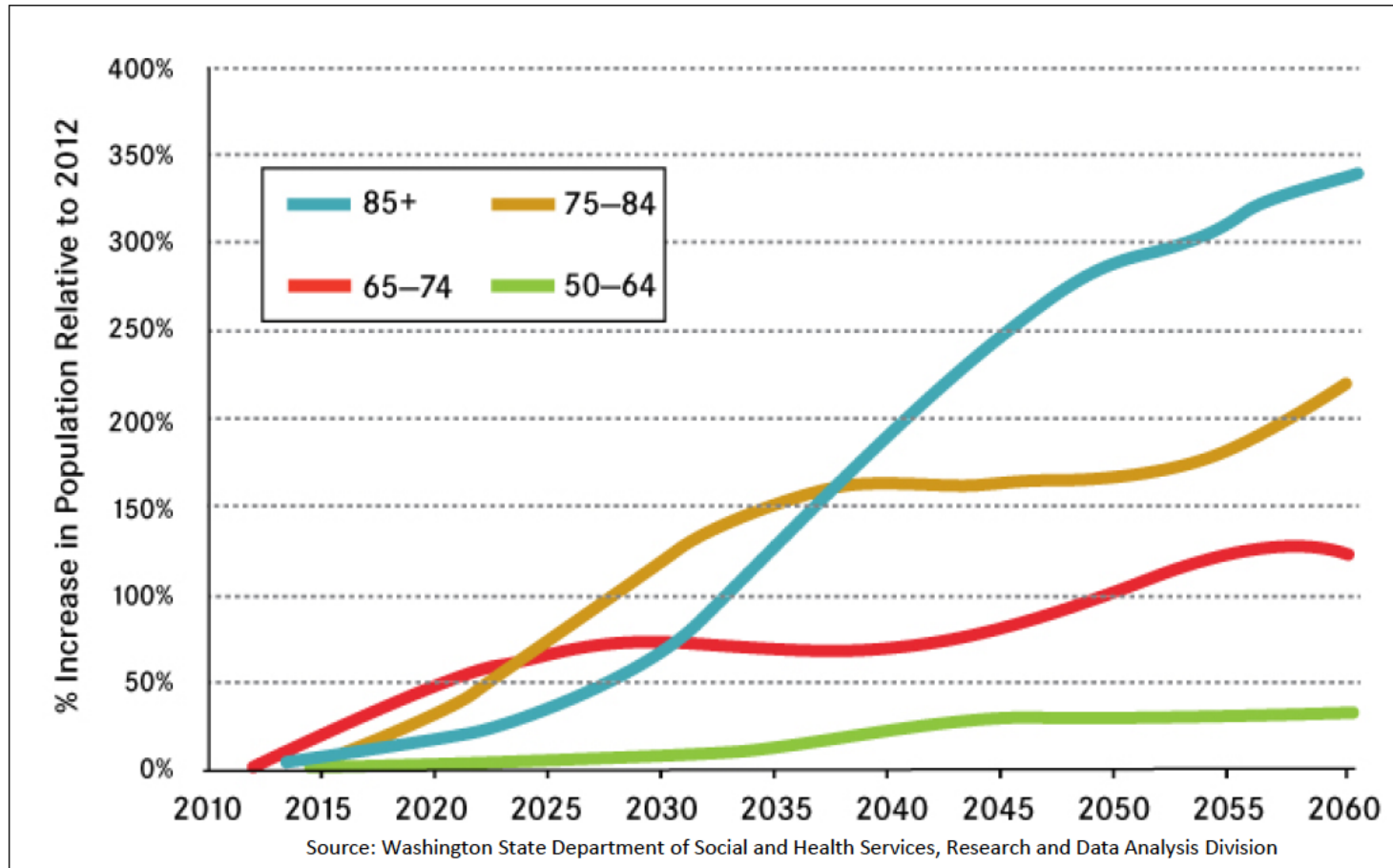
Long-term services and supports

Transforming
Lives

Initiative 2

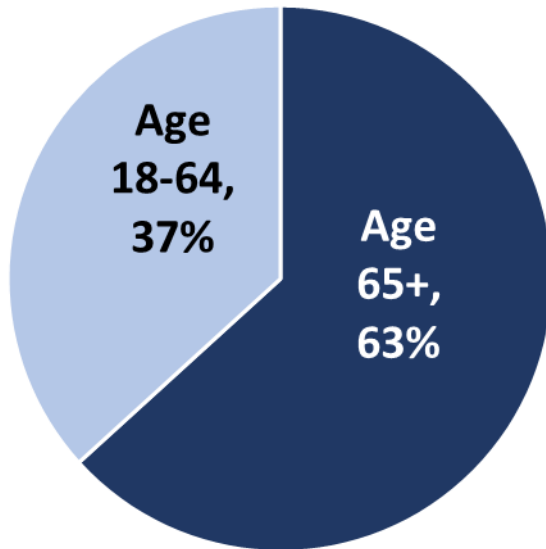


Washington Seeks to address the age wave through innovative service delivery



AL TSA Client Demographics - 2015

Age: Most clients are “seniors”, but over one third are working age



Source: CARE and MDS data, October 2015.

Age	Clients	%
18-64	23,800	37%
65-84	28,000	43%
85+	13,000	20%

Gender	Clients	%
Female	43,300	67%
Male	21,900	34%

Race	Clients	%
American Indian or Alaska Native	1,500	2%
Asian	7,300	11%
Black or African American	4,200	6%
Native Hawaiian or Pacific Islander	800	1%
White	46,300	71%
Unknown/Unreported	4,800	7%

Ethnicity*	Clients	%
Hispanic	3,500	7%
Non-Hispanic	48,000	90%
Unknown	1,900	4%

Totals of each subsection may not be equivalent due to rounding.

*Ethnicity is shown only for home and community clients; 327 nursing home clients indicated Hispanic for "race", nursing home race and ethnicity not identified separately.

The 1115 Waiver will allow us to Sustain and Continue LTSS Innovation

The LTSS System of the Future Must:

- Provide effective services for individuals before they spend down to Medicaid
- Provide effective supports to unpaid family caregivers
- Promote the right service at the right time and place
- Have the capacity to meet the needs of the population
- Strategically target LTSS Medicaid investments to slow the growth rate of public expenditures



What is Initiative 2:

- Medicaid Alternative Care (MAC)
 - A new choice designed to support unpaid caregivers in continuing to provide quality care
- Tailored Supports for Older Adults (TSOA)
 - A new eligibility group to support individuals who need LTSS and are at risk of spending down to impoverishment



Why focus on Family Caregivers?

- Approximately 80% of the care is provided by family members and other unpaid caregivers.
- Caregiving has an economic and health impact on families.
- We need to strengthen the supports available to caregivers so they can continue their role while maintaining their mental and physical health.
- If 1/5th of unpaid caregivers stopped providing care, it would double the cost of long-term services and supports in Washington.



Building on what works

- State Family Caregiver Support Program
 - Successful 10 year old program
 - Documented success with the model
 - Existing infrastructure & provider network
 - Trained and certified staff
 - TCARE and GetCare systems
 - Network of locally contracted providers



Benefits

- Based on client eligibility and choice of service model
- Services based on immediate needs and some on assessment of caregiver burden
- Grouped into categories of service
- Services align with those offered in existing program and outcomes identified by assessment



Caregiver Assistance Services

- take the place of those typically performed by the unpaid caregiver
- Services to decrease the burden of the unpaid caregiver and/or provide the caregiver with short-term relief in providing care to the participant.
- Includes:
 - Household tasks, respite, essential shopping, home delivered meals, home safety evaluations.



Caregiver Assistance Services

Provider types

- Include:
 - Individual providers
 - Home Care Agency
 - Adult Day services
 - Transportation providers
 - Food service vendor



Training, Education & Consultation

- Services for the participant or caregiver to promote the participant's ability to live and participate in the community;
- Services for the unpaid family caregiver to learn or enhance caregiving, safety and coping skills
- Includes:
 - training on health issues, supported decision-making, skill development, support groups...



Training, Education & Consultation Provider types

- Licensed Health Professionals
- Mental Health Professionals
- Evidence based intervention consultant/trainer
- Dementia behavior consultants
- Colleges/University/Professional and Community Organizations/Associations



Specialized Equipment and Supplies

- Specialized equipment and supplies are items needed for participant and/or caregiver health and safety.
- Includes:
 - devices to assist with mobility, assistive technology, adaptive equipment
 - Personal Emergency Response Systems (PERS)



Specialized Equipment and Supplies Provider Types

- Specialized equipment supply company
- Assistive technology company
- PERS monitoring agency



Health Maintenance & Therapy Supports

- Services that assist the participant to remain in their home or the caregiver to remain in their caregiving role and provide high quality care.
- Services to prevent further deterioration, improve or maintaining current level of functioning of the participant and reducing the stress and level of burden experienced by the caregiver
- Includes:
 - Evidence based health and exercise programs, massage, individual and family counseling, wellness education



Health Maintenance & Therapy Supports Provider Types

- Wellness instructor
- Fitness center
- Evidence-based Program practitioners
- Mental health professional
- Massage therapist



Personal Assistance Services (only in TSOA)

- To be used instead of Caregiver Assistance when the participant is not supporting an unpaid caregiver.
- Supports involving the labor of another person to help waiver participants carry out everyday activities they are unable to perform independently.
- Services may be provided in the person's home or to access community resources.
- Includes:
 - personal care services



Personal Assistance Services Provider Types

- Individual provider
- Home Care Agency
- Home Health Agency
- Food Service Vendor
- Adult day Health
- Adult day care
- Registered Nurse



Next Steps

- Questions
- Additional information that would be helpful for next round table discussion?
- Other?

Supportive housing and supported employment



Initiative 3: Supported Employment

Individual Placement and Support (IPS) Model

- An evidence-based approach to supported employment for individuals with significant barriers to employment
 - *23 randomized controlled trials (Dartmouth, 2015)*
- Principles of Supported Employment:
 - Open to anyone who wants to work
 - Focus on competitive employment
 - Rapid job search
 - Systematic job development
 - Client preferences guide decisions
 - Individualized long-term supports
 - Integrated with treatment
 - Benefits counseling included



Supported Employment Target Population

- Aged, Blind, Disabled (ABD)/Housing and Essential Needs (HEN)
- Individuals with severe and persistent mental illness, individuals with multiple episodes of inpatient substance use treatment and/or co-occurring
- Working age youth with behavioral health conditions
- Individuals eligible for long-term care services who have a traumatic brain injury



Initiative 3: Supportive Housing— Eligible Services

- Housing transition services that provide direct support to help individuals obtain housing, including:
 - Housing assessment and development of a plan to address barriers.
 - Assistance with applications, community resources, and outreach to landlords.
- Housing tenancy sustaining services that help individuals maintain their housing, including:
 - Education, training, coaching, resolving disputes, and advocacy.
- Activities that help providers identify and secure housing resources.

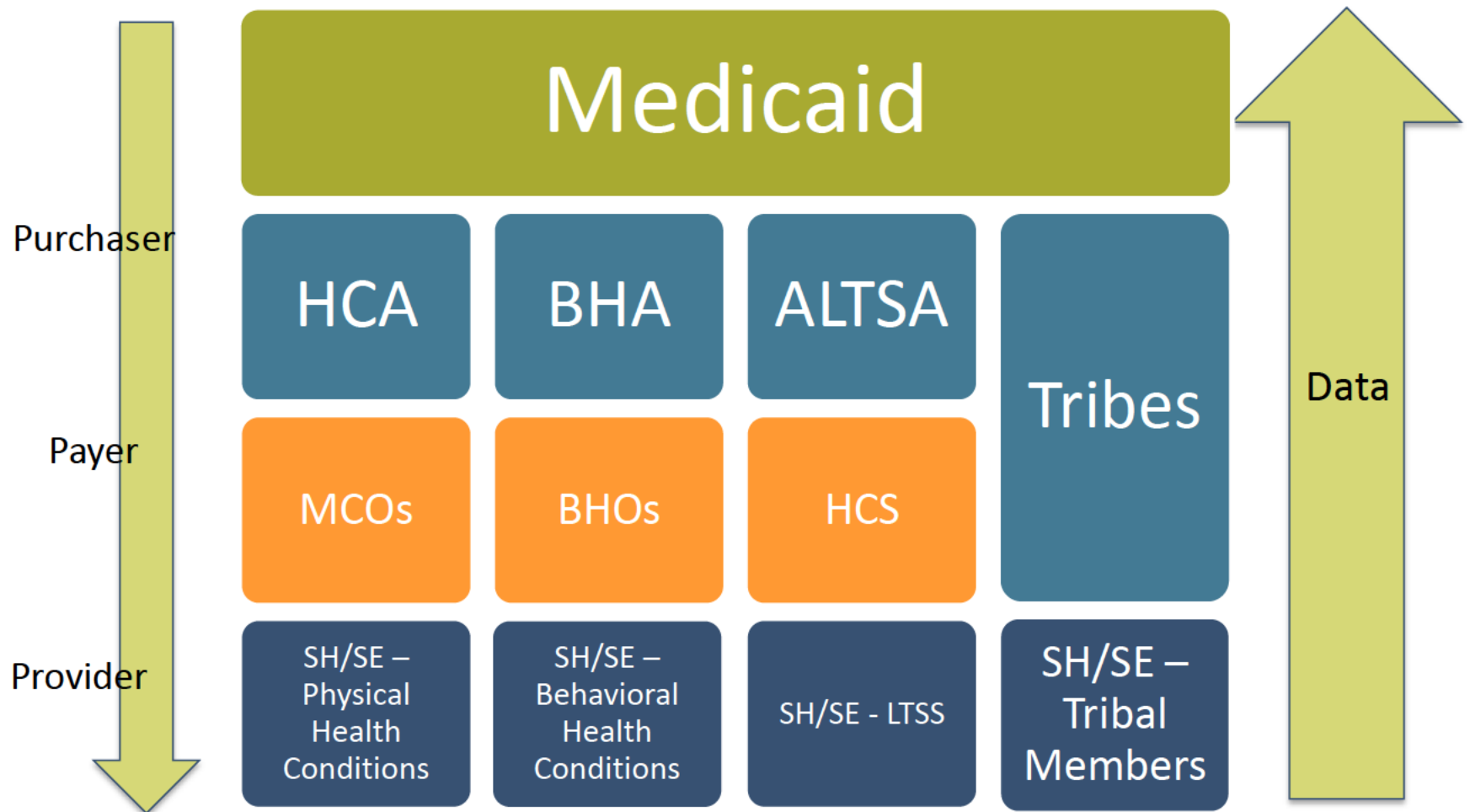
*Supportive housing services **do not** include funds for room and board or the development of housing.*



Supportive Housing Target Population

- Chronically Homeless (HUD Definition)
- Frequent/Lengthy Institutional Contact
- Frequent/Lengthy Adult Residential Care Stays
- Frequent turnover of in-home caregivers (LTSS)
- PRISM Score 1.5+

Initiative 3: Medicaid Funds Flow





Tribal providers

Certification, licensure and contracting requirements:

- Pursuing “attestation” for tribal providers
- Specifics still under development

Establishing need:

- DBHR/BHOs: Access to Care Standards
- AL TSA: CARE Assessment
- HCA/MCOs: Medical/functional Necessity



Implementing the benefits

Post-STCs

- Additional ramp-up time will be necessary prior to Initiative 3 implementation
- Provider training/technical assistance will be available post-approval
- Specific timeline for implementation unknown



Transformation through
Accountable Communities of Health



Transformation Framework

High-level overview of the Medicaid Transformation investment areas.

Health Systems Capacity Building

- Workforce and non-conventional service sites
- Primary care models
- Data collection and analytic capacity

Care Delivery Redesign

- Bi-directional integration of care
- Care coordination
- Care transitions

Prevention and Health Promotion

- Chronic disease prevention and/or management
- Maternal and child health

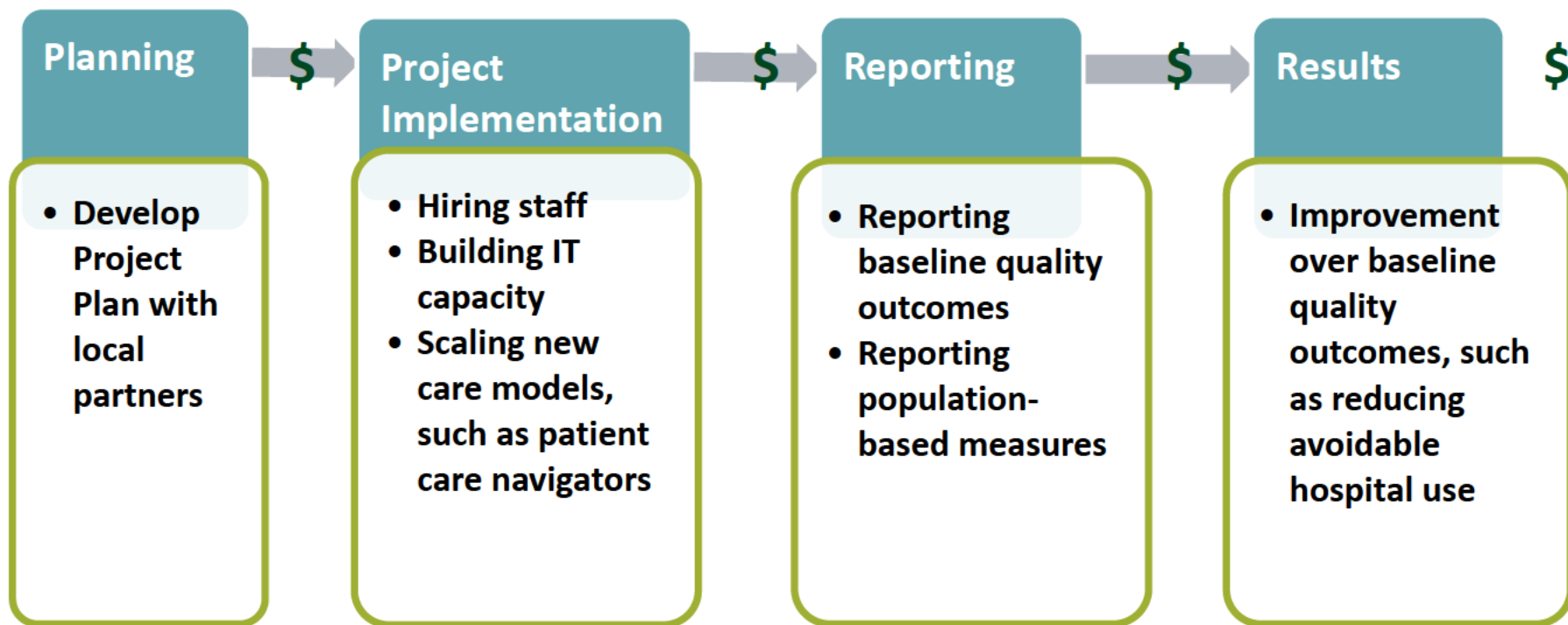


Project Toolkit Elements

- **Project:** Includes key strategies and activities.
- **Rationale** for the proposed project includes evidence base and reasoning behind the project.
- **Objectives and outcomes** of the project includes the project-specific goals and expected project outcomes.
- **Core components**, or key project elements, to guide development and implementation.
- **Metrics** required for the project; participating providers will earn incentive payments based on performance on the project metrics.

Examples of Incentive Payment Milestones

Types of milestones and system-level improvements hypothetically eligible for incentive-based payments.



Initially, payments focus on more process oriented changes; focus later shifts to more outcome-based measures.



Tribal Involvement in Projects

- Tribal participation in Accountable Communities of Health
 - Tribes may participate in their local ACHs, which will develop and implement transformation projects
- Tribal-specific projects
 - Specifics remain under development
 - Tribal input needed



Project Toolkit – Next steps

- Currently in development
- Tribal opportunity to review draft concepts at future Roundtable
- Will be finalized after STCs are approved

Next Steps



Future Roundtables

- Roundtable #2
 - November 4th 11am – 1pm, HCA
- Roundtable #3
 - November 8th 10am – 12pm, OB-2
- Tribal Consultation
 - November 29th 11am – 1pm, HCA

Questions?

**Join the Healthier Washington
Feedback Network:**
healthierwa@hca.wa.gov

Learn more:
www.hca.wa.gov/hw

Questions:
medicaidtransformation@hca.wa.gov

